

糖尿病藥物治療最新指引

Target organ driven or glycemc driven- Where are we now?

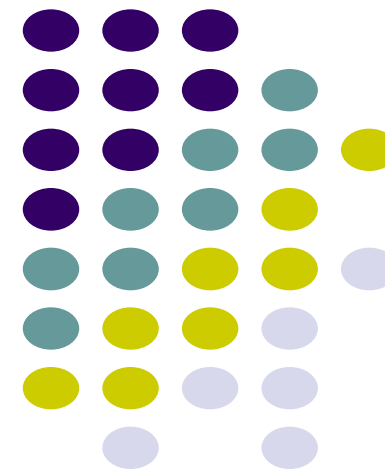
Chia-Lin Lee

MD, PHD

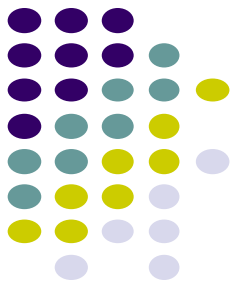
Assistant professor

NYCU,TCVGH

Dec,5. 2021



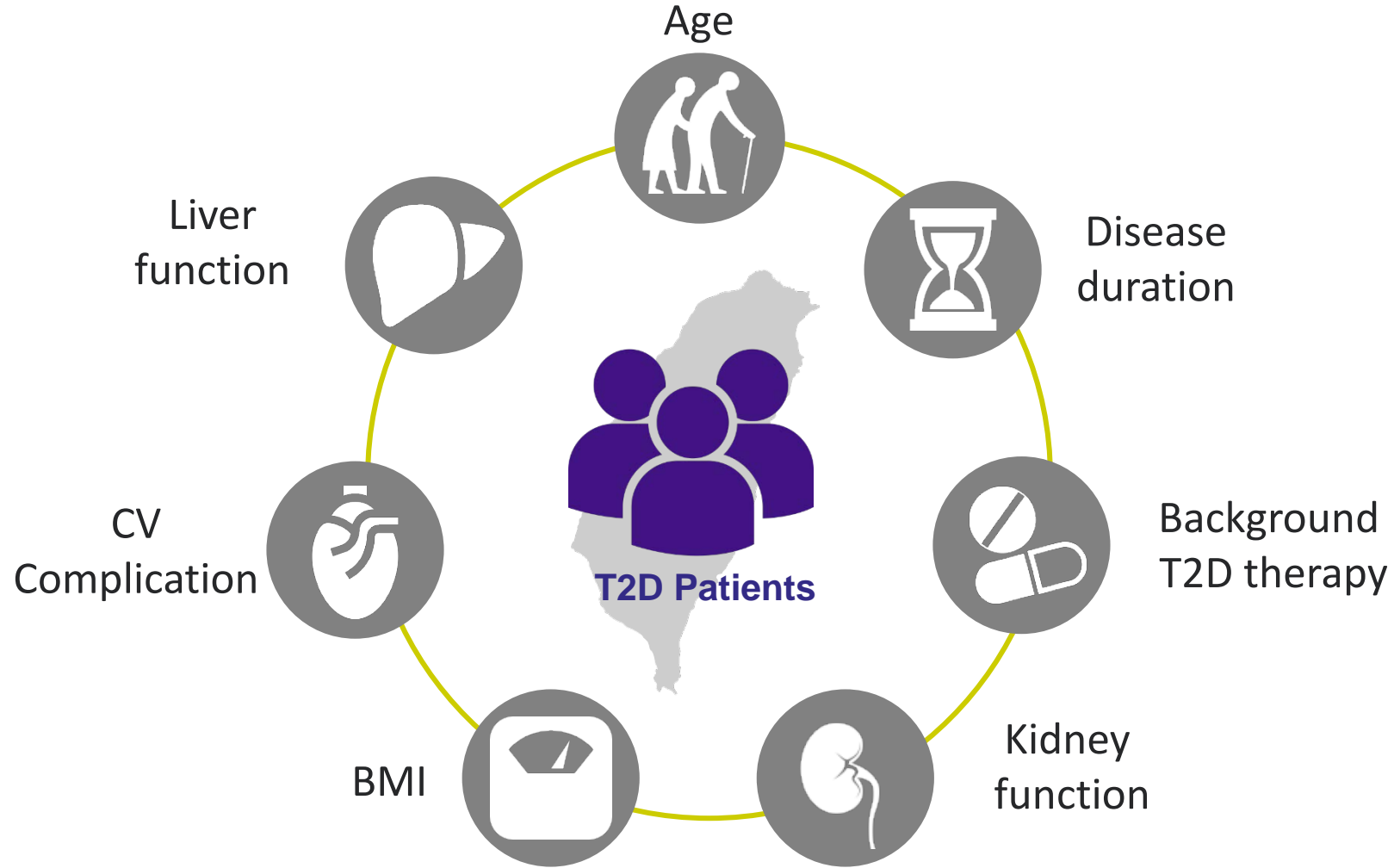
Life course of diabetes



YOUR GENES, YOUR HEALTH

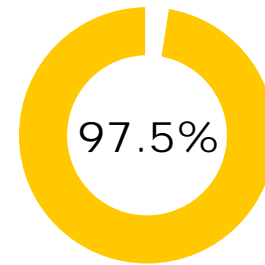
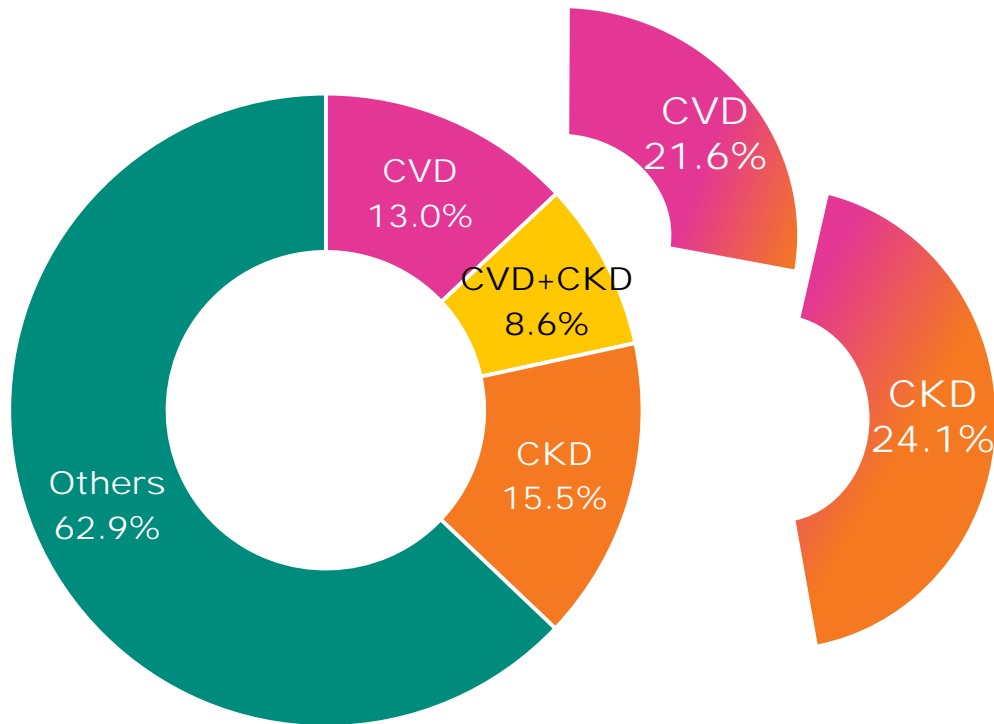


Diversity of T2D patients

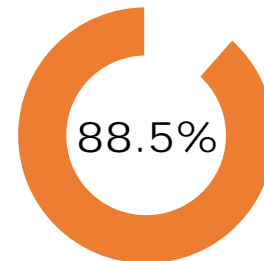


多數第二型糖尿病人合併有心腎共病-- Cross-sectional

A retrospective study of T2DM patients via Q-EMR from 2014 to 2015

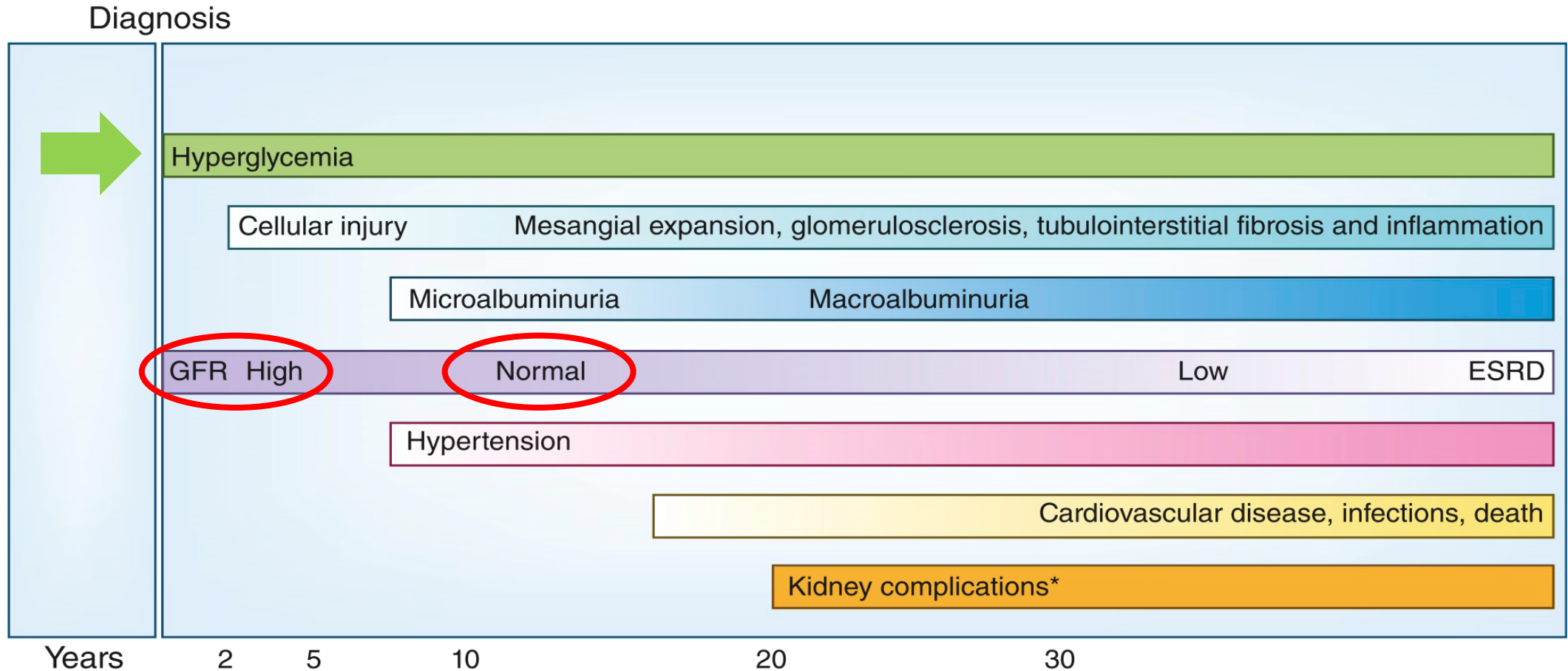


had ≥ 1 comorbid condition



had ≥ 2 comorbid condition

Longitudinal-- Progressive disease with early onset complications

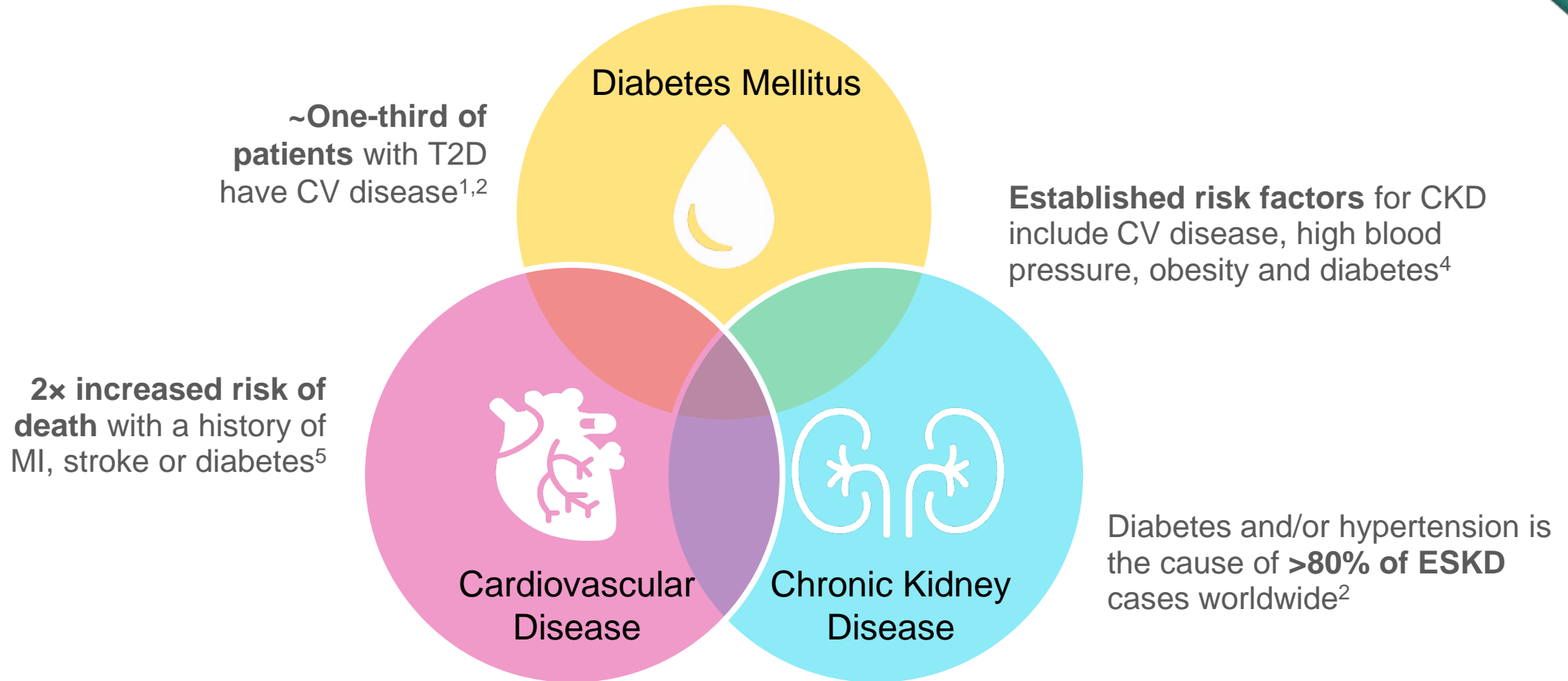


*Kidney complications: anemia, bone and mineral metabolism, retinopathy, and neuropathy

CJASN December 2017, 12 (12) 2032-2045

5 Timeline is well characterized for type 1 diabetes mellitus; for type 2 diabetes mellitus, timeline may depart from the illustration due to the variable timing of the onset of hyperglycemia

血糖與心臟腎臟彼此互相影響

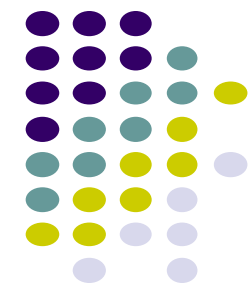


1. Einarson TR *et al. Cardiovasc Diabetol* 2018;17:83; 2. International Diabetes Federation. IDF Diabetes Atlas. 9th edn. 2019. <https://www.diabetesatlas.org/> (accessed March 2020); 3. Kannel WB *et al. Am J Cardiol* 1974;34:29; 4. Siemens Healthineers. Chronic kidney disease: a global crisis. 2018. www.siemens-healthineers.com/en-uk/news/chronic-kidney-disease.html (accessed March 2020); 5. The Emerging Risk Factors Collaboration. *JAMA* 2015;314:52; 6. Sarraf M *et al. Clin J Am Soc Nephrol* 2009;4:2013

2019 台灣糖尿病年鑑讓我們看到除了控制血糖 對於共病的控制仍然有很多進步空間



- 第二型糖尿病人數: 2,189,401
- 2014年新病人數: 159,047
- 心血管併發症盛行率: 25.19%
- 死亡主因排行榜: 心臟病12% (第三名)
- 糖尿病併發腎疾病比率: 17.92%



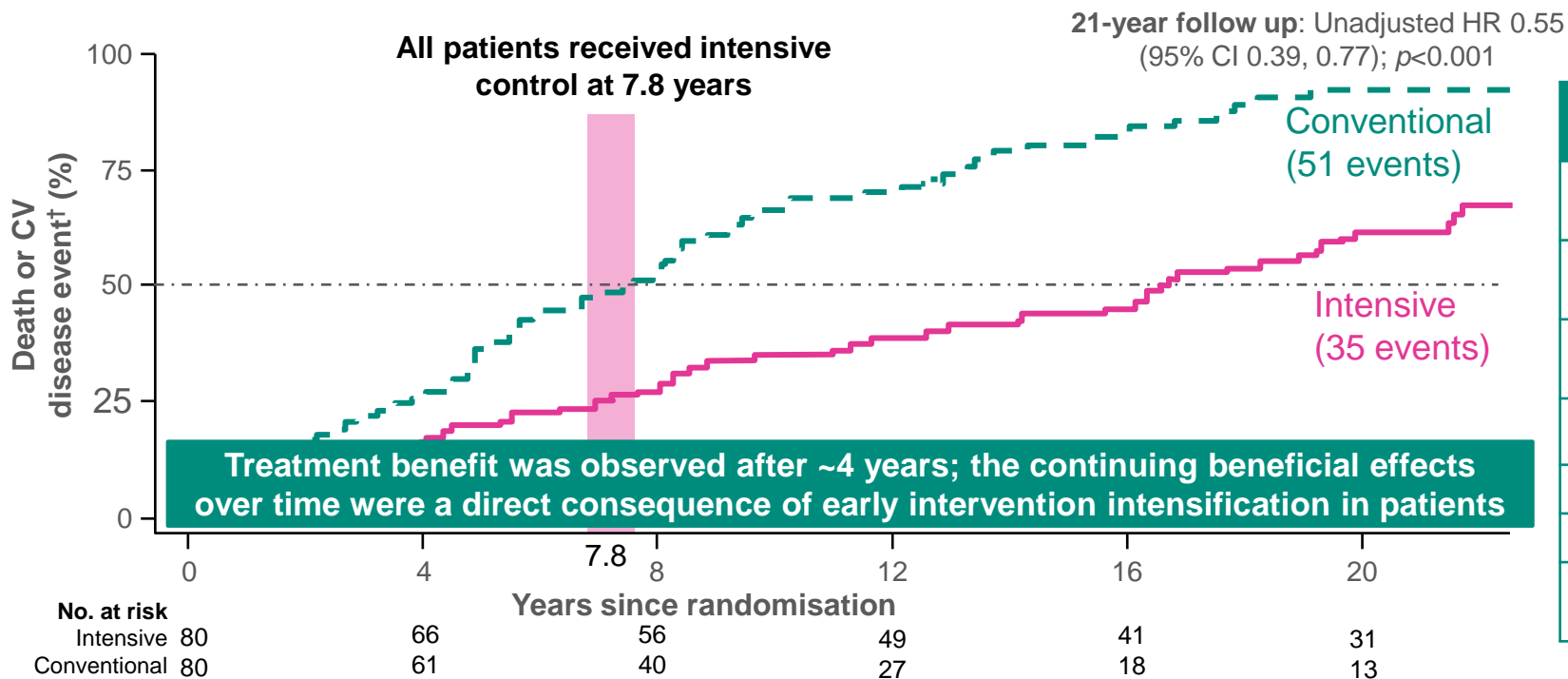
各項目評比》台灣慢性病表現不佳

項目	日本	韓國	新加坡	台灣
慢性腎病（洗腎）	79	73	57	55
糖尿病	100	74	100	60
膽囊和膽道疾病	90	74	86	64
高血壓心臟病	99	90	56	61
腦血管疾病	76	62	74	63
先天性心臟異常	84	91	88	69
整體分數	94	90	91	85

註：滿分 100 分，僅列舉台灣表現特別不佳的項目（2016 年分數）

STENO-2 試驗顯示： 積極控制心血管風險因子能減少病人死亡或心血管事件發生

Steno-2: Intensive multifactorial control* of CV risk factors reduces CV risk in patients with T2D and microalbuminuria^{1,2}



Changes in key clinical and biochemical variables at 7.8 years²

Variable	Conventional (n=63)	Intensive (n=67)	p-value
Systolic BP (mmHg)	-3±3	-14±2	<0.001
Diastolic BP (mmHg)	-8±2	-12±2	0.006
LDL cholesterol (mg/dl)	-13±6	-47±5	<0.001
HbA1c (%)	0.2±0.3	-0.5±0.2	<0.001
BMI (men)	0.4±0.4	0.7±0.4	0.61
BMI (women)	1.3±1.3	2.3±1.2	0.29
Current smoker (no. of patients)	-6	-5	0.73

*Intensive multifactorial control consisted of reduced targets for blood pressure, cholesterol, triglycerides and HbA1c, as well as treatment with aspirin and ACEi; †Composite secondary endpoint: time to incident CV disease, number of CV events, mortality and CV disease rates

ACEi, angiotensin-converting enzyme inhibitor, BMI, body mass index; LDL, low-density lipoprotein





1. Gaede P *et al. Diabetologia* 2016;59:2298; 2. Gaede P *et al. N Engl J Med* 2003;348:383

多重心血管風險因子的控制是目前第二型糖尿病的標準治療^{1,2}

- ADA and ESC guidelines focus on reducing the risk of CV death in patients with T2D^{1,2}

Target

Treatment

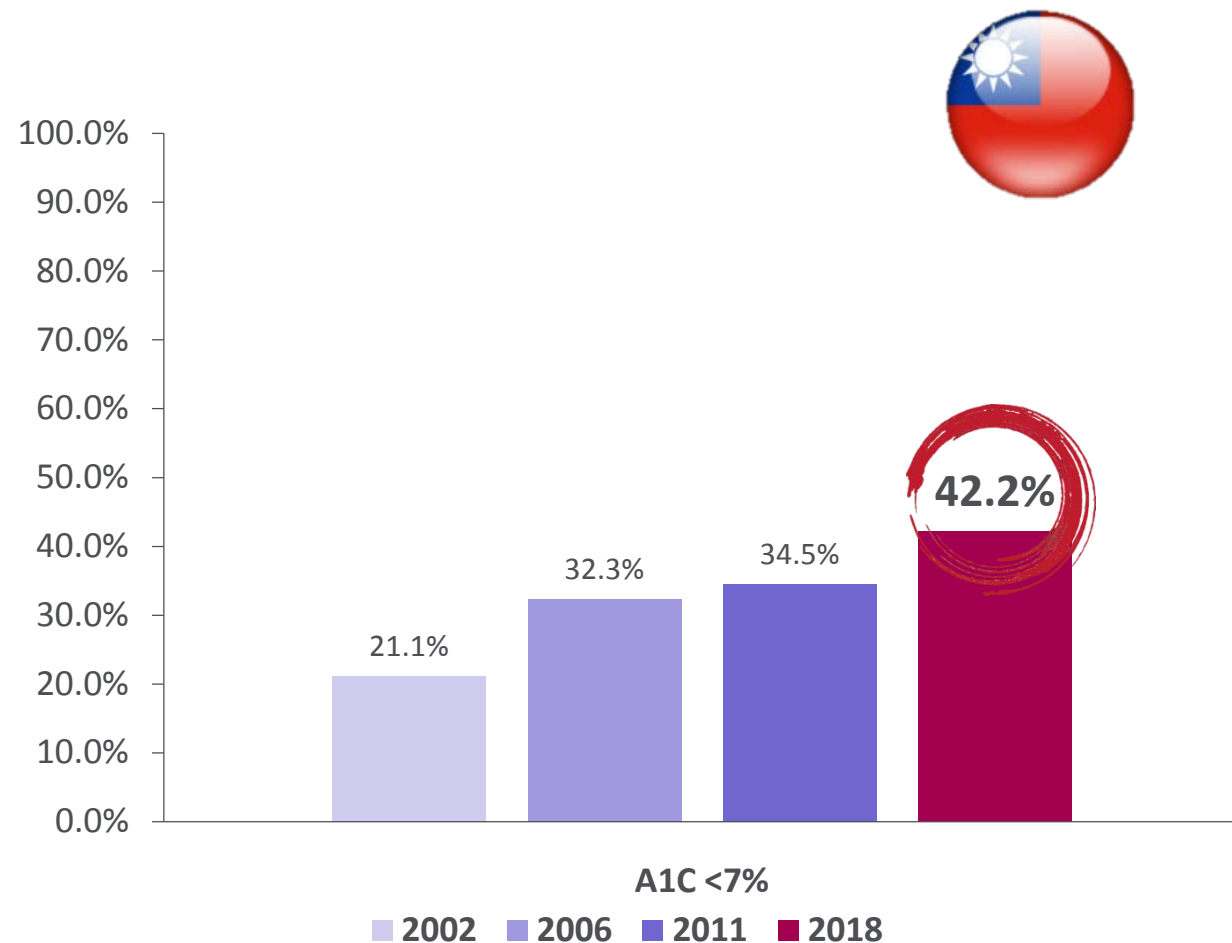
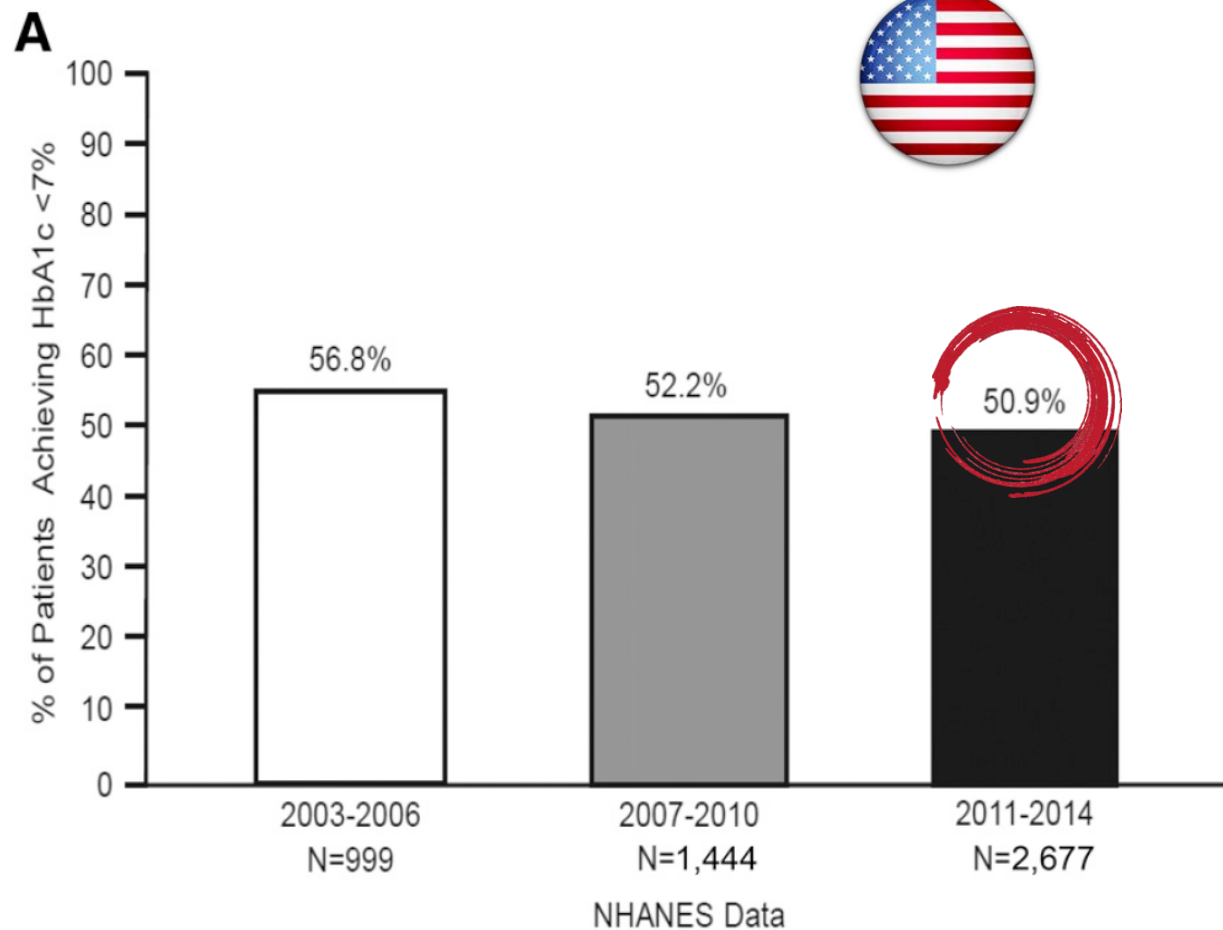
 <p>Glucose control</p>	<p>Targets are individualised – for many patients HbA1c <7%^{1,2}</p>	<ul style="list-style-type: none"> • Metformin, SGLT2 inhibitors*, GLP-1 receptor agonists[†], DPP-4 inhibitors, sulphonylureas, thiazolidinediones, insulin^{1,2}
 <p>Blood pressure-lowering</p>	<p>For individuals with T2D and hypertension, a blood pressure target of:</p> <ul style="list-style-type: none"> • <130/80 mmHg if at higher CV risk^{‡1} • <140/90 mmHg if at lower risk for CV disease^{§1} 	<ul style="list-style-type: none"> • RAAS blocker (ACEi/ARB), calcium channel blocker, thiazide-like diuretics^{1,2} • Dual therapy is recommended as first-line treatment²
 <p>LDL cholesterol-lowering</p>	<ul style="list-style-type: none"> • <1.8 mmol/l (<70 mg/dl) with LDL-C reduction of ≥50% if at high CV risk^{1,2} • <2.6 mmol/l (<100 mg/dl) if at moderate CV risk² 	<ul style="list-style-type: none"> • Statins, ezetimibe or PCSK9 inhibitor^{1,2}
 <p>Individualised diet and lifestyle</p>	<p>Weight loss and smoking cessation^{1,2}</p>	<ul style="list-style-type: none"> • Diet^{1,2} • Physical activity^{1,2} • Behavioural therapy¹

For full recommendations, please refer to the individual references

*Empagliflozin, canagliflozin and dapagliflozin reduce CV events in patients with diabetes and CV disease or who are at very high/high CV risk; [†]Liraglutide, semaglutide and dulaglutide reduce CV events in patients with diabetes and CV disease or who are at very high/high CV risk; [‡]Existing ASCVD or 10-year ASCVD risk ≥15%; [§]10-year ASCVD risk <15%. ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; ASCVD, atherosclerotic cardiovascular disease; PCSK9, proprotein convertase subtilisin/kexin type 9; RAAS, renin-angiotensin-aldosterone system

1. American Diabetes Association. *Diabetes Care* 2020;43:S1; 2. Cosentino F *et al. Eur Heart J* 2020;7:255

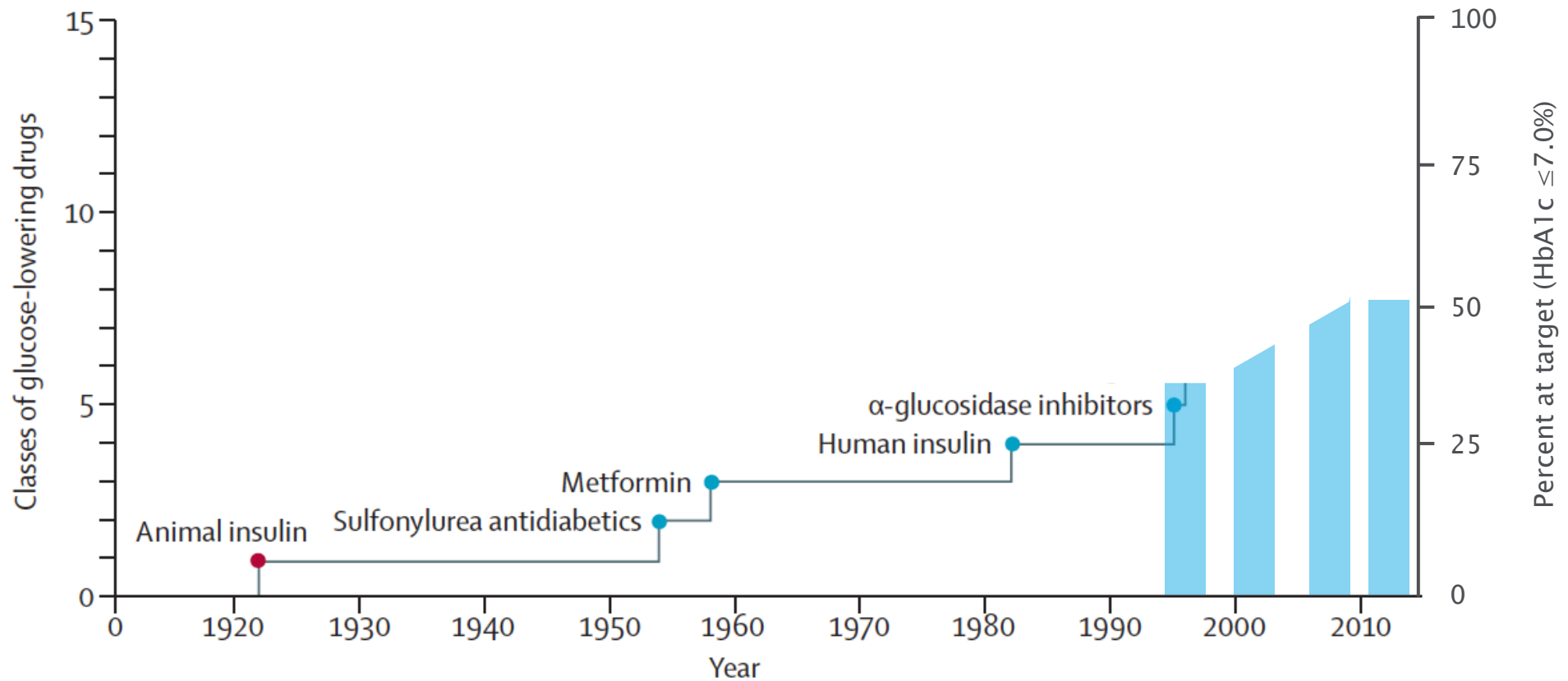
Proportion of T2D patients achieving HbA1C < 7% is relatively lower in Taiwan



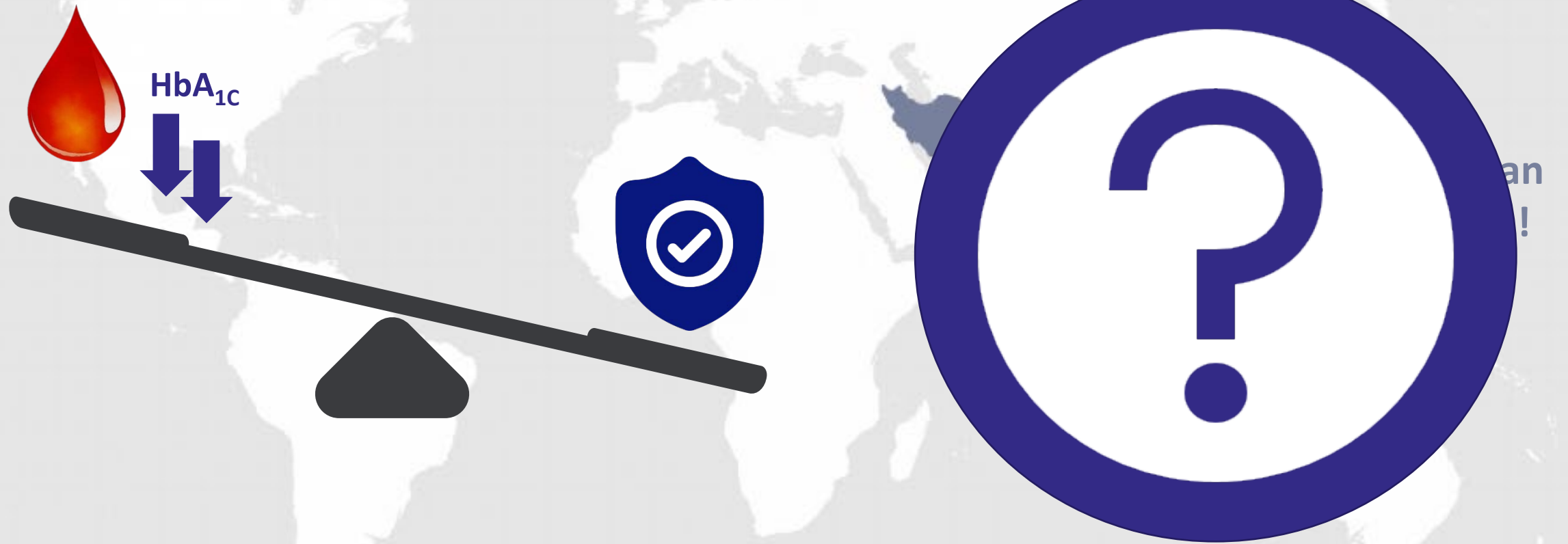
1. Diabetes Care 2017;40:1425-1432

2. 2018 台灣糖尿病健康促進機構之品管調查研究

Drugs development to Treat Type 2 Diabetes



What's Your Choice?



2017 ADA Guidelines are Glycemic focused treatment algorithm

Start with Monotherapy unless:

A1C is greater than or equal to 9%, **consider Dual Therapy.**

A1C is greater than or equal to 10%, blood glucose is greater than or equal to 300 mg/dL, or patient is markedly symptomatic, **consider Combination Injectable Therapy** (See Figure 8.2).

Monotherapy

Metformin

Lifestyle Management

EFFICACY*	high
HYPO RISK	low risk
WEIGHT	neutral/loss
SIDE EFFECTS	GI/lactic acidosis
COSTS*	low

If A1C target not achieved after approximately 3 months of monotherapy, proceed to 2-drug combination (order not meant to denote any specific preference — choice dependent on a variety of patient- & disease-specific factors):

Dual Therapy

Metformin +

Lifestyle Management

	Sulfonylurea	Thiazolidinedione	DPP-4 inhibitor	SGLT2 inhibitor	GLP-1 receptor agonist	Insulin (basal)
EFFICACY*	high	high	intermediate	intermediate	high	highest
HYPO RISK	moderate risk	low risk	low risk	low risk	low risk	high risk
WEIGHT	gain	gain	neutral	loss	loss	gain
SIDE EFFECTS	hypoglycemia	edema, HF, fxs	rare	GU, dehydration, fxs	GI	hypoglycemia
COSTS*	low	low	high	high	high	high

If A1C target not achieved after approximately 3 months of dual therapy, proceed to 3-drug combination (order not meant to denote any specific preference — choice dependent on a variety of patient- & disease-specific factors):

Triple Therapy

Metformin +

Lifestyle Management

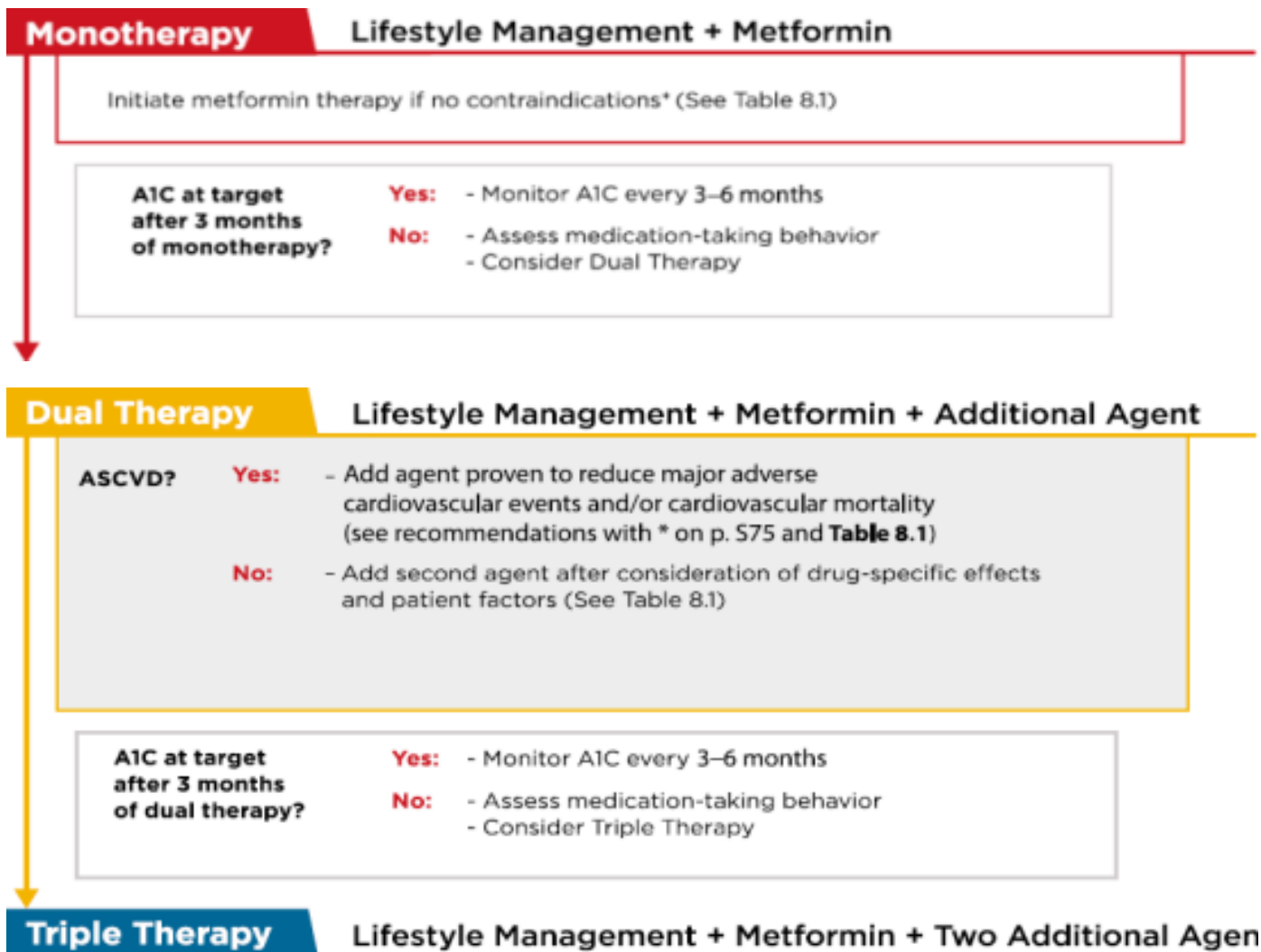
Sulfonylurea +	Thiazolidinedione +	DPP-4 inhibitor +	SGLT2 inhibitor +	GLP-1 receptor agonist +	Insulin (basal) +
TZD	SU	SU	SU	SU	TZD
or DPP-4-i	or DPP-4-i	or TZD	or TZD	or TZD	or DPP-4-i
or SGLT2-i	or SGLT2-i	or SGLT2-i	or DPP-4-i	or SGLT2-i	or SGLT2-i
or GLP-1-RA	or GLP-1-RA	or Insulin*	or GLP-1-RA	or Insulin*	or GLP-1-RA
or Insulin*	or Insulin*		or Insulin*		

If A1C target not achieved after approximately 3 months of triple therapy and patient (1) on oral combination, move to basal insulin or GLP-1 RA, (2) on GLP-1 RA, add basal insulin, or (3) on optimally titrated basal insulin, add GLP-1 RA or mealtime insulin. Metformin therapy should be maintained, while other oral agents may be discontinued on an individual basis to avoid unnecessarily complex or costly regimens (i.e., adding a fourth antihyperglycemic agent).

Combination Injectable Therapy

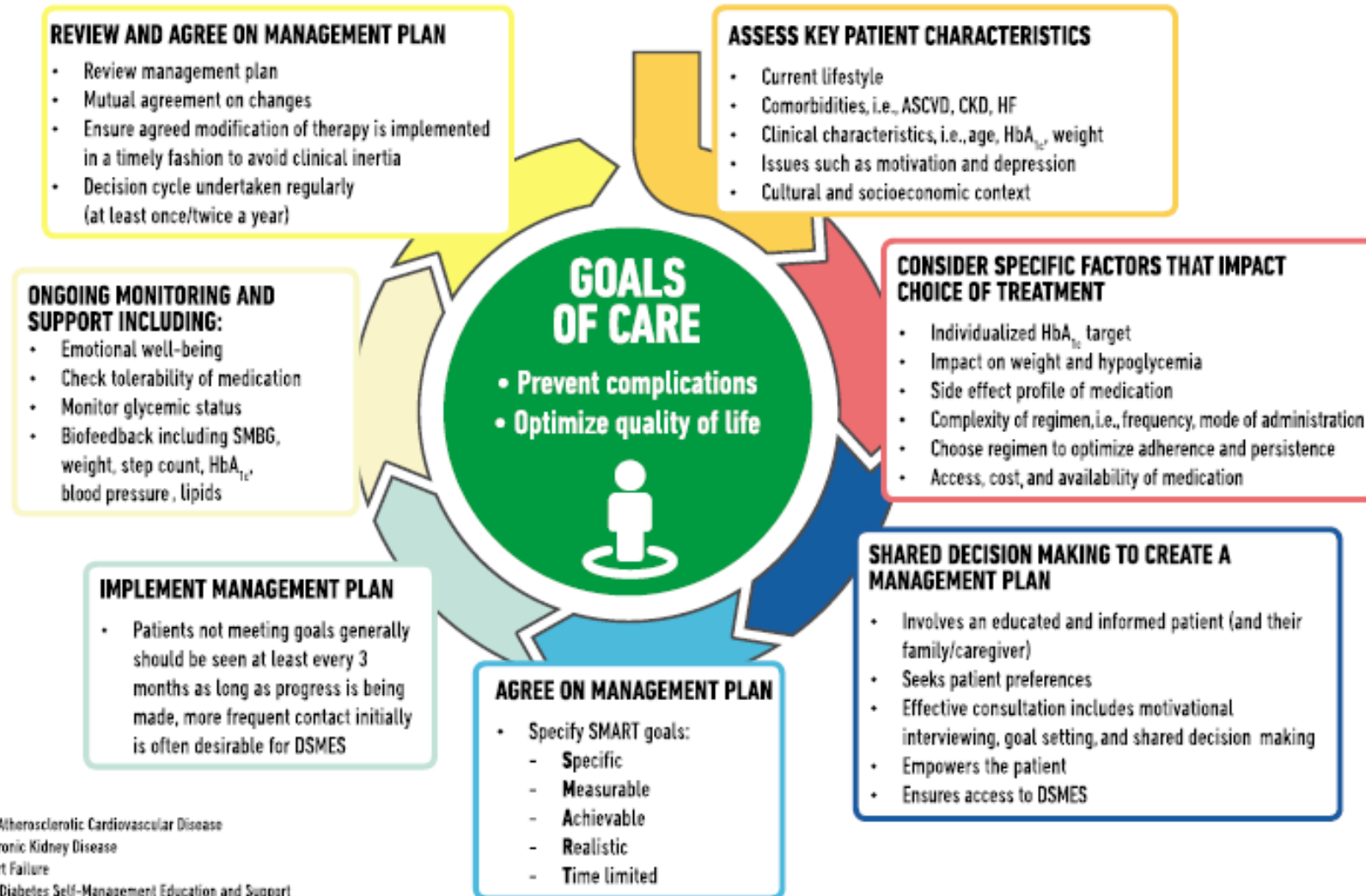
(See Figure 8.2)

2018 ADA Guidelines turned to ASCVD focused



In patients with **T2DM** and established **ASCVD**, anti hyperglycemic therapy should begin with lifestyle management and metformin and subsequently incorporate an agent proven to **reduce major adverse CV events and CV mortality** (currently empagliflozin and liraglutide), after considering drug specific and patient factors (Table 8.1).

2019 ADA Guidelines based on patient centric



ASCVD = Atherosclerotic Cardiovascular Disease

CKD = Chronic Kidney Disease

HF = Heart Failure

DSMES = Diabetes Self-Management Education and Support

SMBG = Self-Monitored Blood Glucose

JANUARY 2020

THE JOURNAL OF CLINICAL AND APPLIED RESEARCH AND EDUCATION

VOLUME 43 | SUPPLEMENT 1

Diabetes Care.

WWW.DIABETES.ORG/DIABETESCARE

JANUARY 2020

Diabetes Care.

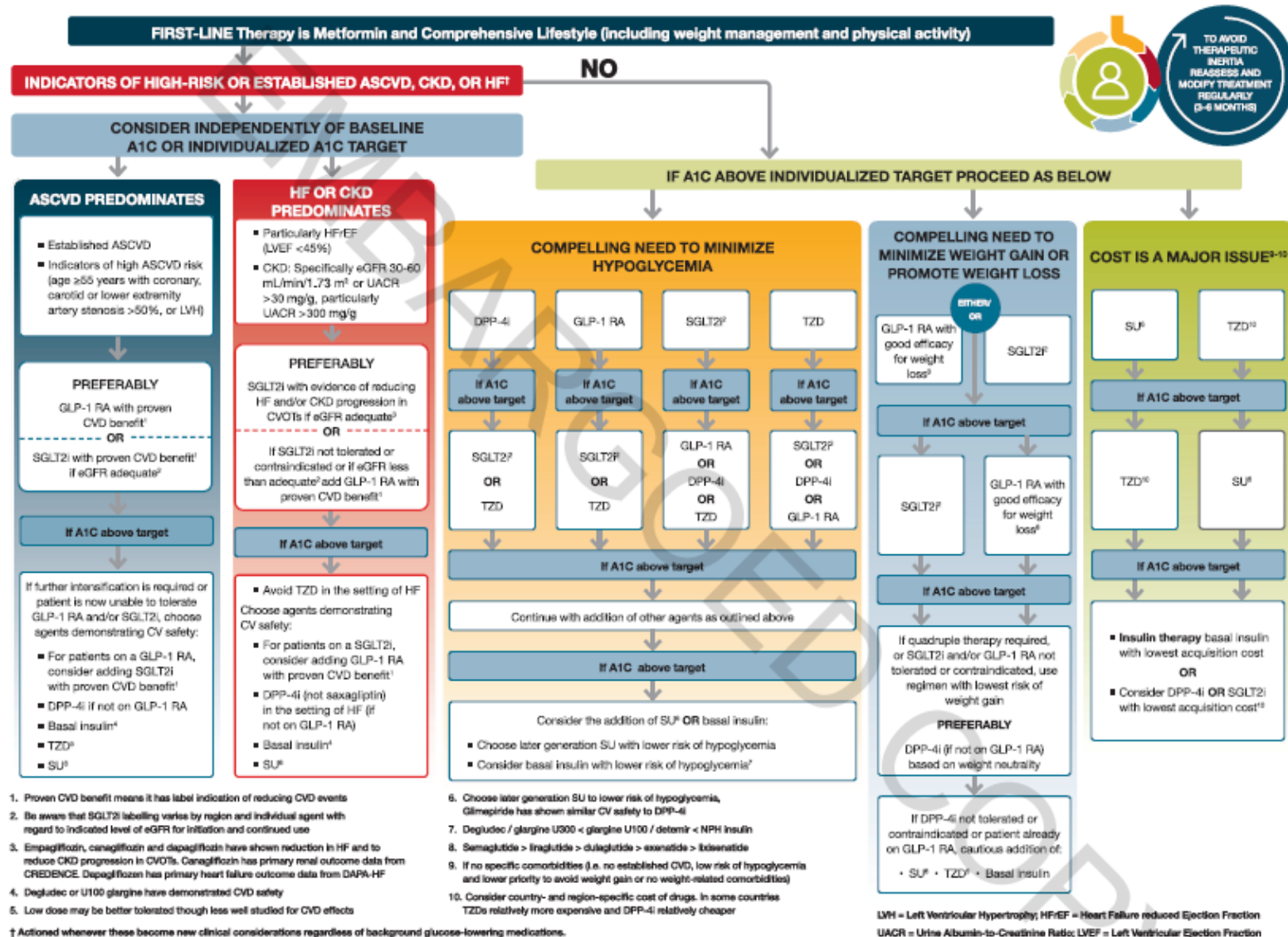
SUPPLEMENT

1

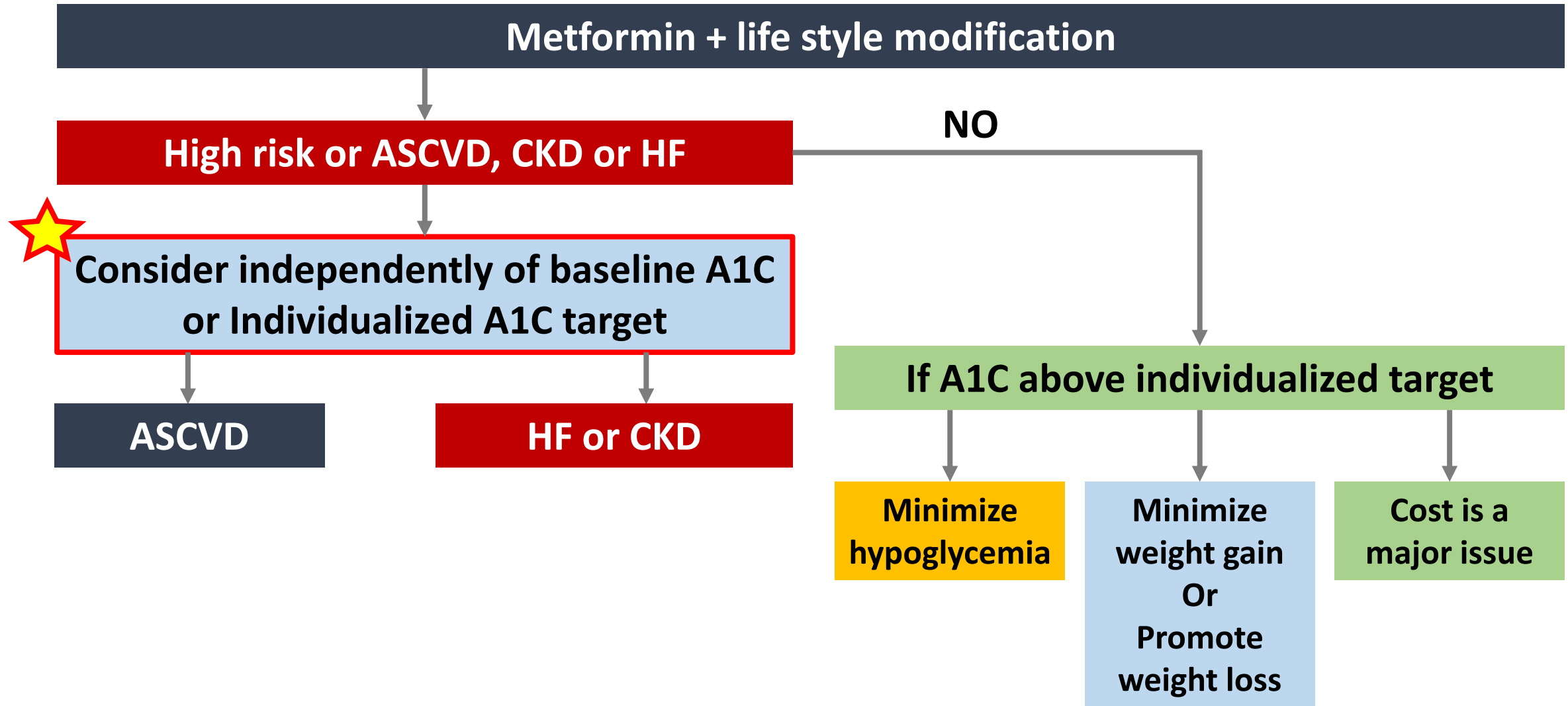
AMERICAN DIABETES ASSOCIATION

STANDARDS OF MEDICAL CARE IN DIABETES—2020

2020 ADA guidelines treatment algorithm is similar to 2019

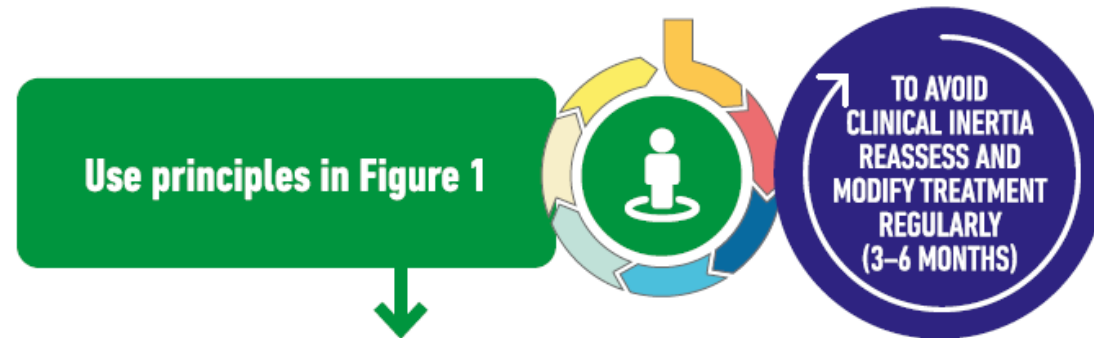


Individualized A1C target is a key consideration for treatment diabetes



Individualized A1C target is a key consideration for treatment diabetes

CHOOSING GLUCOSE-LOWERING MEDICATION IN THOSE WITH **INDICATORS OF HIGH-RISK** OR ESTABLISHED ATHEROSCLEROTIC CARDIOVASCULAR DISEASE (ASCVD), CHRONIC KIDNEY DISEASE (CKD) **OR HEART FAILURE (HF)**



Use metformin unless contraindicated or not tolerated

- Continue metformin unless contraindicated (remember to adjust dose/stop metformin with declining eGFR)
- **Add an SGLT2i or GLP-1 RA with proven CVD benefit¹ (consider adding independently of individualised HbA_{1c} target)**
- If **individualised HbA_{1c} target achieved and** already on dual therapy or multiple glucose-lowering therapies **when adding** SGLT2i or GLP-1 RA, consider **stopping or reducing dose of other glucose-lowering therapy to reduce the risk of hypoglycaemia**

ASCVD and high risk patients are suggested to add SGLT2i or GLP-1 RA

2019

ASCVD PREDOMINATES

EITHER/
OR

GLP-1 RA
with
proven
CVD
benefit¹

SGLT2i
with
proven
CVD
benefit¹,
if eGFR
adequate²



2020

ASCVD PREDOMINATES

- Established ASCVD
- Indicators of high ASCVD risk (age ≥ 55 years with coronary, carotid or lower extremity artery stenosis $>50\%$, or LVH)



PREFERABLY

GLP-1 RA with proven
CVD benefit¹

OR

SGLT2i with proven CVD benefit¹
if eGFR adequate²

NEW

▪ 已經罹患 ASCVD

- 高 ASCVD 風險族群
(年紀 55 歲以上且合併有冠狀動脈 or 頸動脈 or 下肢動脈阻塞超過 50% 或是 LVH 左心室肥大)

If further intensification is required or patient is now unable to tolerate GLP-1 RA and/or SGLT2i, choose agents demonstrating CV safety:

- For patients on a GLP-1 RA, consider adding SGLT2i with proven CVD benefit¹
- DPP-4i if not on GLP-1 RA
- Basal insulin⁴
- TZD⁵
- SU⁶

More definition of HF and CKD patients in 2020 ADA guidelines

2019

HF OR CKD PREDOMINATES

PREFERABLY

SGLT2i with evidence of reducing HF and/or CKD progression in CVOTs if eGFR adequate³

OR

If SGLT2i not tolerated or contraindicated or if eGFR less than adequate² add GLP-1 RA with proven CVD benefit¹

(urine albumin to creatinine ratio, **UACR**)



2020

HF OR CKD PREDOMINATES

- Particularly HFrEF (LVEF <45%)
- CKD: Specifically eGFR 30-60 mL/min/1.73 m² or UACR >30 mg/g, particularly UACR >300 mg/g

PREFERABLY

SGLT2i with evidence of reducing HF and/or CKD progression in CVOTs if eGFR adequate³

OR

If SGLT2i not tolerated or contraindicated or if eGFR less than adequate² add GLP-1 RA with proven CVD benefit¹

NEW

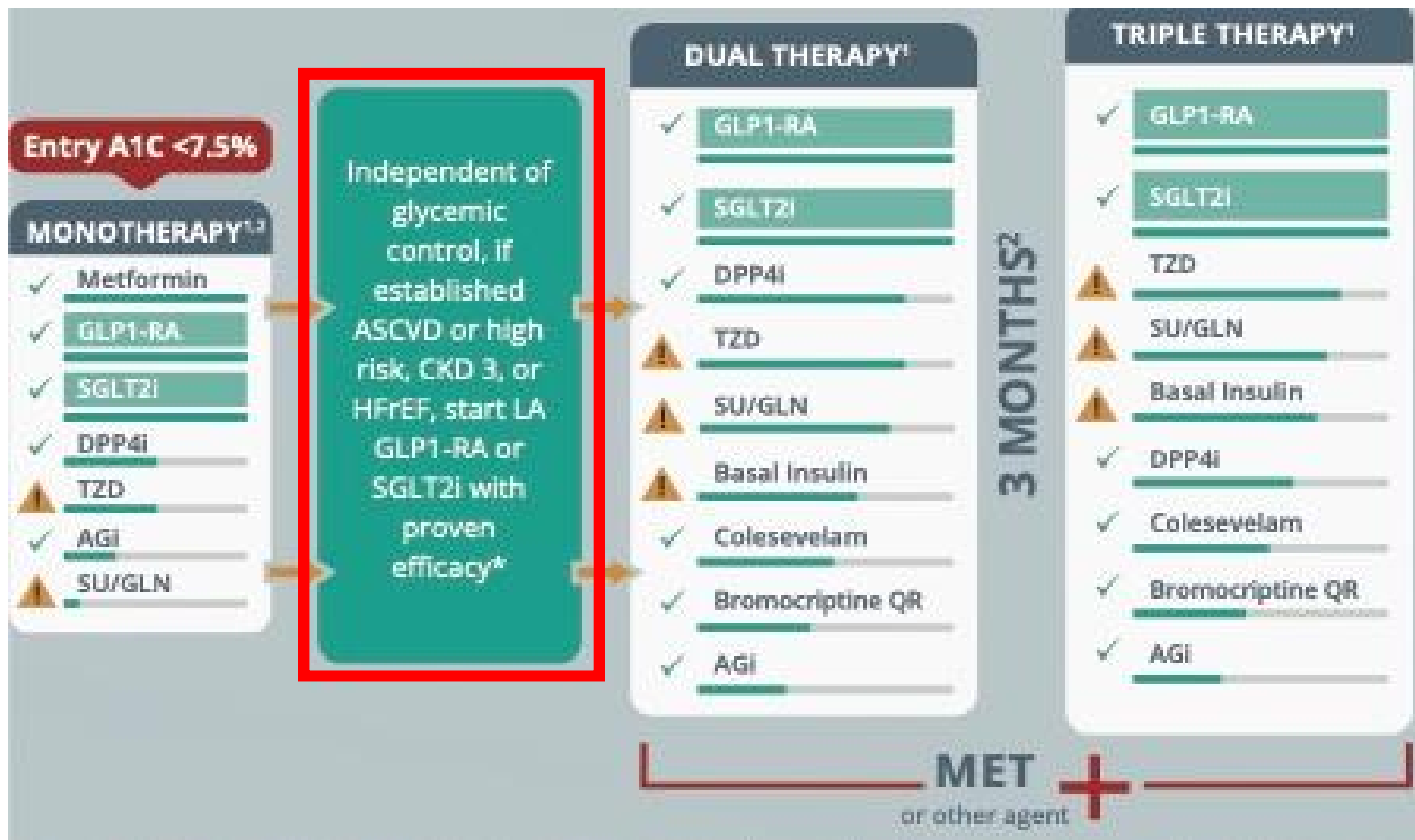
- HFrEF (LVEF<45%)**
- CKD:**
 - eGFR 介於 30~60**
 - UACR > 30 mg/g, 特別是 UACR > 300 mg/g**

▪ Avoid TZD in the setting of HF

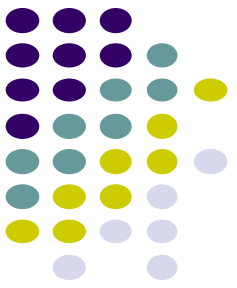
Choose agents demonstrating CV safety:

- For patients on a SGLT2i, consider adding GLP-1 RA with proven CVD benefit¹
- DPP-4i (not saxagliptin) in the setting of HF (if not on GLP-1 RA)
- Basal insulin⁴
- SU⁶

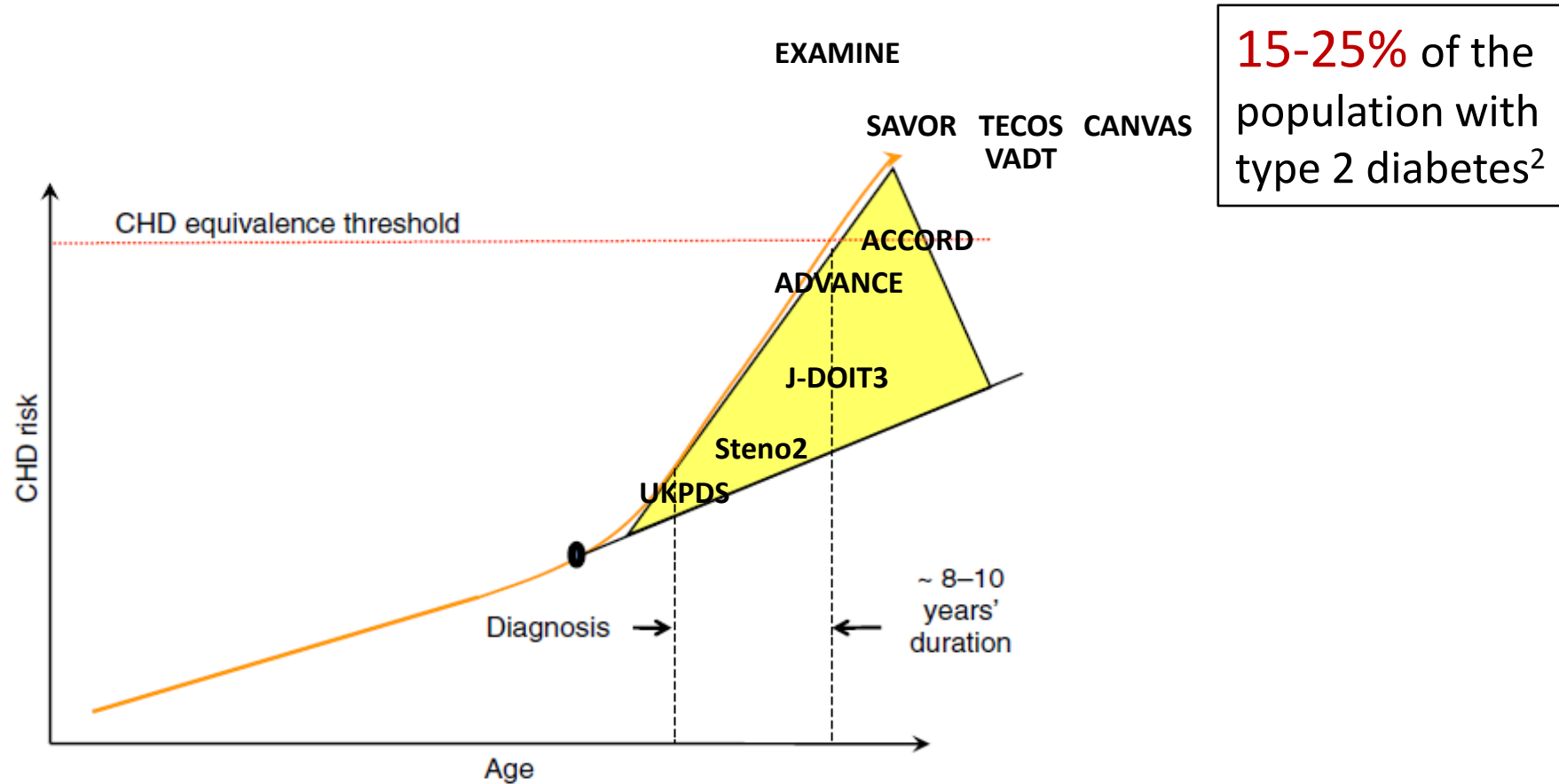
2020 AACE guidelines also recommend add-on SGLT2i or GLP1 RA to patient with High risk or ASCVD, CKD or HF



Why?



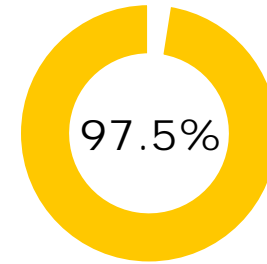
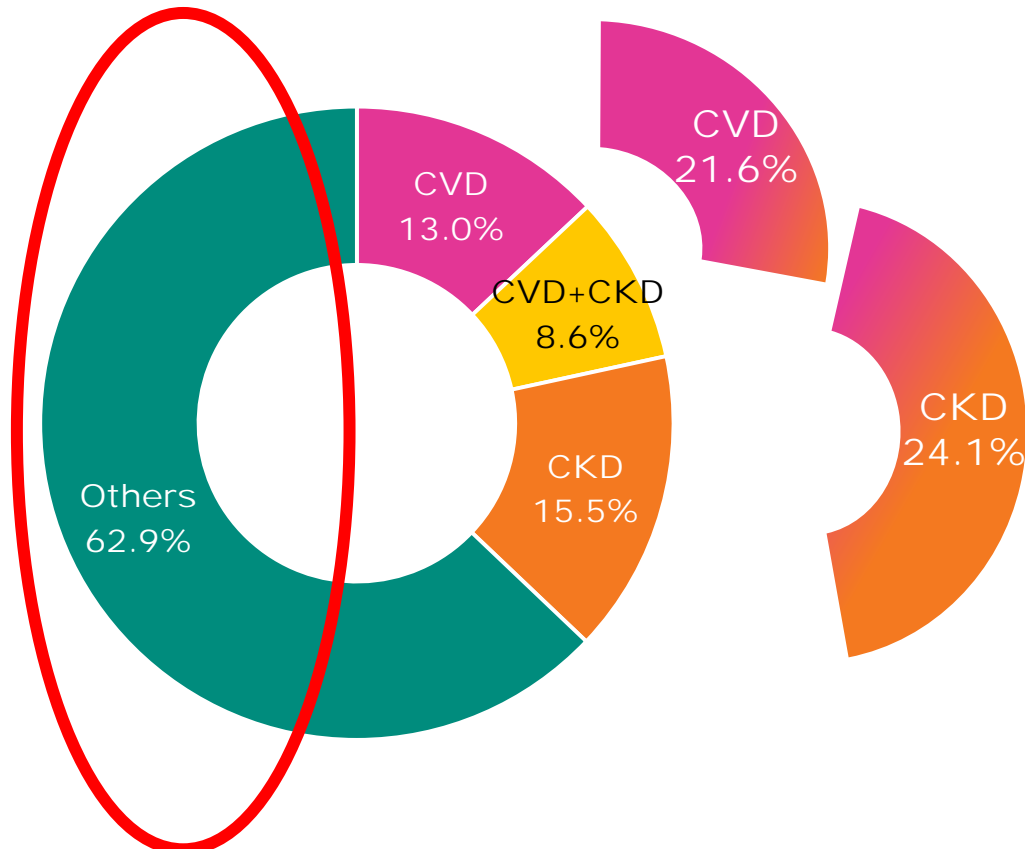
Vascular risk and its determinants before and during the course of type 2 diabetes



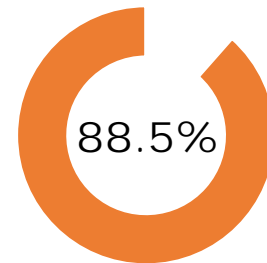
1. N. Sattar, Diabetologia (2013) 56:686–695
2. Melanie J. Davies, et al., Diabetologia. 2018 Oct 5.

Cross-sectional—**沒有**心腎共病

A retrospective study of T2DM patients via Q-EMR from 2014 to 2015



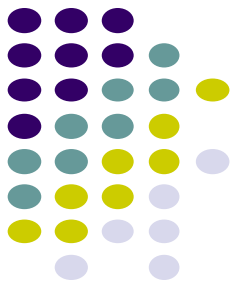
had ≥ 1 comorbid condition



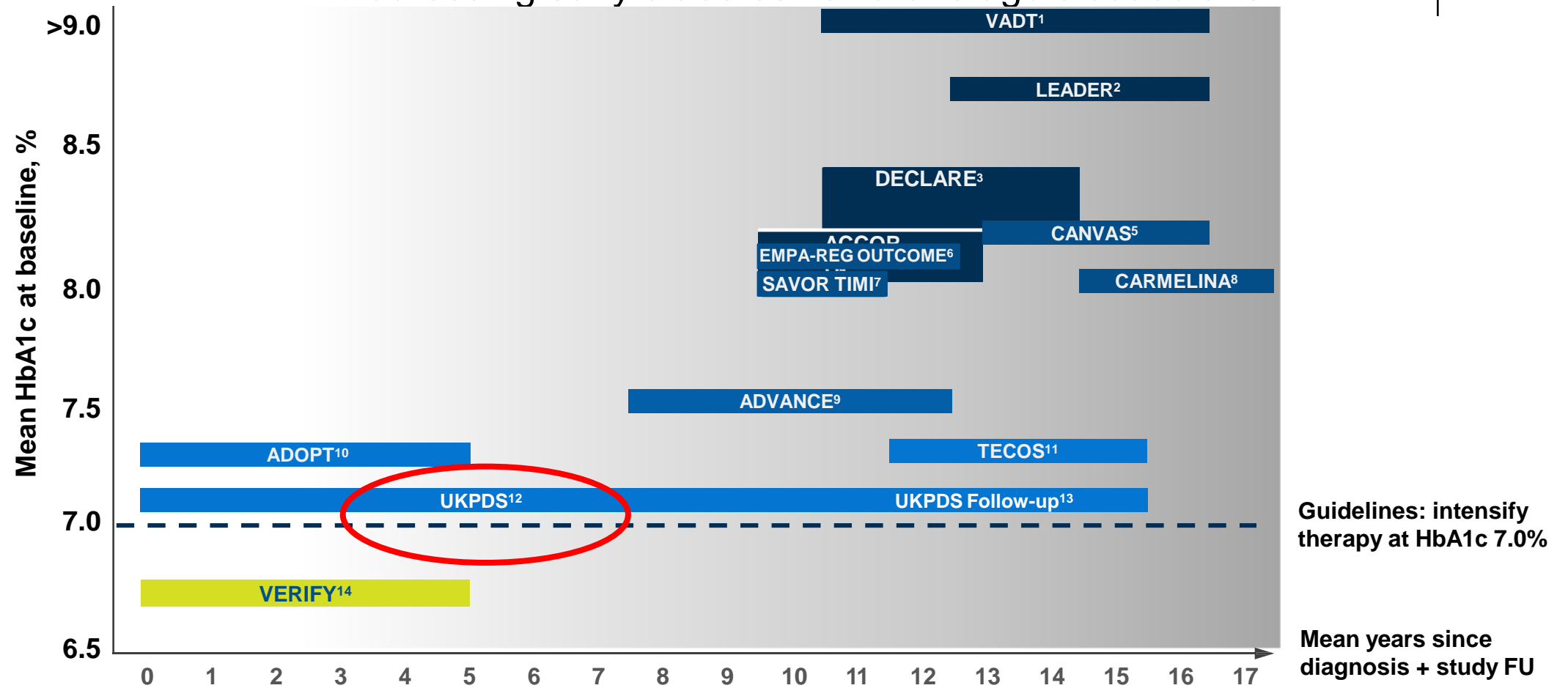
had ≥ 2 comorbid condition

Q-EMR, Quintiles Electronic Medical Record (EMR) research database
Iglay K, et al. *Curr Med Res Opin* 2016 Jul;32(7):1243-52.

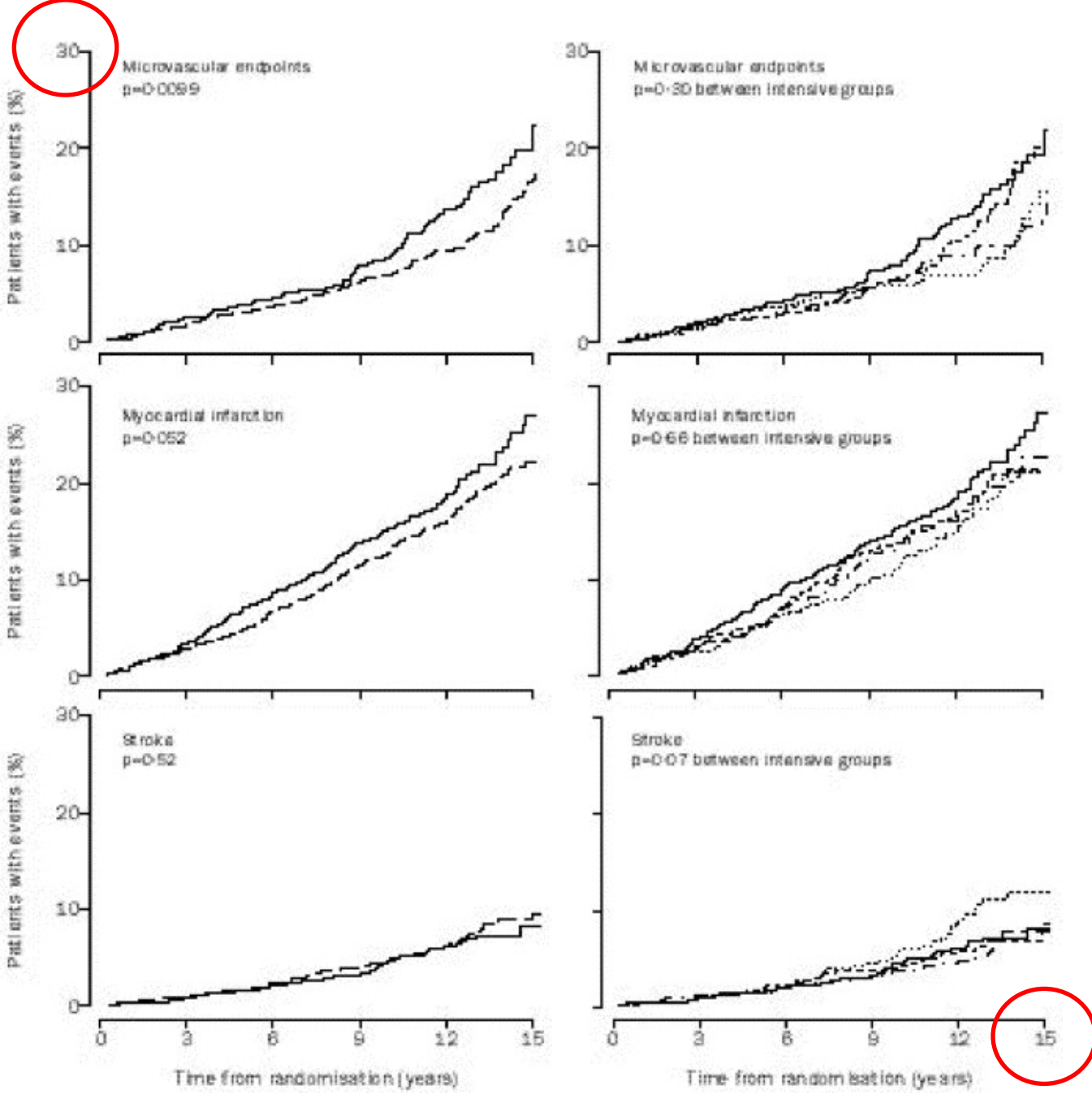
Clinical trials by diabetes progression periods



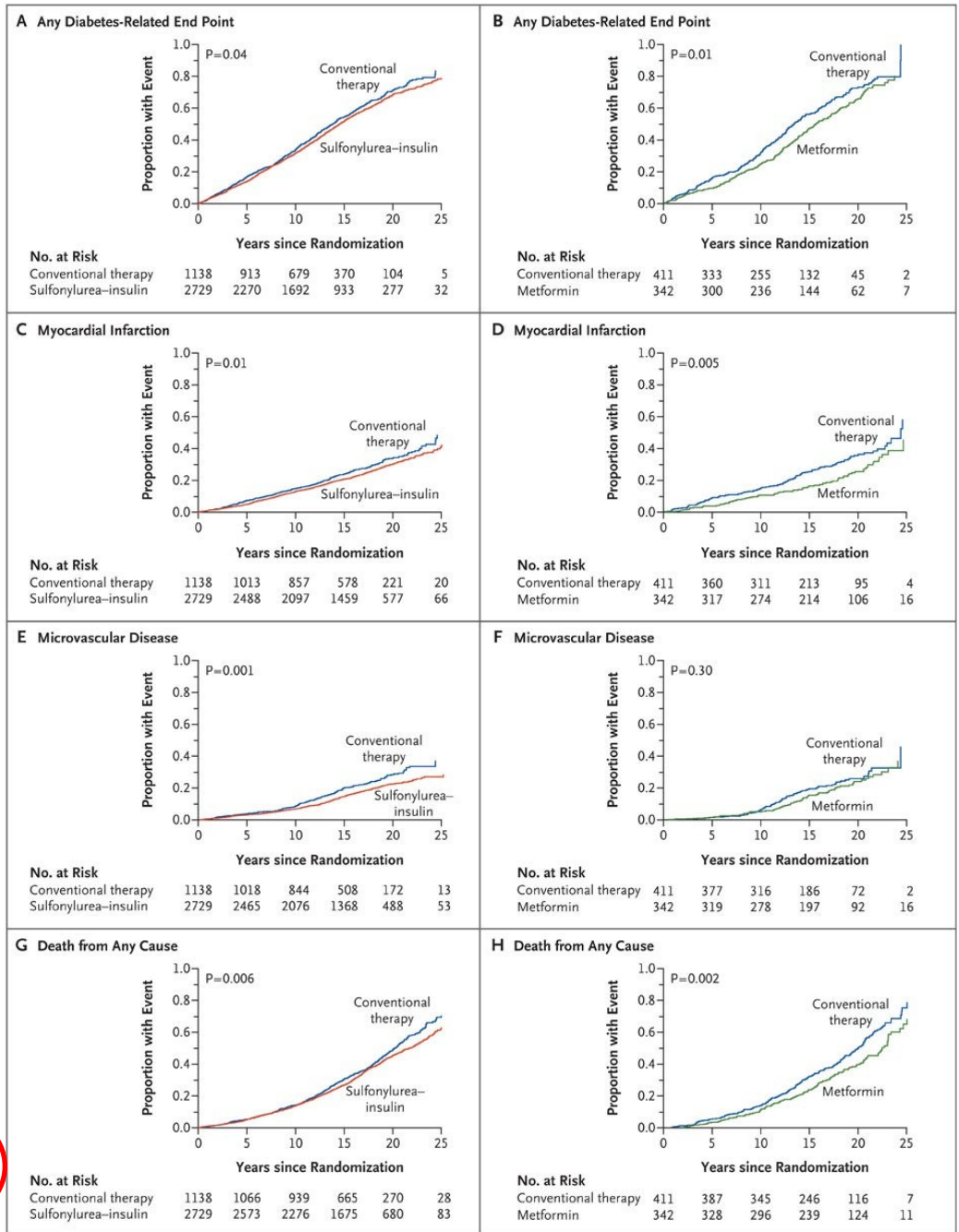
- Addressing early diabetes vs. later stage disease and



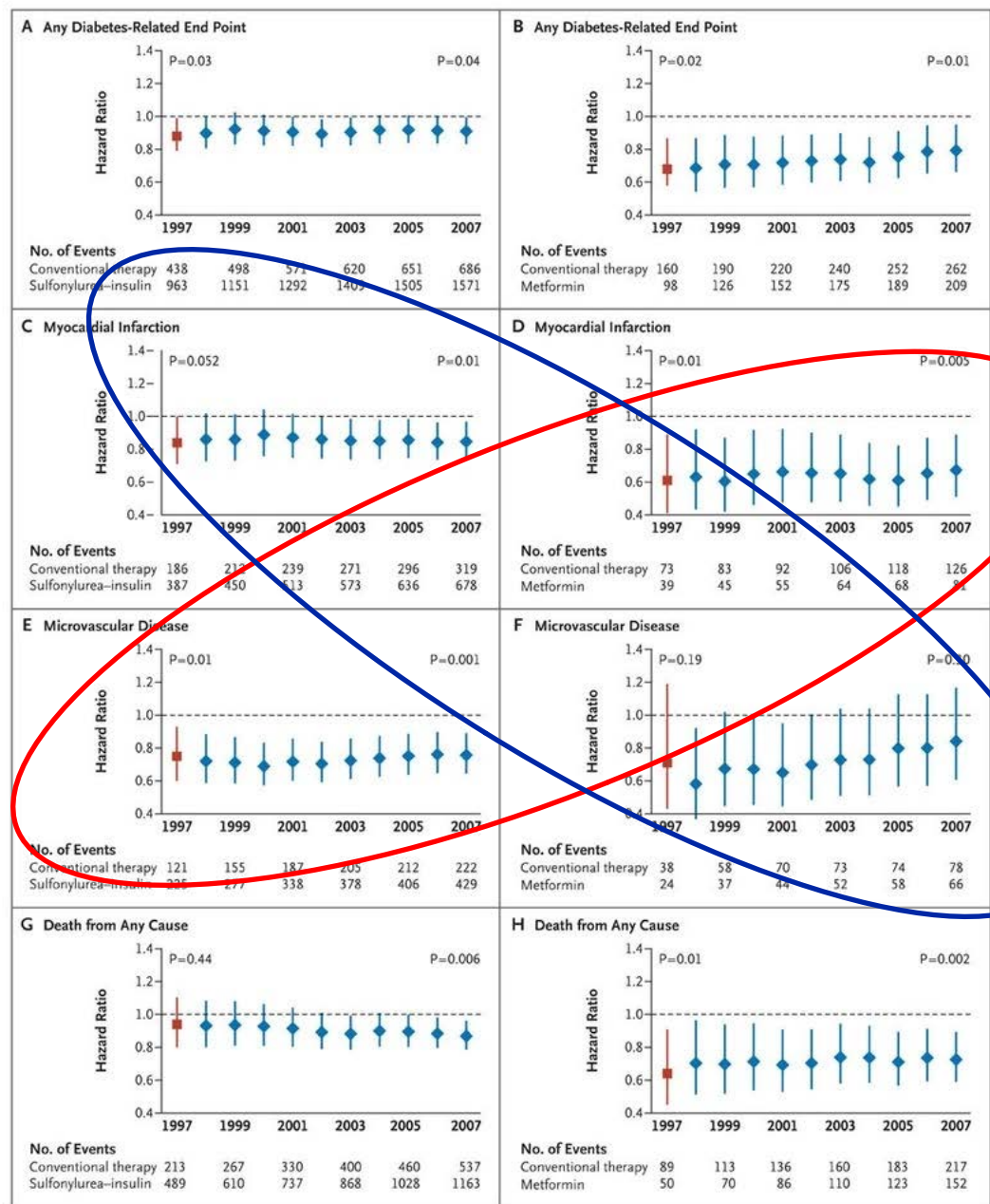
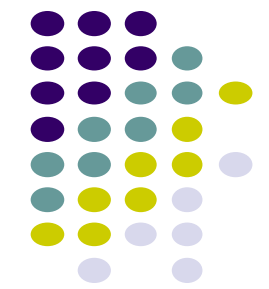
1. Duckworth W, et al. N Engl J Med. 2009;360(2):129-39. 2. Marso SP, et al. N Engl J Med 2016;375:311-22. 3. Wiviott SD, et al. N Engl J Med 2019;380:347-57. 4. ACCORD Study Group. N Engl J Med. 2008;358(24):2545-59. 5. Neal B, et al. N Engl J Med 2017;377:644-57. 6. Zinman B, et al. N Engl J Med 2015;373:2117-28. 7. Scirica BM, et al. N Engl J Med 2013;369:1317-26. 8. Rosenstock J, et al. JAMA. 2019;321(1):69-79. 9. ADVANCE Collaborative Group. N Engl J Med. 2008;358(24):2560-72. 10. Kahn SE, et al. N Engl J Med 2006;355:2427-43. 11. Green JB, et al. N Engl J Med 2015;373:232-42. 12. The UKPDS Group. Lancet. 1998;352(9131):837-53. 13. Holman RR, et al. N Engl J Med. 2008;359(15):1577-89. 14. Matthews D, et al. Diabet Med. 2019;36:505-13.



Lancet. 1998; 352: 837-



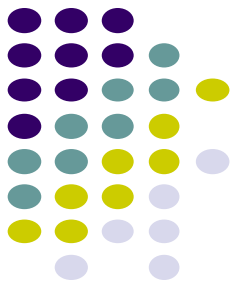
N Engl J Med 2008; 359: 1577-1589.



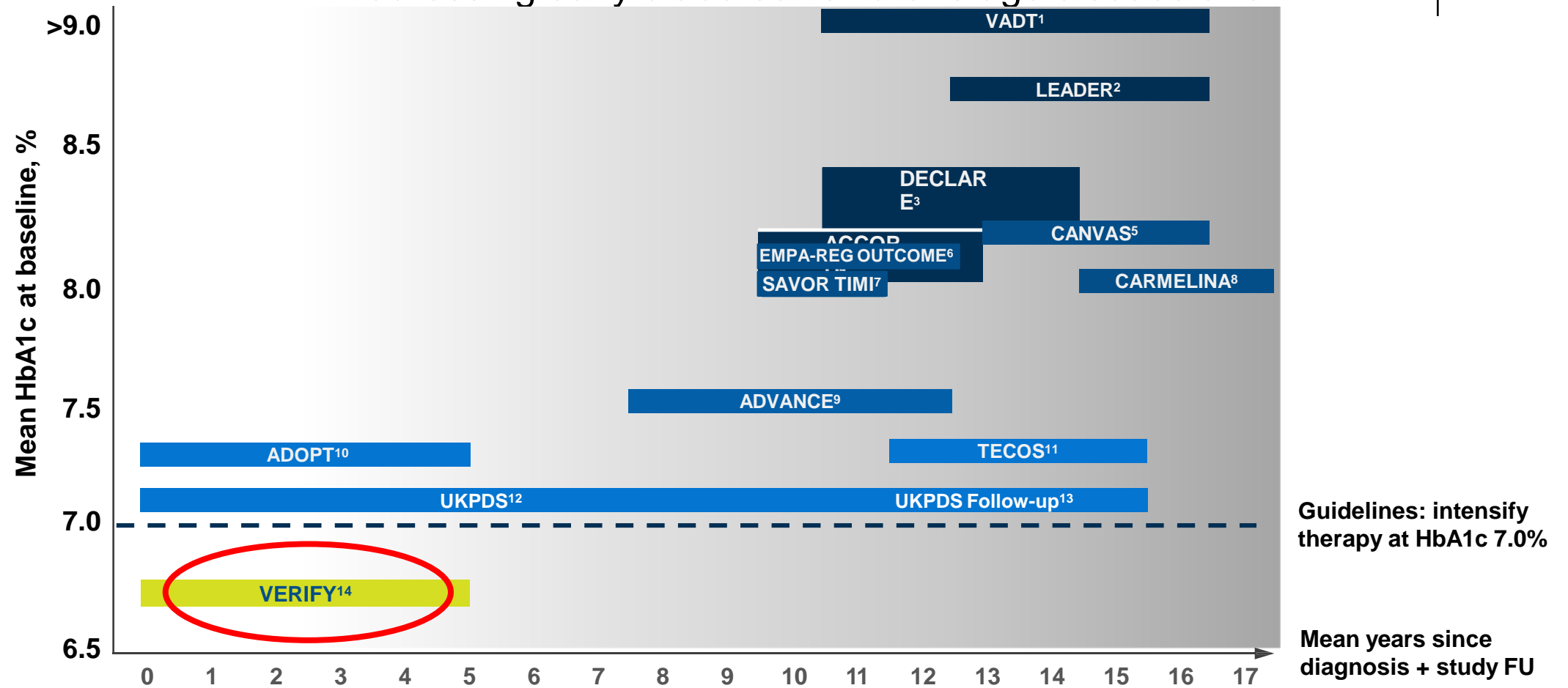
Good response

Fair response

Clinical trials by diabetes progression periods

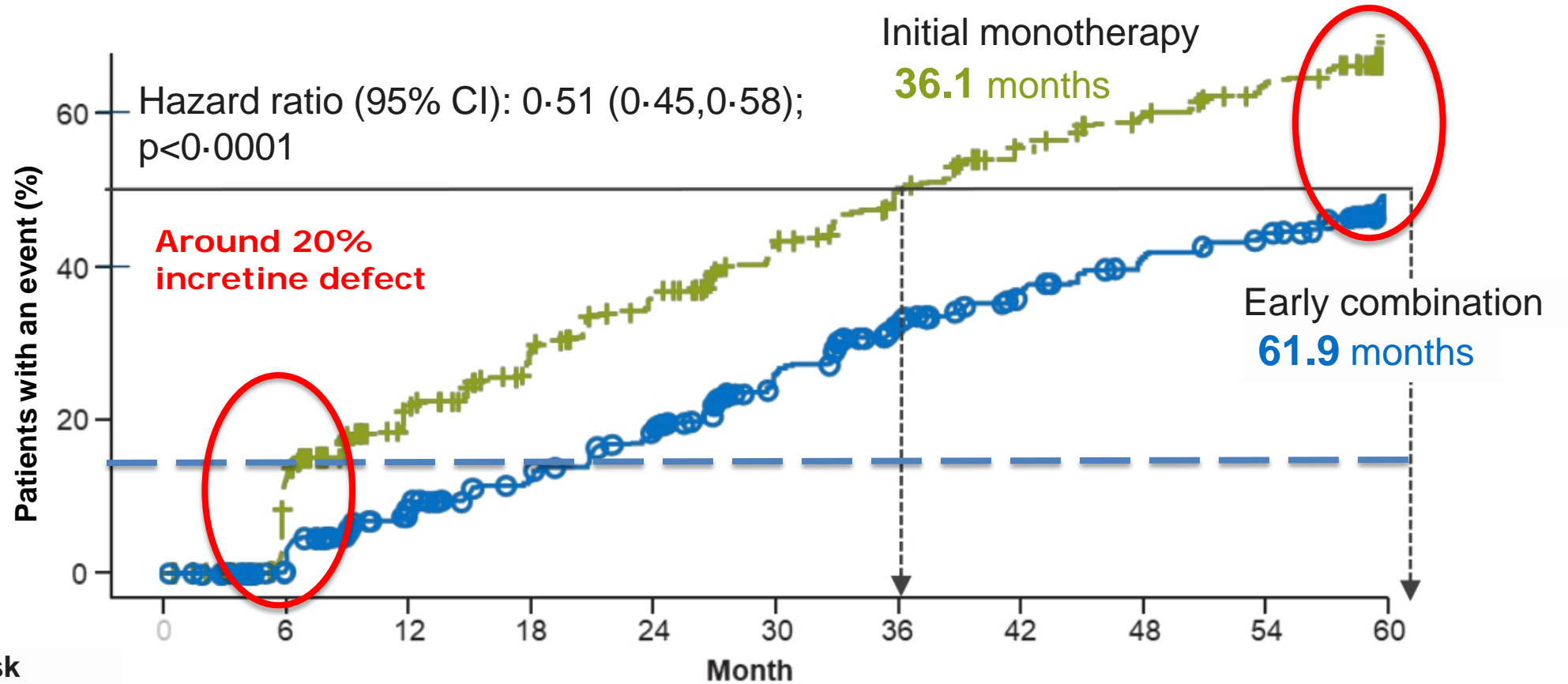


- Addressing early diabetes vs. later stage disease and



1. Duckworth W, et al. N Engl J Med. 2009;360(2):129-39. 2. Marso SP, et al. N Engl J Med 2016;375:311-22. 3. Wiviott SD, et al. N Engl J Med 2019;380:347-57. 4. ACCORD Study Group. N Engl J Med. 2008;358(24):2545-59. 5. Neal B, et al. N Engl J Med 2017;377:644-57. 6. Zinman B, et al. N Engl J Med 2015;373:2117-28. 7. Scirica BM, et al. N Engl J Med 2013;369:1317-26. 8. Rosenstock J, et al. JAMA. 2019;321(1):69-79. 9. ADVANCE Collaborative Group. N Engl J Med. 2008;358(24):2560-72. 10. Kahn SE, et al. N Engl J Med 2006;355:2427-43. 11. Green JB, et al. N Engl J Med 2015;373:232-42. 12. The UKPDS Group. Lancet. 1998;352(9131):837-53. 13. Holman RR, et al. N Engl J Med. 2008;359(15):1577-89. 14. Matthews D, et al. Diabet Med. 2019;36:505-13.

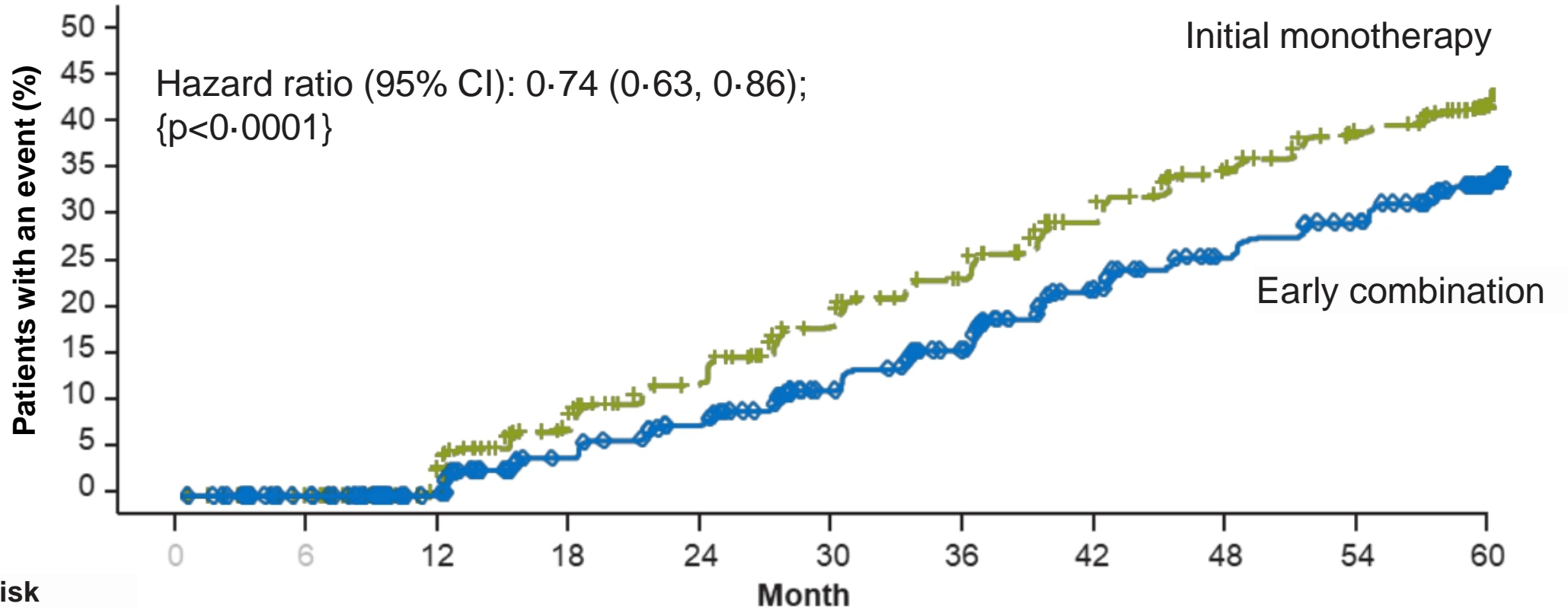
Median time to initial treatment failure by strategy



Patients at risk

Early combination	983	960	862	815	752	671	597	551	509	478	187
Initial monotherapy	989	937	733	661	576	503	434	377	337	299	108

Time to second failure

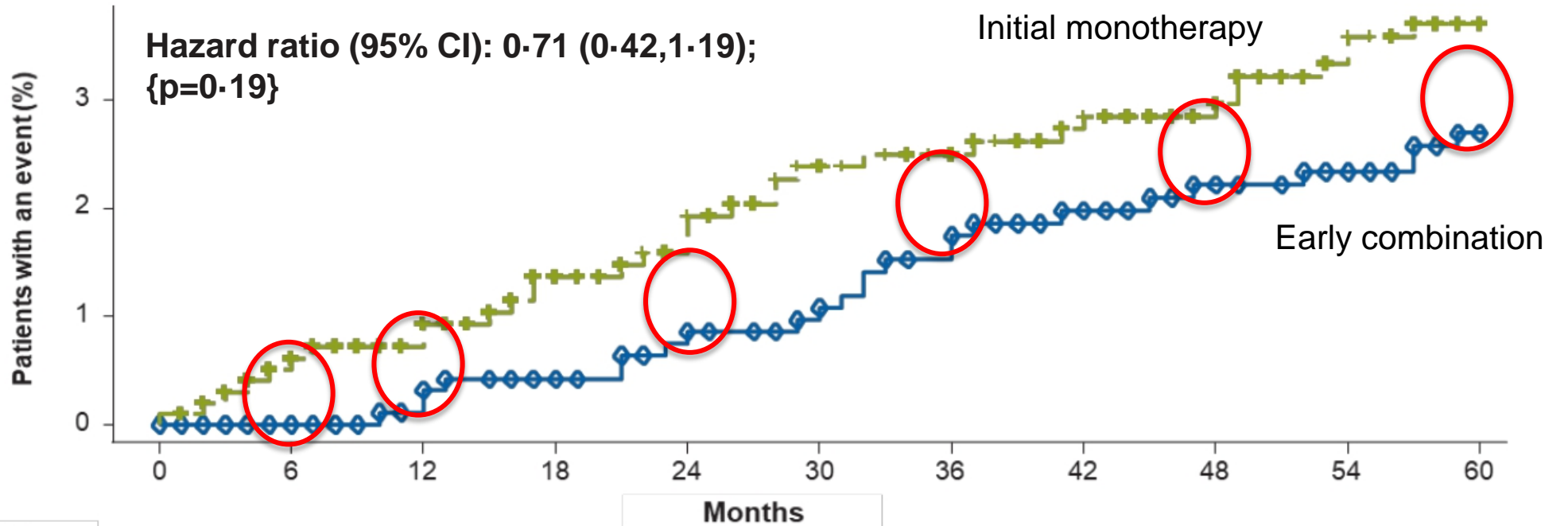


Patients at risk

Early combination	983	966	918	870	830	768	715	644	602	565	221
Initial monotherapy	989	968	897	821	761	698	643	575	531	490	179

Time to first adjudicated macro-vascular event

Macro-CV event: CV death, MI, stroke and heart failure admission



Patients at risk		0	6	12	18	24	30	36	42	48	54	60
Initial monotherapy	Early combination	1003	967	923	895	875	852	842	824	806	783	710
Initial monotherapy	Early combination	996	970	947	924	912	890	874	846	822	809	731
Number of events		0	6	12	18	24	30	36	42	48	54	60
Initial monotherapy	Early combination	1	6	9	13	18	22	23	26	27	32	33
Initial monotherapy	Early combination	0	0	3	4	8	10	16	18	20	21	24

Caveat! Small numbers, and wide confidence limits

2017 ADA Guidelines are Glycemic focused treatment algorithm

Start with Monotherapy unless:

A1C is greater than or equal to 9%, **consider Dual Therapy.**

A1C is greater than or equal to 10%, blood glucose is greater than or equal to 300 mg/dL, or patient is markedly symptomatic, **consider Combination Injectable Therapy** (See Figure 8.2).

Monotherapy

Metformin

Lifestyle Management

EFFICACY*	high
HYPO RISK	low risk
WEIGHT	neutral/loss
SIDE EFFECTS	GI/lactic acidosis
COSTS*	low

If A1C target not achieved after approximately 3 months of monotherapy, proceed to 2-drug combination (order not meant to denote any specific preference — choice dependent on a variety of patient- & disease-specific factors):

Dual Therapy

Metformin +

Lifestyle Management

	Sulfonylurea	Thiazolidinedione	DPP-4 inhibitor	SGLT2 inhibitor	GLP-1 receptor agonist	Insulin (basal)
EFFICACY*	high	high	intermediate	intermediate	high	highest
HYPO RISK	moderate risk	low risk	low risk	low risk	low risk	high risk
WEIGHT	gain	gain	neutral	loss	loss	gain
SIDE EFFECTS	hypoglycemia	edema, HF, fxs	rare	GU, dehydration, fxs	GI	hypoglycemia
COSTS*	low	low	high	high	high	high

If A1C target not achieved after approximately 3 months of dual therapy, proceed to 3-drug combination (order not meant to denote any specific preference — choice dependent on a variety of patient- & disease-specific factors):

Triple Therapy

Metformin +

Lifestyle Management

Sulfonylurea +	Thiazolidinedione +	DPP-4 inhibitor +	SGLT2 inhibitor +	GLP-1 receptor agonist +	Insulin (basal) +
TZD	SU	SU	SU	SU	TZD
or DPP-4-i	or DPP-4-i	or TZD	or TZD	or TZD	or DPP-4-i
or SGLT2-i	or SGLT2-i	or SGLT2-i	or DPP-4-i	or SGLT2-i	or SGLT2-i
or GLP-1-RA	or GLP-1-RA	or Insulin*	or GLP-1-RA	or Insulin*	or GLP-1-RA
or Insulin*	or Insulin*		or Insulin*		

If A1C target not achieved after approximately 3 months of triple therapy and patient (1) on oral combination, move to basal insulin or GLP-1 RA, (2) on GLP-1 RA, add basal insulin, or (3) on optimally titrated basal insulin, add GLP-1 RA or mealtime insulin. Metformin therapy should be maintained, while other oral agents may be discontinued on an individual basis to avoid unnecessarily complex or costly regimens (i.e., adding a fourth antihyperglycemic agent).

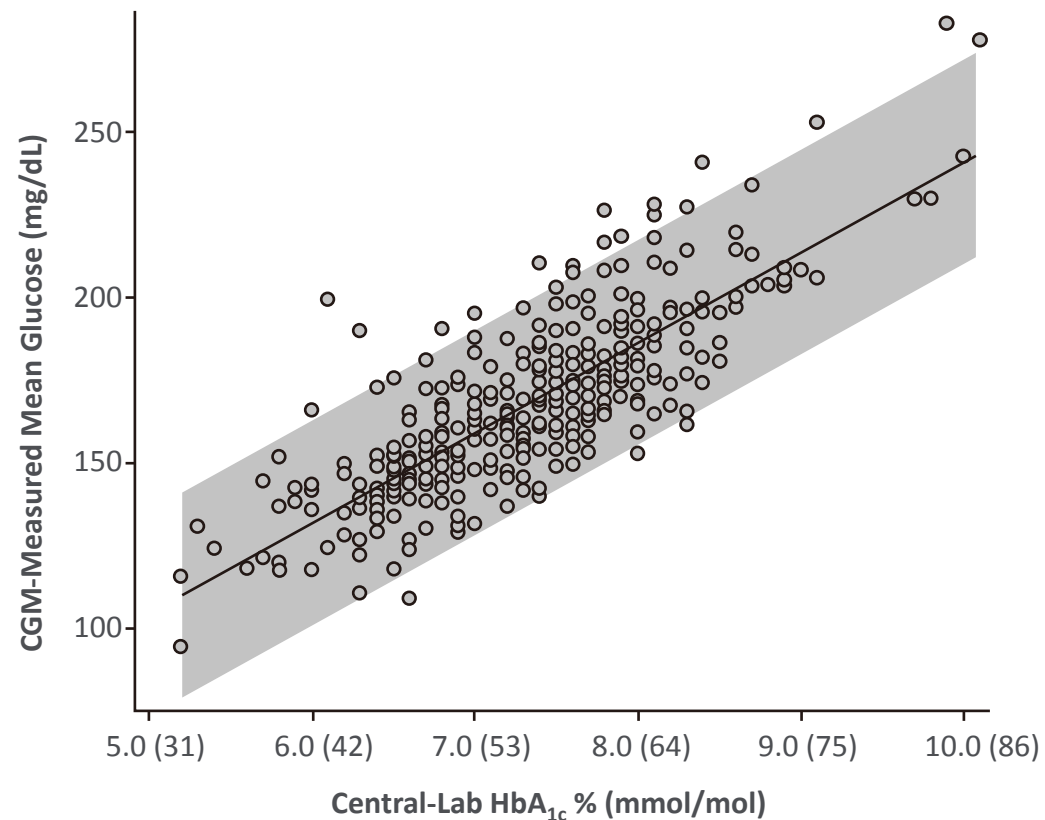
Combination Injectable Therapy

(See Figure 8.2)

HbA_{1c} represents average plasma glucose levels

HbA_{1c}

The percentage of circulating hemoglobin that is glycated¹



1. Chehregosha H, et al. Diabetes Ther. 2019;10(3):853–863. 2. Beck RW, et al. Diabetes Care. 2017;40(8):994–999.

Two patients with same measured HbA_{1c} could have different continuous glucose monitoring profiles

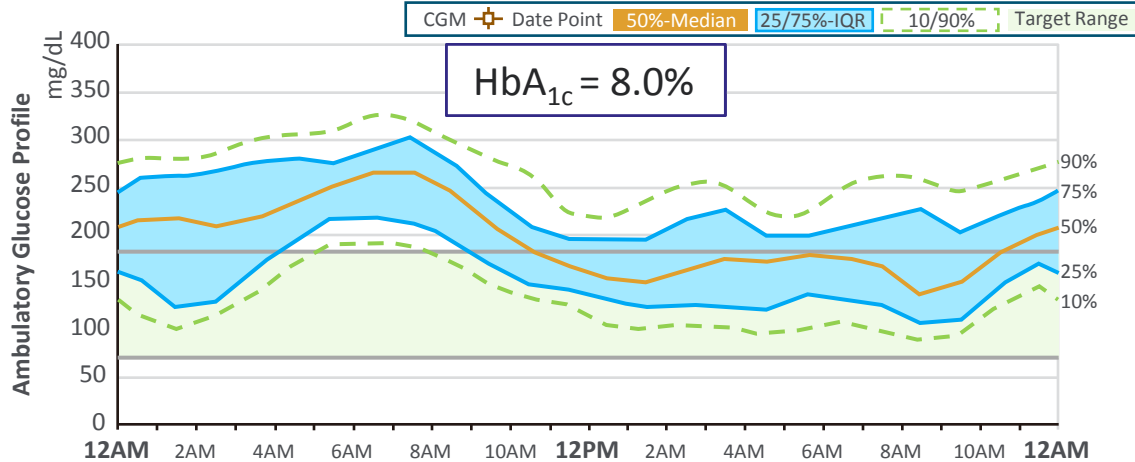


Patient 1

Glucose Statistics

Avg Glucose mg/dL	Estimated HbA _{1c}	Serious Low	Low	In Target Range	High	Serious High	SD mg/dL	Coefficient of Variation	% Time CGM Active
195 88 - 116*	8.4% <6*	Below 54 mg/dL 0.0% 0*	Below 70 mg/dL 0.5% < 4*	70 - 180 mg/dL 42.2% > 90*	Above 180 mg/dL 57.3% <6*	Above 250 mg/dL 23.1% 0*	64 10 - 26*	32.9% 19.25*	97.4%
GLUCOSE EXPOSURE		GLUCOSE VARIABILITY		GLUCOSE RANGES		DATA SUFFICIENCY			

*Reference ranges calculated from population without diabetes. Curves/plots represent glucose frequency distributions by time regardless of date.

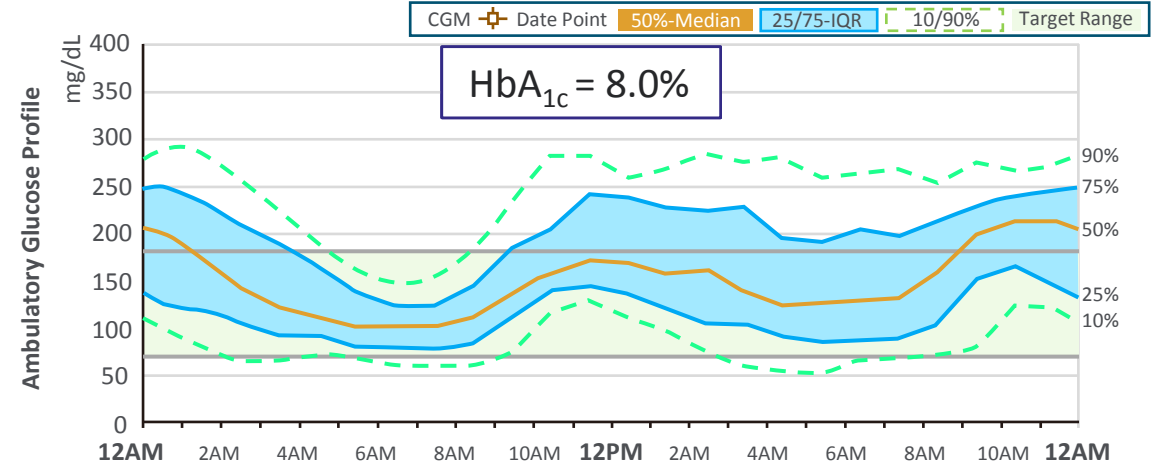


Patient 2

Glucose Statistics

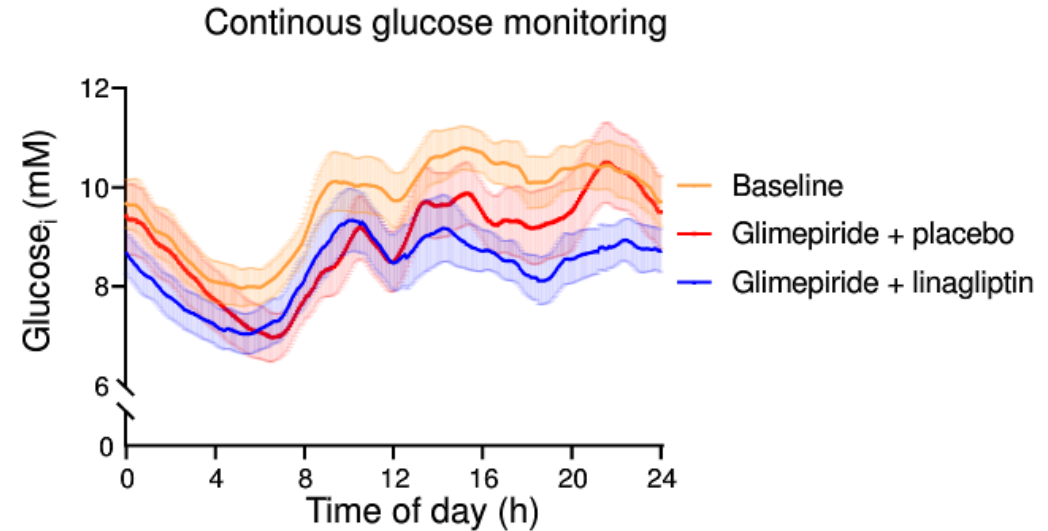
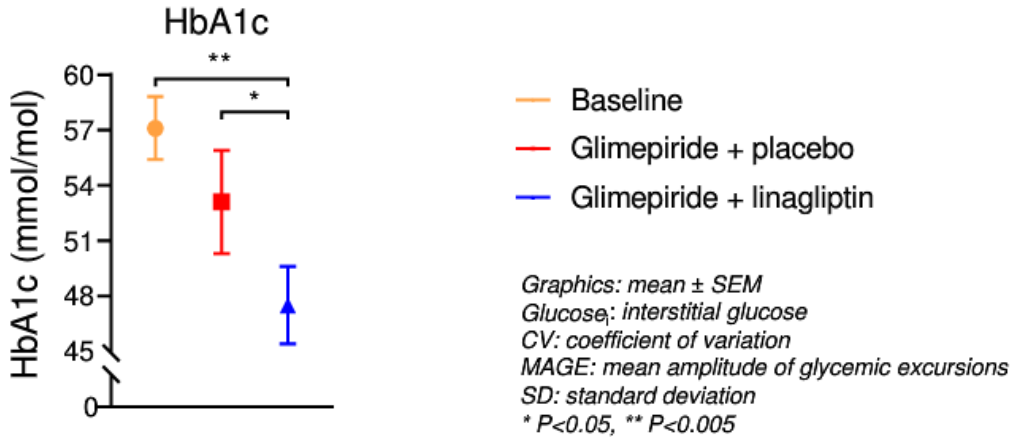
Avg Glucose mg/dL	Estimated HbA _{1c}	Serious Low	Low	In Target Range	High	Serious High	SD mg/dL	Coefficient of Variation	% Time CGM Active
156 88 - 116*	7.0% <6*	Below 54 mg/dL 4.4% 0*	Below 70 mg/dL 10.1% < 4*	70 - 180 mg/dL 54.5% > 90*	Above 180 mg/dL 35.4% <6*	Above 250 mg/dL 11.3% 0*	72 10 - 26*	46.3% 19.25*	70.6%
GLUCOSE EXPOSURE		GLUCOSE VARIABILITY		GLUCOSE RANGES		DATA SUFFICIENCY			

*Reference ranges calculated from population without diabetes. Curves/plots represent glucose frequency distributions by time regardless of date.



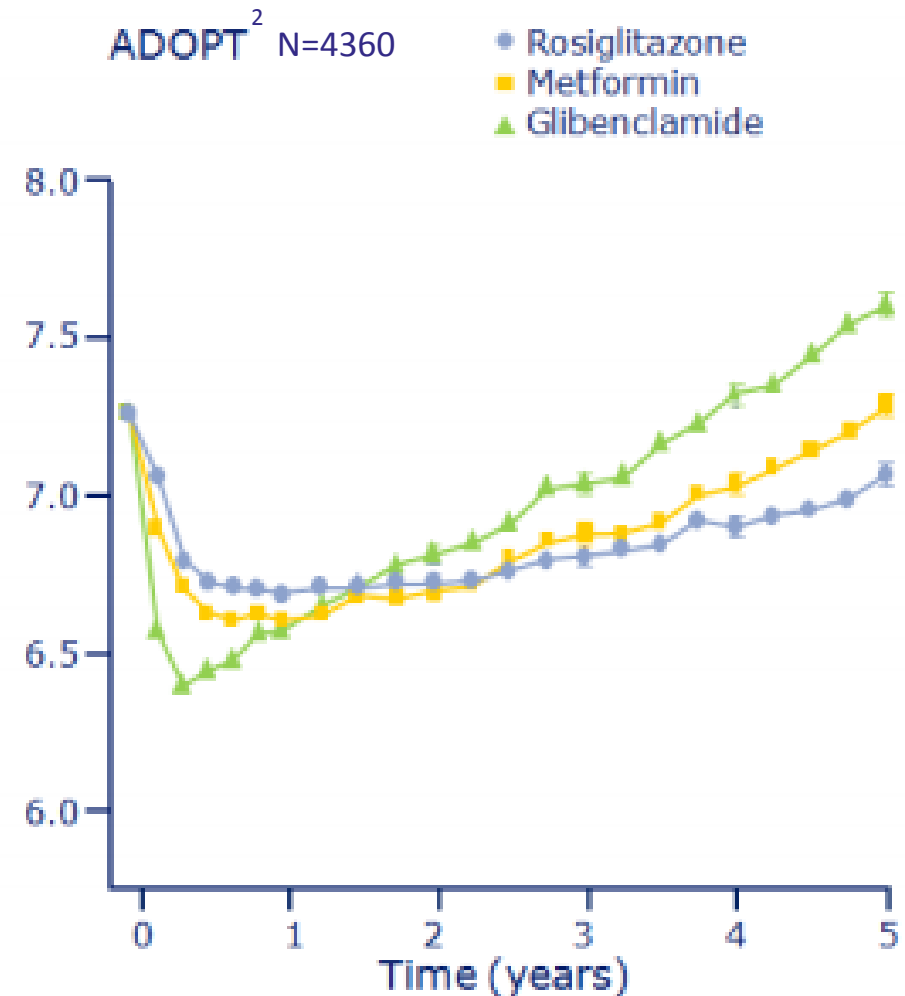
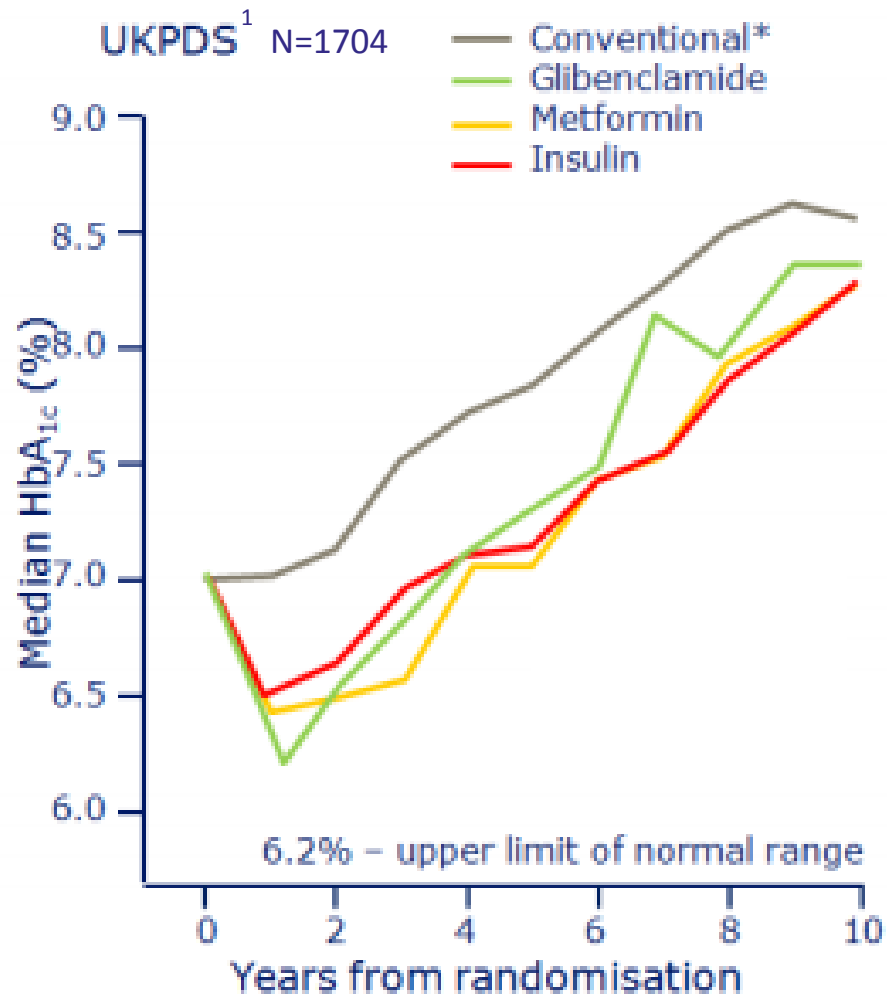
Glucose Fluctuation

Linagliptin + Glimepiride vs Glimipiride monotherapy



- SU可以降血糖，但無法改善患者的血糖波動。
- 加上Trajenta後，可進一步改善HbA_{1c}、血糖波動，且不增加低血糖風險。

Durable efficacy to different AHA



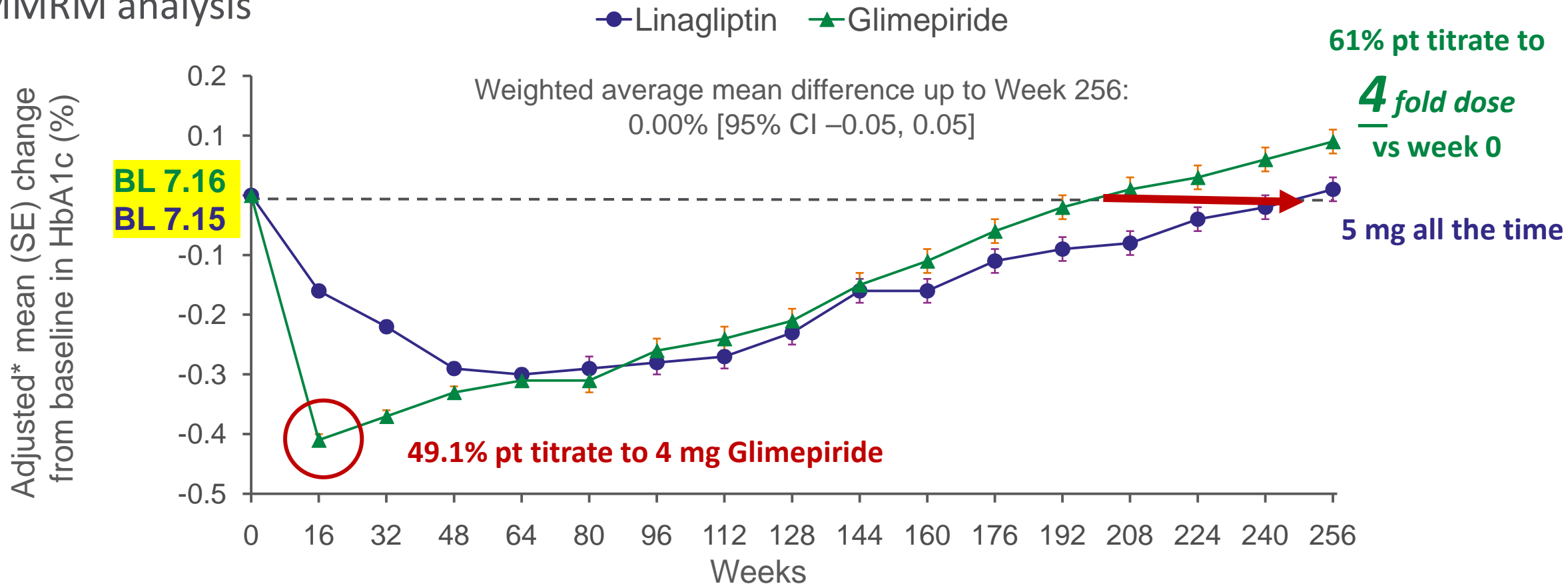
*Diet initially then sulphonylureas, insulin and/or metformin if FPG > 15 mmol/L

1. Lancet 1998;352:854-865

2. Kahn et al. NEJM 2006; 355:2427-43

Linagliptin demonstrated comparable and durable efficacy versus glimepiride over 6 years

MMRM analysis



Treated set without duplicates (observed cases - ALL). Comparisons are considered exploratory, as linagliptin did not meet superiority for the primary endpoint

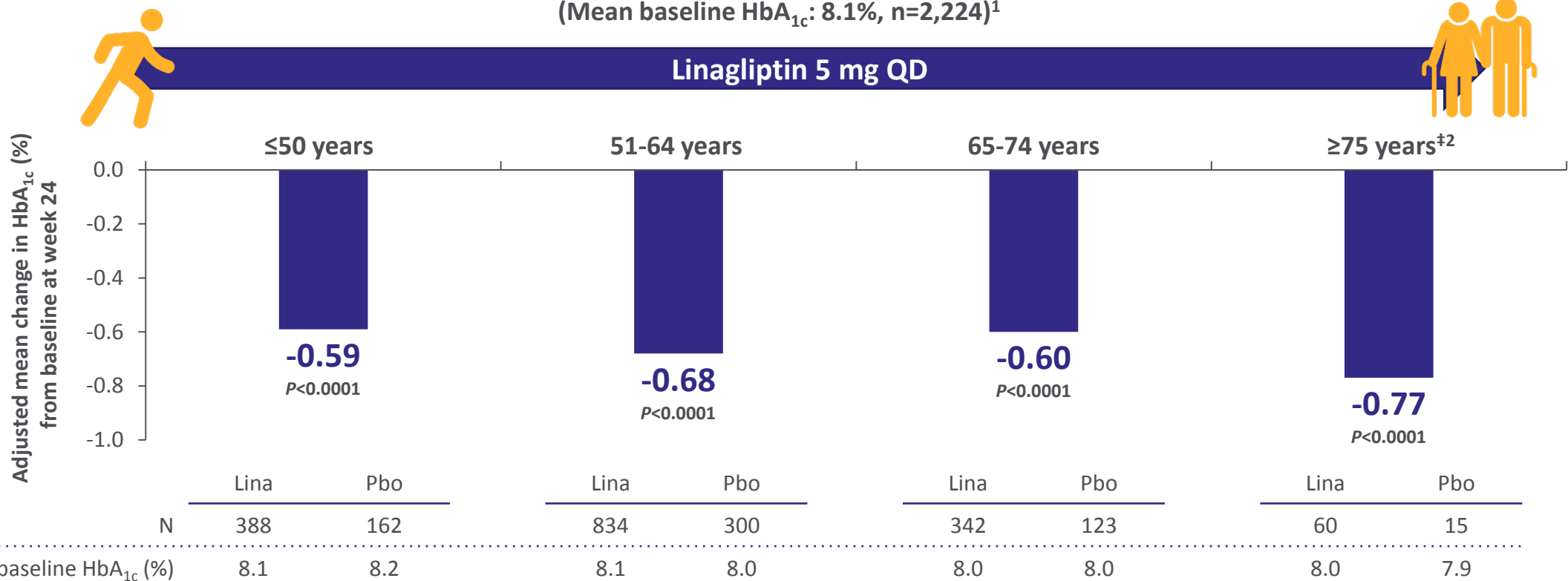
*Based on MMRM including treatment, week, week by treatment interaction, continuous baseline HbA1c and baseline HbA1c by week interaction. BL, baseline; HbA1c, glycated haemoglobin; MMRM, mixed-model repeated measures. Rosenstock J *et al.* ADA 2019

The significantly efficacy of linagliptin was demonstrated in every age group



Adjusted mean HbA_{1c} change from baseline at 24 week by age, placebo-corrected**
(Mean baseline HbA_{1c}: 8.1%, n=2,224)¹

Linagliptin 5 mg QD



* Pre-specified subgroup analysis on pooled data from 3 pivotal Phase III, randomized, placebo-controlled trials: treatment in monotherapy, add-on to metformin, and add-on to metformin plus sulfonylurea. *p*-values for between-group differences (vs. placebo).

† ANCOVA-adjusted for continuous HbA_{1c}, BMI group, washout phase, treatment group, study, age group, sex, time since diagnosis of diabetes, race, and age . treatment or type 2 diabetes. treatment interactions.

‡ Linagliptin should be used with caution when treating patients aged > 80 years, as experience in this patient group is limited.

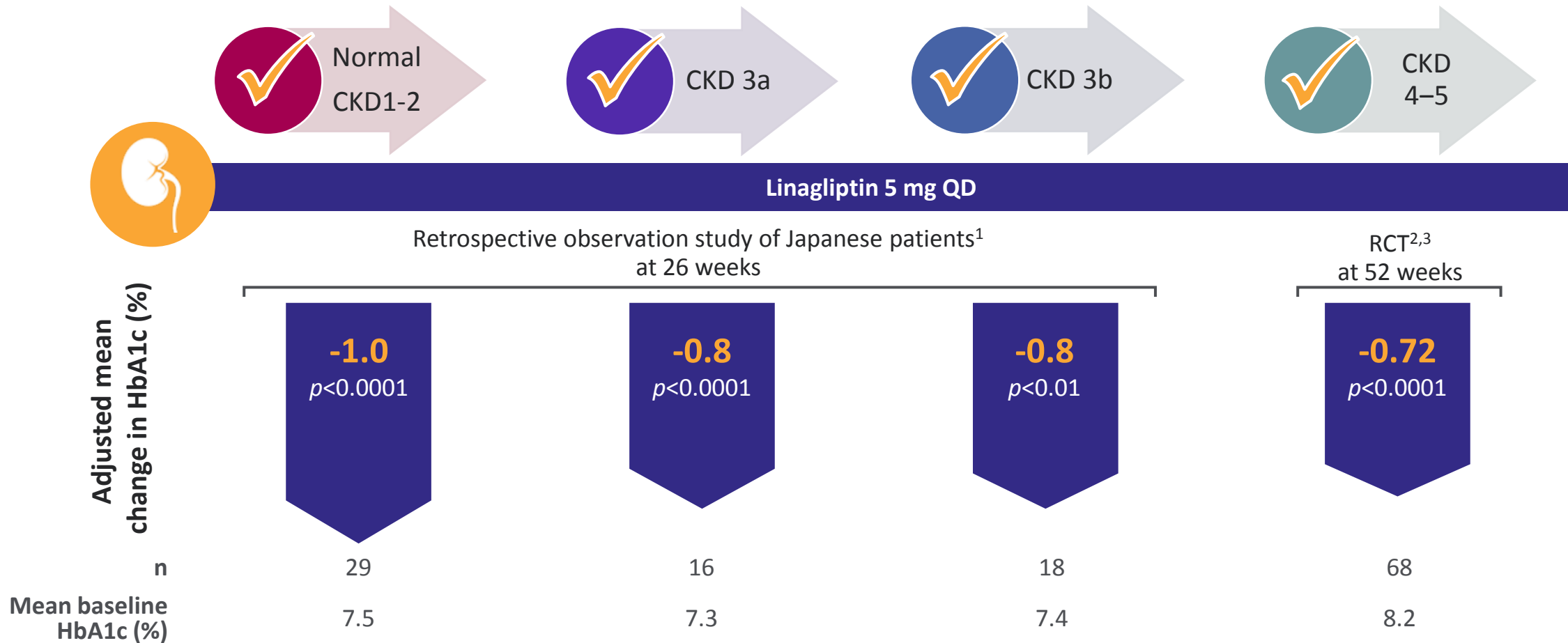
HbA_{1c}: glycated hemoglobin; Lina: linagliptin; Pbo: placebo; QD: once-daily

1. Patel S, et al. European Association for the Study of Diabetes 2011, 12-16 September 2011, Lisbon, Portugal; Poster P832; 2. TRAJENTA® Summary of Product Characteristics. June 2017.



The efficacy and safety of linagliptin remain consistent across all stages of kidney function in Japanese and overall population

Adjusted mean HbA1c change from baseline versus placebo by degree of kidney function

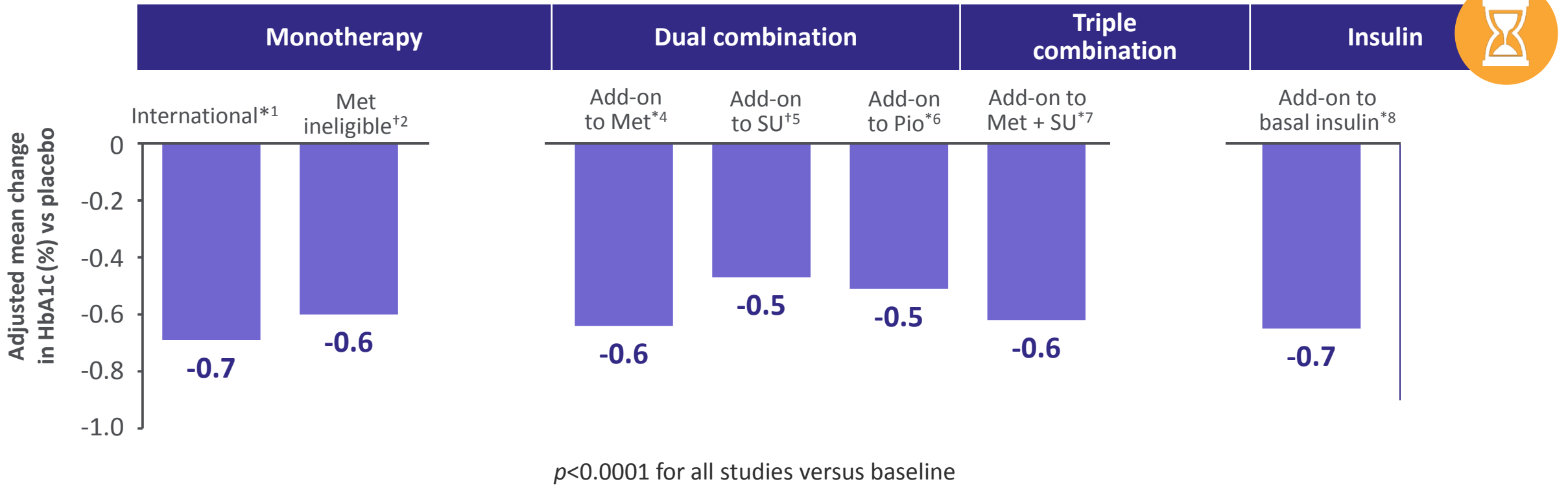


1. Ito H, et al. Expert Opin. Pharmacother. 2015;16(3); 289-296; 2. McGill JB et al. Diabetes Care 2013;36:237; 3. Boehringer Ingelheim and Eli Lilly. Trajenta® (linagliptin) Prescribing Information. 2017

Linagliptin demonstrates efficacy across different background therapy and disease duration



Adjusted mean HbA_{1c} change from baseline, placebo-corrected



Mean baseline HbA_{1c} (%)

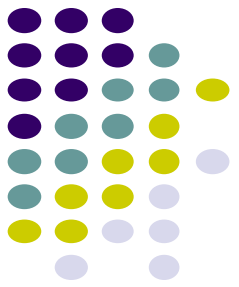
Treatment duration: *24 weeks. †18 weeks. ‡12 weeks

HbA_{1c}, glycated haemoglobin; Met, metformin; Pio, pioglitazone; SU, sulphonylurea

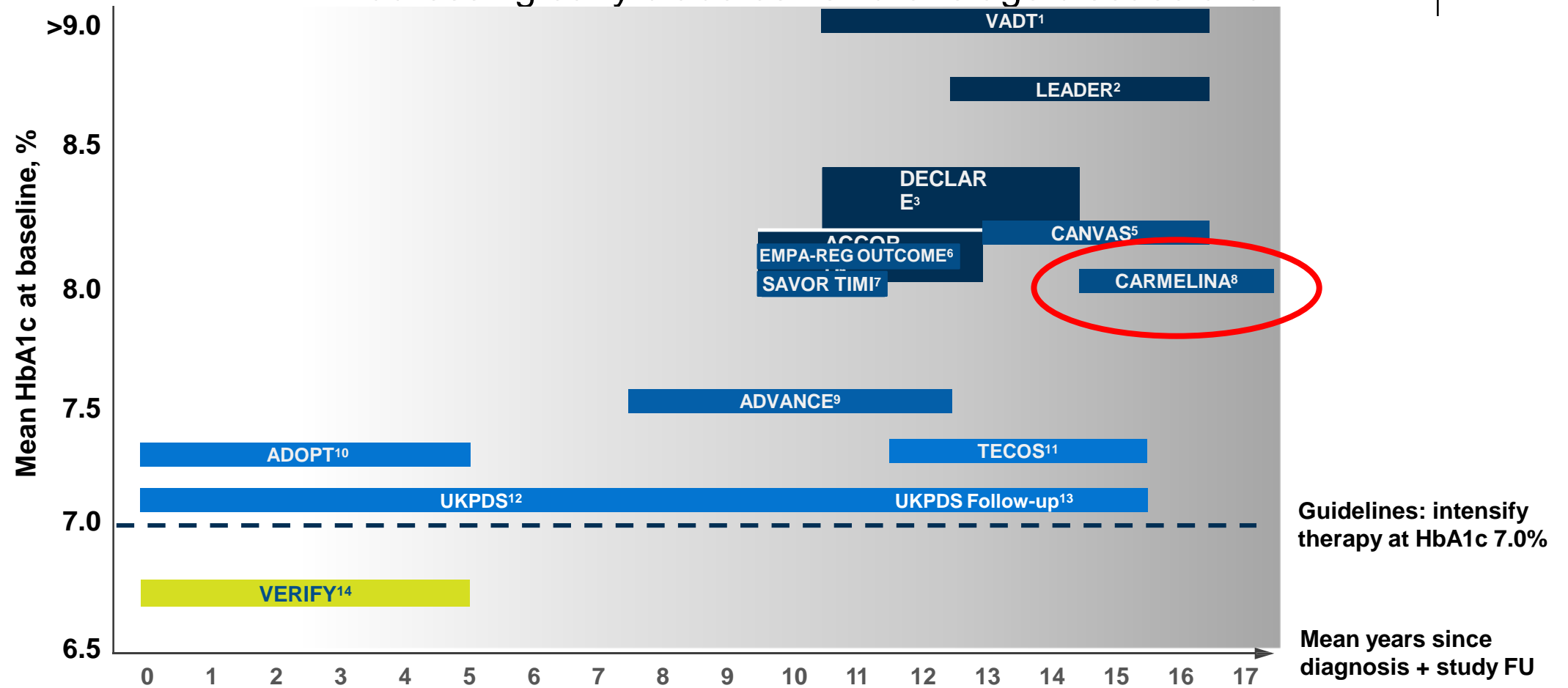
1. Del Prato S et al. *Diabetes Obes Metab* 2011;13:258; 2. Barnett AH et al. *Diabetes Obes Metab* 2012;14:1145; 3. Kawamori R et al. *Diabetes Obes Metab* 2012;14:348; 4. Taskinen MR et al. *Diabetes Obes Metab* 2011;13:65; 5. Lewin AJ et al. *Clin Ther* 2012;34:1909; 6. Gomis R et al. *Diabetes Obes Metab* 2011;13:653; 7. Owens DR et al. *Diabetic Med* 2011;28:1352; 8. Yki-Järvinen H et al. *Diabetes Care* 2013;36:3875; 9. *Diabetes Care*. 2013 Dec; 36(12): 3875–3881. 10.



Clinical trials by diabetes progression periods



- Addressing early diabetes vs. later stage disease and



1. Duckworth W, et al. N Engl J Med. 2009;360(2):129-39. 2. Marso SP, et al. N Engl J Med 2016;375:311-22. 3. Wiviott SD, et al. N Engl J Med 2019;380:347-57. 4. ACCORD Study Group. N Engl J Med. 2008;358(24):2545-59. 5. Neal B, et al. N Engl J Med 2017;377:644-57. 6. Zinman B, et al. N Engl J Med 2015;373:2117-28. 7. Scirica BM, et al. N Engl J Med 2013;369:1317-26. 8. Rosenstock J, et al. JAMA. 2019;321(1):69-79. 9. ADVANCE Collaborative Group. N Engl J Med. 2008;358(24):2560-72. 10. Kahn SE, et al. N Engl J Med 2006;355:2427-43. 11. Green JB, et al. N Engl J Med 2015;373:232-42. 12. The UKPDS Group. Lancet. 1998;352(9131):837-53. 13. Holman RR, et al. N Engl J Med. 2008;359(15):1577-89. 14. Matthews D, et al. Diabet Med. 2019;36:505-13.

More Evidence, More Confidence- CARMELINA[®] & CAROLINA[®]

	SAVOR-TIMI 53 ¹	EXAMINE ²	TECOS ³	CARMELINA ^{®4,5}	CAROLINA ^{®6,7}
DPP-4 inhibitor and comparator	Saxagliptin vs placebo	Alogliptin vs placebo	Sitagliptin vs placebo	Linagliptin vs placebo	Linagliptin vs <u>glimepiride</u>
Date results published	2013	2013	2015	2018	2019
No. of patients	16,492	5380	14,671	6,979	6,033
Key inclusion criteria	Pre-existing CVD or CV risk factors	History of ACS	Pre-existing CVD	High CV risk (established CV disease and/or CKD)	Pre-existing CVD or CV risk factors
Primary endpoint	3P-MACE	3P-MACE	4P-MACE	3P-MACE	3P-MACE
Key secondary endpoint	3P-MACE plus HHF, coronary revascularisation or unstable angina	3P-MACE or urgent revascularisation due to unstable angina ≤24 hours after hospital admission	3P-MACE	Composite renal endpoint (renal death, ESRD or sustained decrease of ≥40% in eGFR)	4P-MACE
Median follow-up	2.1 years	18 months	3.0 years	2.2 years	6.3 years

3P-MACE, 3-point major adverse cardiovascular events; 4P-MACE, 4-point major adverse cardiovascular events; ACS, acute coronary syndrome; CV, cardiovascular; CVD, cardiovascular disease; CVOT, cardiovascular outcomes trial; eGFR, estimated glomerular filtration rate; ESRD, end-stage renal disease; HHF, hospitalisation for heart failure; NA, not available

- Scirica BM *et al.* *N Engl J Med* 2013;369:1317; 2. White WB *et al.* *N Engl J Med* 2013;369:1327; 3. Green JB *et al.* *N Engl J Med* 2015;373:232;
- ClinicalTrials.gov NCT01243424; 5. CARMELINA[®] CTP. Doc No: c02155180-06. Data on file; 6. CAROLINA[®] CTP. Doc No: U10-2169-05. Data on file;
- Marx N *et al.* *Diab Vasc Dis Res* 2015;12:164



Together, CARMELINA[®] and CAROLINA[®] further expand the linagliptin experience with >13,000 patients assessed in clinical trials

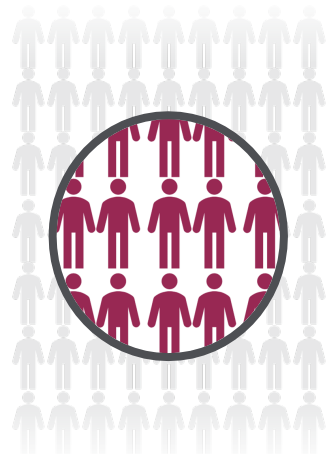


CARMELINA[®]1

N=6979

Patients with **established CV disease and/or CKD**

HbA_{1c} 6.5–10%



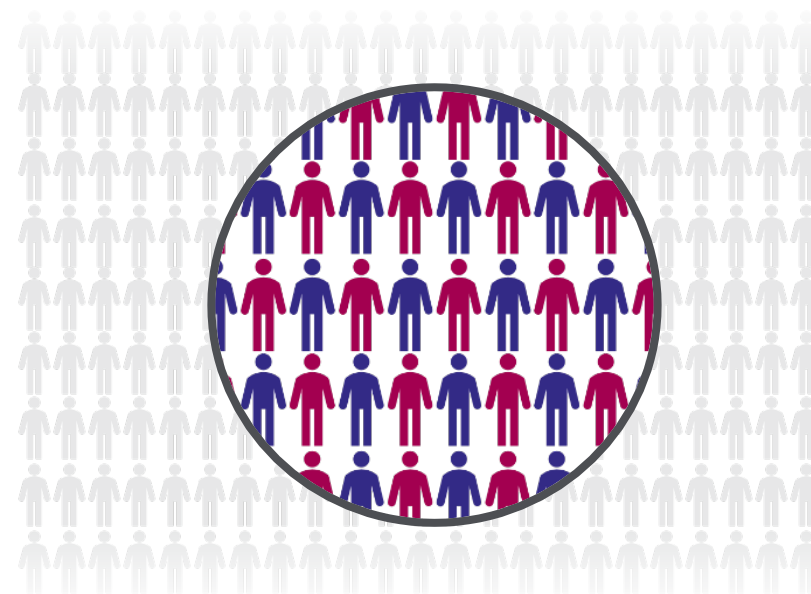
CAROLINA[®]2

N=6033

Patients **with relatively early T2D at increased CV risk**

HbA_{1c} 6.5–8.5%

A comprehensive CVOT programme demonstrating the long-term safety profile of linagliptin

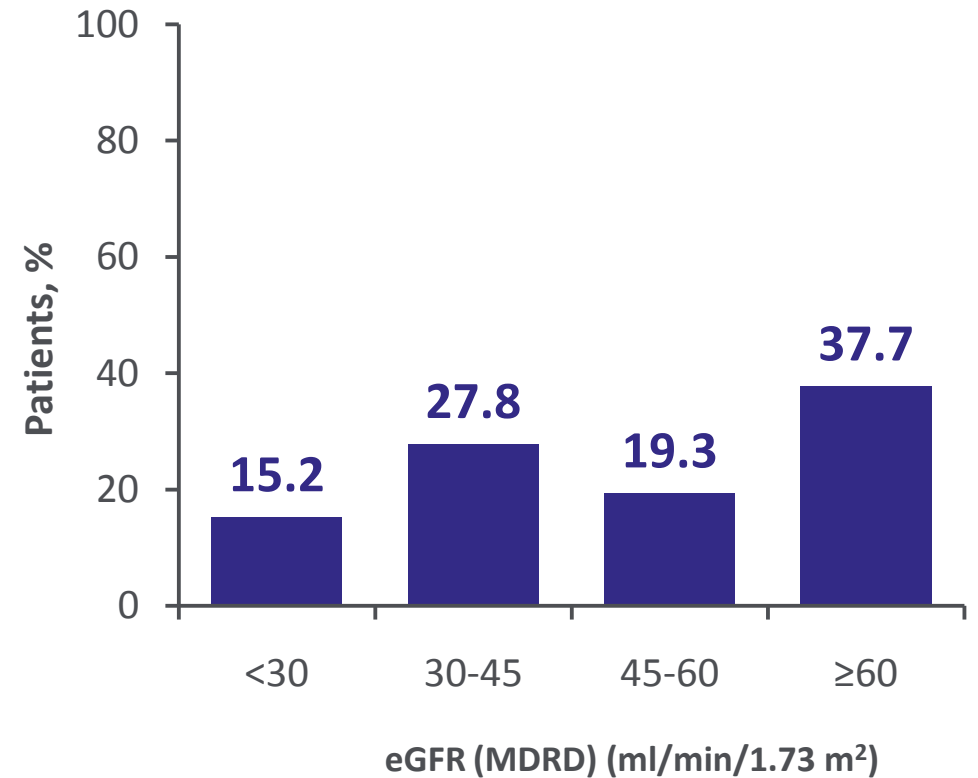
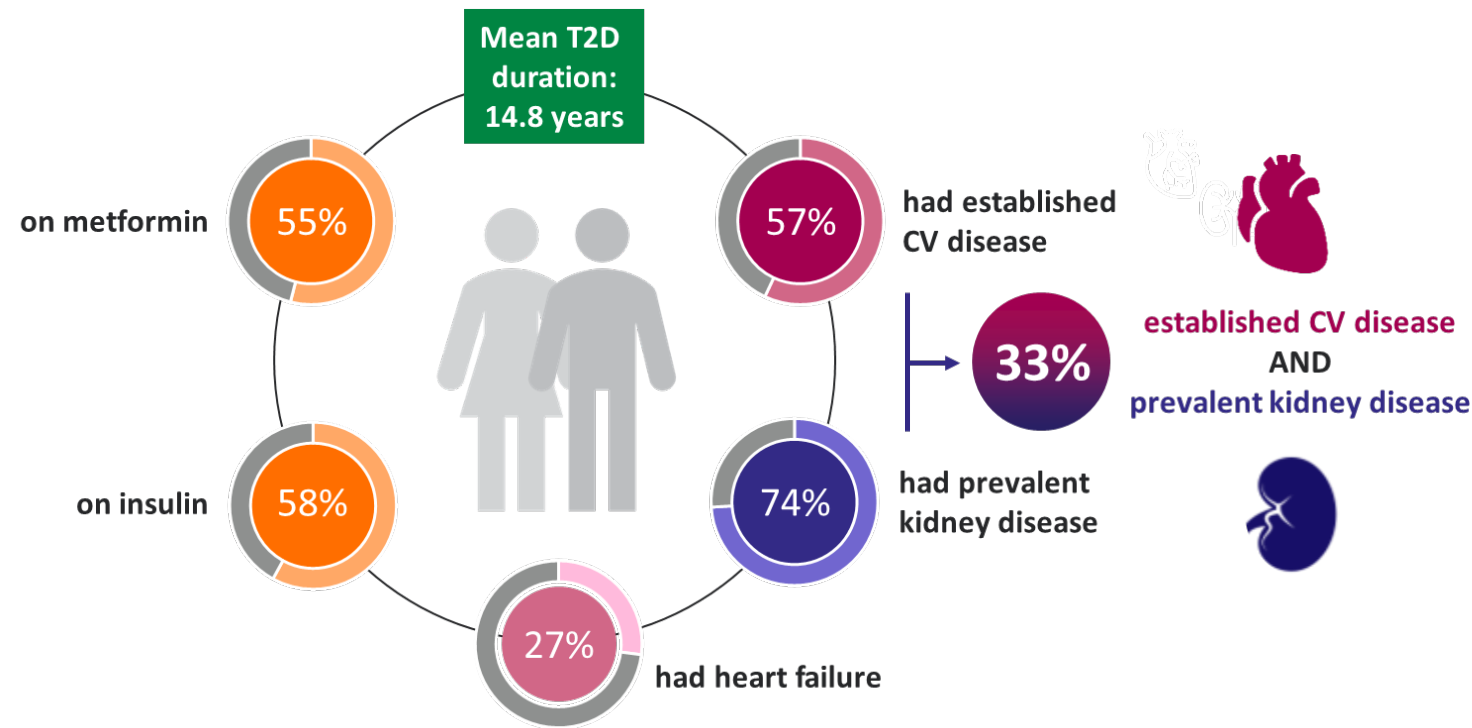


for a broad range of patients

CARMELINA[®] trial included patients typically seen in clinical practice

Patients had established CV and/or kidney disease

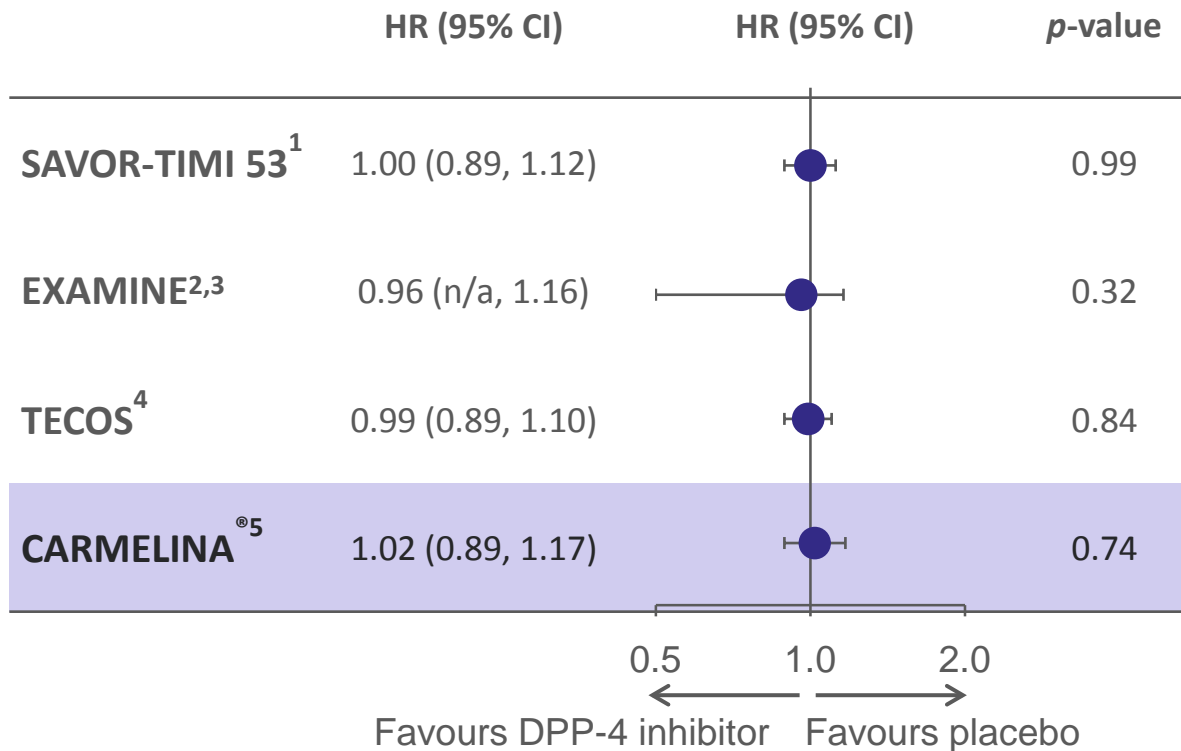
Broad kidney function at baseline¹



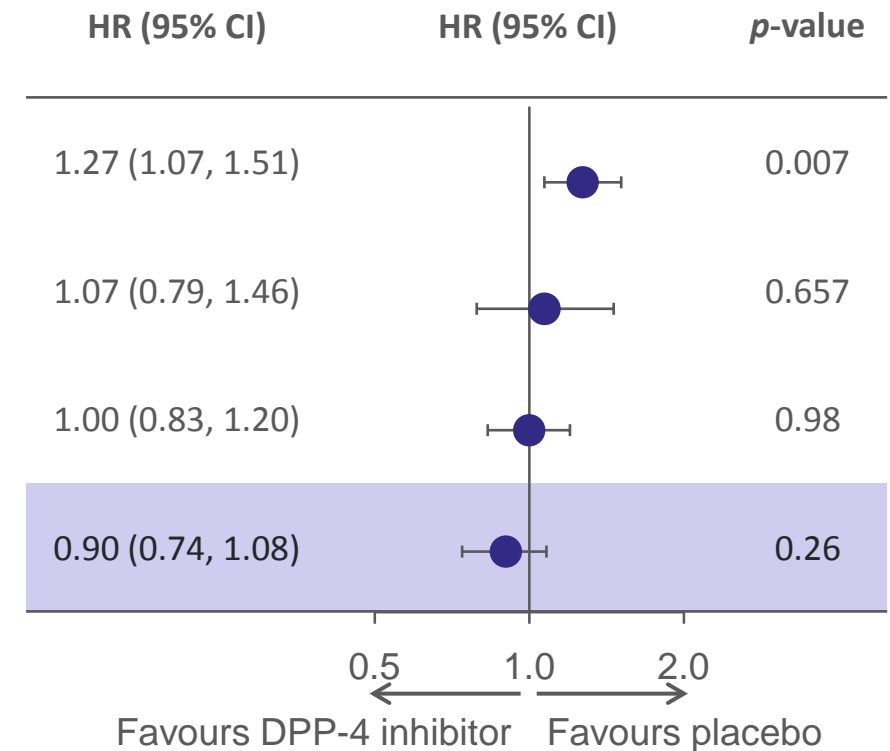
With CARMELINA[®], linagliptin shows a reassuring CV safety profile



3P-MACE



Hospitalization for HF



Direct comparison of trials should be interpreted with caution due to differences in study design, populations and methodology

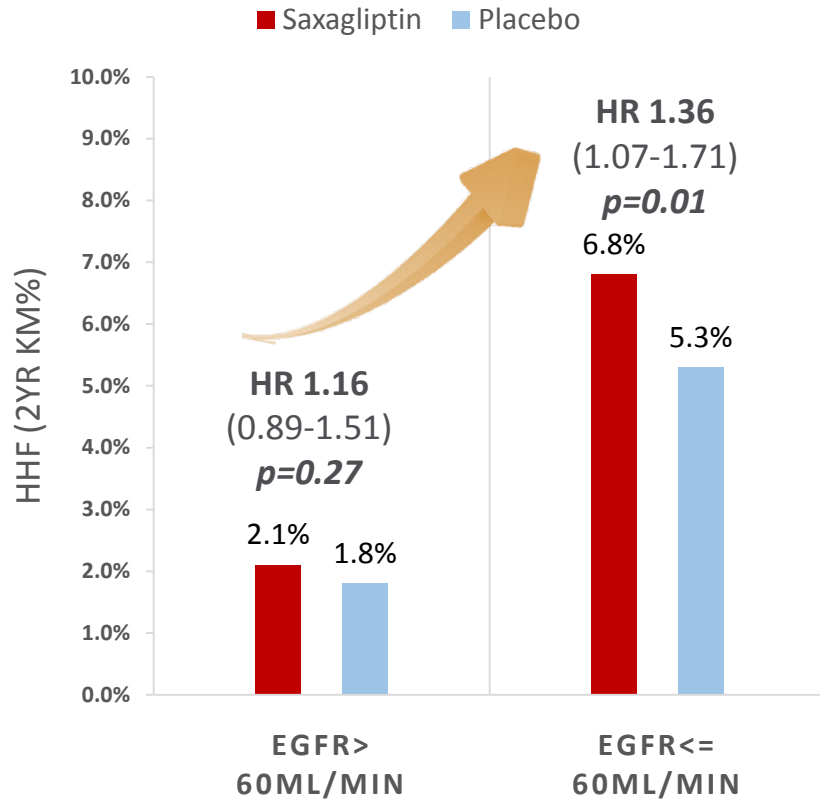
3P-MACE, 3-point major adverse CV events (CV death, non-fatal MI, non-fatal stroke); CV, cardiovascular; HF, heart failure

1. Scirica BM *et al. N Engl J Med* 2013;369:1317; 2. White WB *et al. N Engl J Med* 2013;369:1327; 3. Zannad F *et al. Lancet* 2015;385:2067-76;

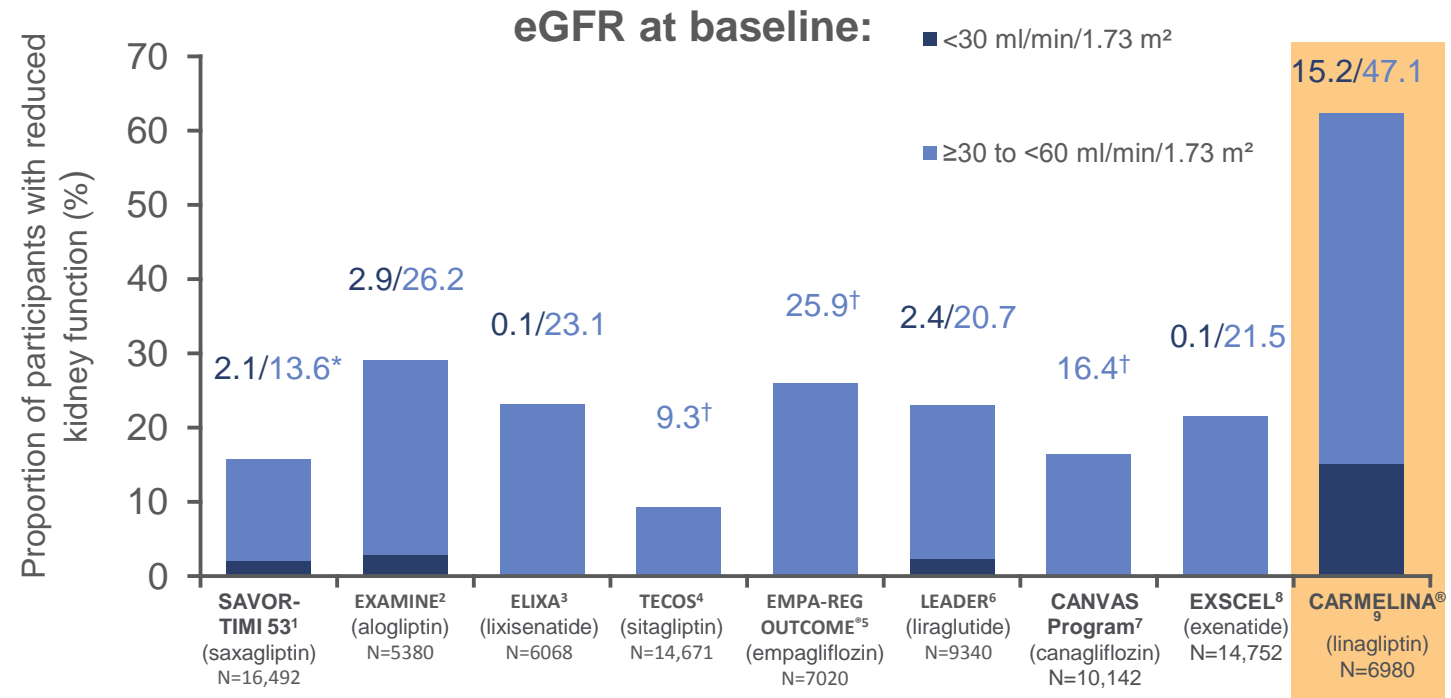
4. Green JB *et al. N Engl J Med* 2015;373:232; 5. Rosenstock J *et al. JAMA* 2018; doi: 10.1001/jama.2018.18269

Proportion of CVOT populations with reduced kidney function at baseline (eGFR <60 ml/min/1.73 m²)

- In SAVOR study, with decrease of eGFR, **the risk of HHF will significantly increase.**



- In CARMELINA[®], 62.3% of patients had an eGFR <60 ml/min/1.73 m², compared with 9.3% to 29.1% of patients in other CVOTs¹⁻⁹



*eGFR ≥30 to <50 ml/min/1.73 m²; [†]Trial excluded patients with eGFR <30 ml/min/1.73 m²

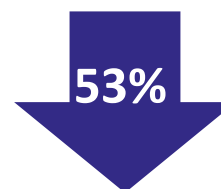
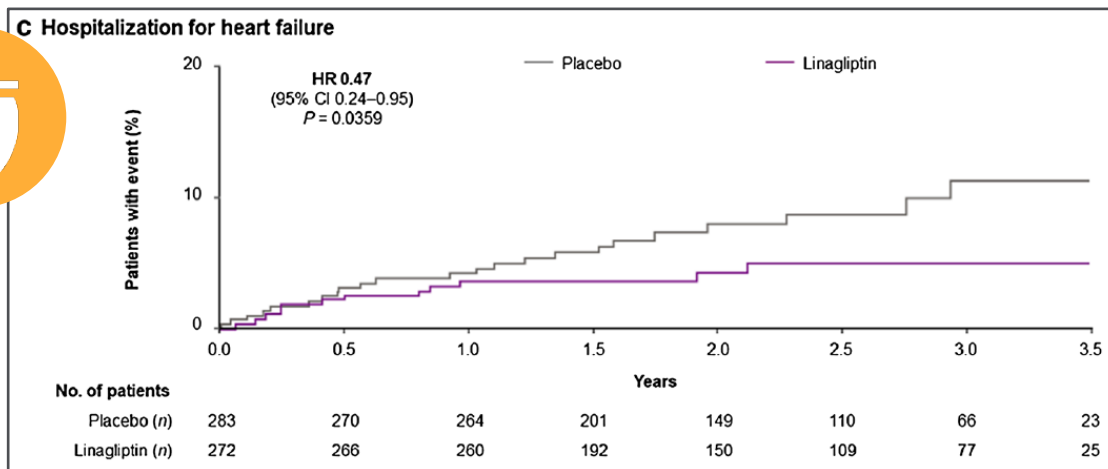
CVOT, cardiovascular outcomes trial; eGFR, estimated glomerular filtration rate

1. Scirica BM et al. *N Engl J Med* 2013;369:1317; 2. White WB et al. *N Engl J Med* 2013;369:1327 (supplementary appendix); 3. Pfeffer MA et al. *N Engl J Med* 2015;373:2247 (supplementary appendix); 4. Green JB et al. *N Engl J Med* 2015;373:232 (supplementary appendix); 5. Zinman B et al. *N Engl J Med* 2015;373:2117 (supplementary appendix); 6. Marso SP et al. *N Engl J Med* 2016;375:311; 7. Neal B et al. *Diabetes Obes Metabol* 2017;19:926; 8. Holman RR et al. *N Engl J Med* 2017;377:1228

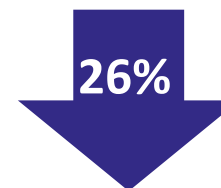
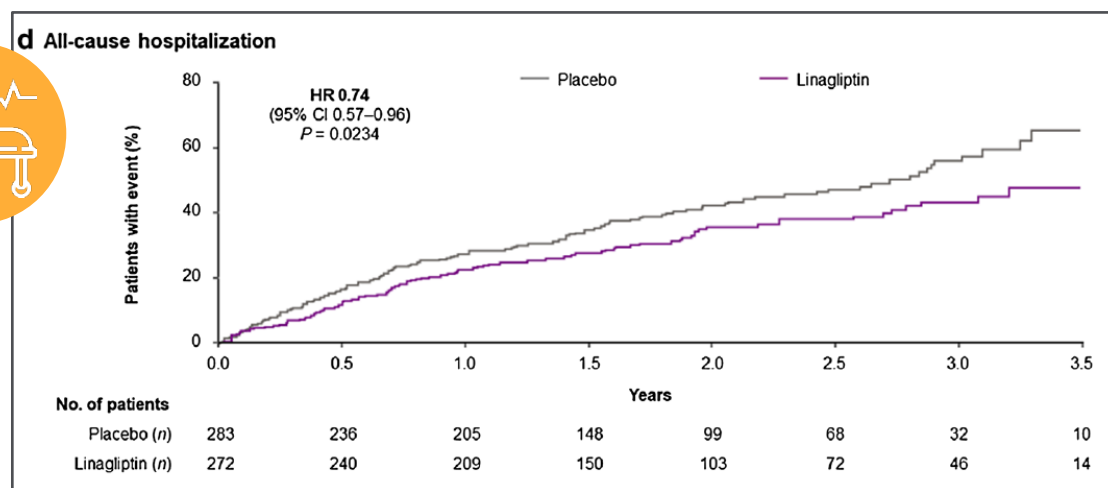
CARMELINA Asian subgroup



- Time to first occurrence of hospitalisation for heart failure – Asian population (N=555)



risk reduction of **hospitalization for heart failure**

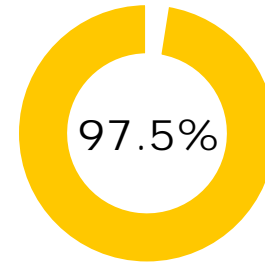
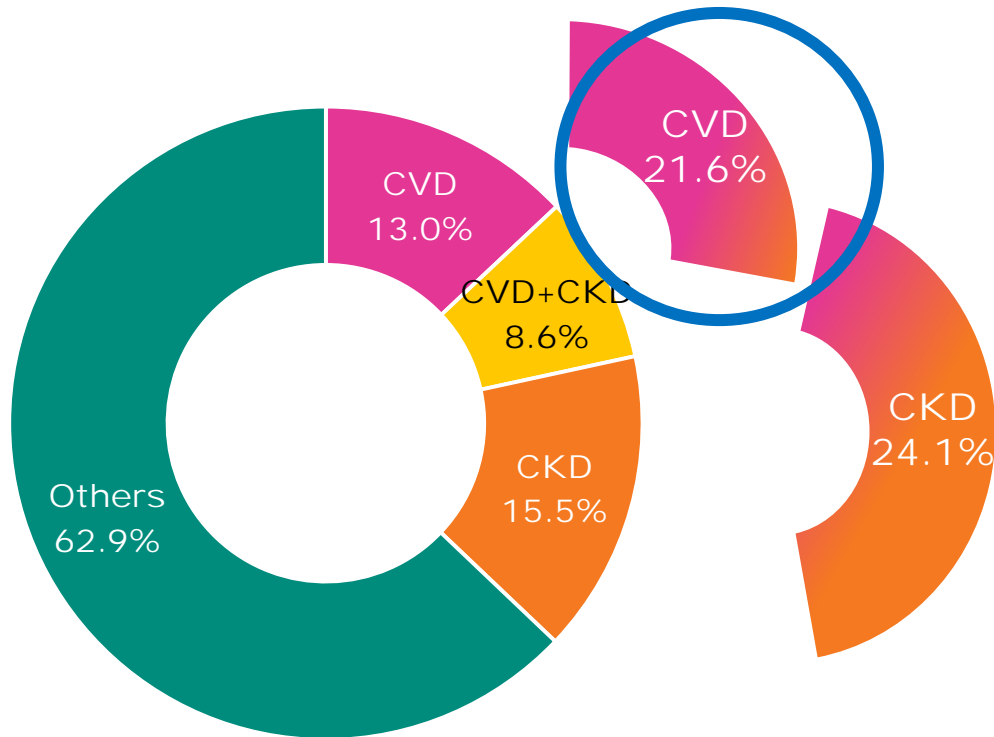


risk reduction of **all-cause hospitalization**

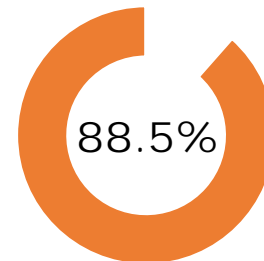


Cross-sectional—有心腎共病

A retrospective study of T2DM patients via Q-EMR from 2014 to 2015



had ≥ 1 comorbid condition



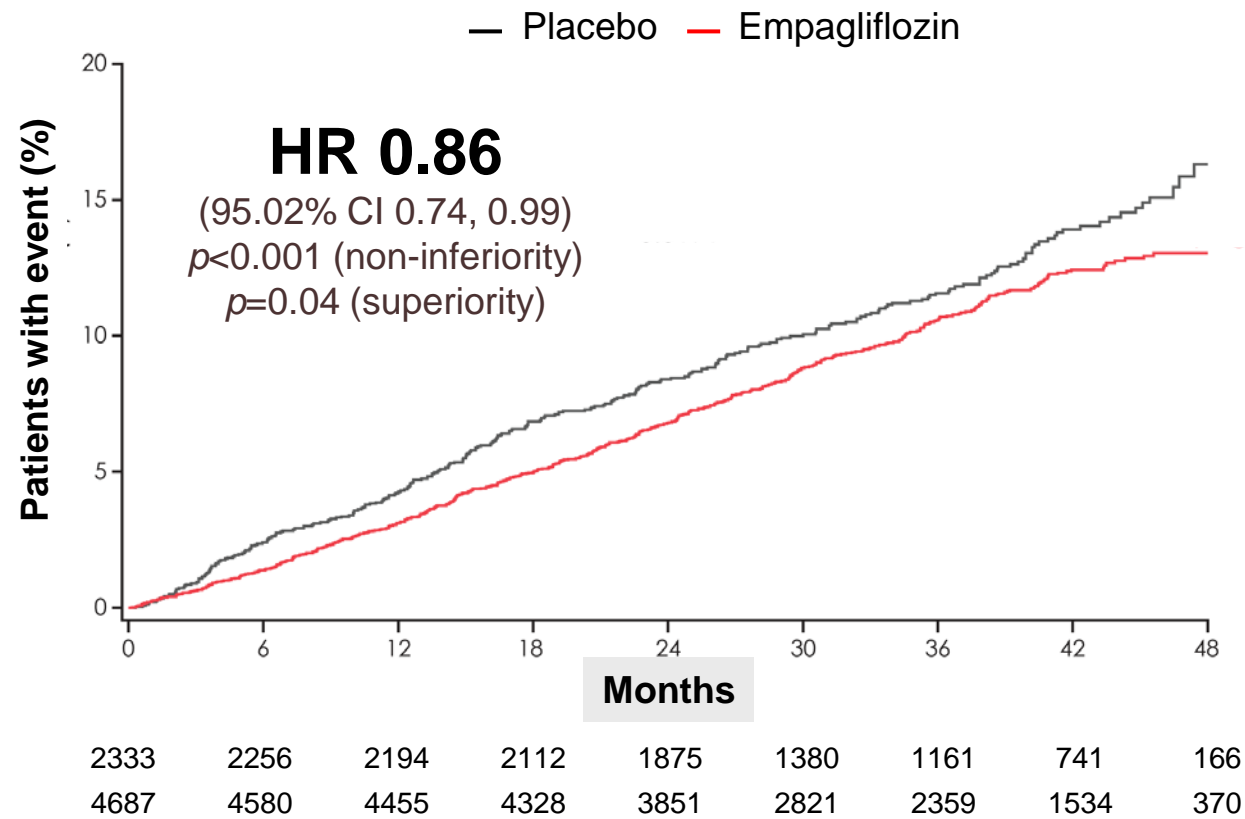
had ≥ 2 comorbid condition

Q-EMR, Quintiles Electronic Medical Record (EMR) research database
Iglay K, et al. *Curr Med Res Opin* 2016 Jul;32(7):1243-52.

2015 EMPA-REG OUTCOME

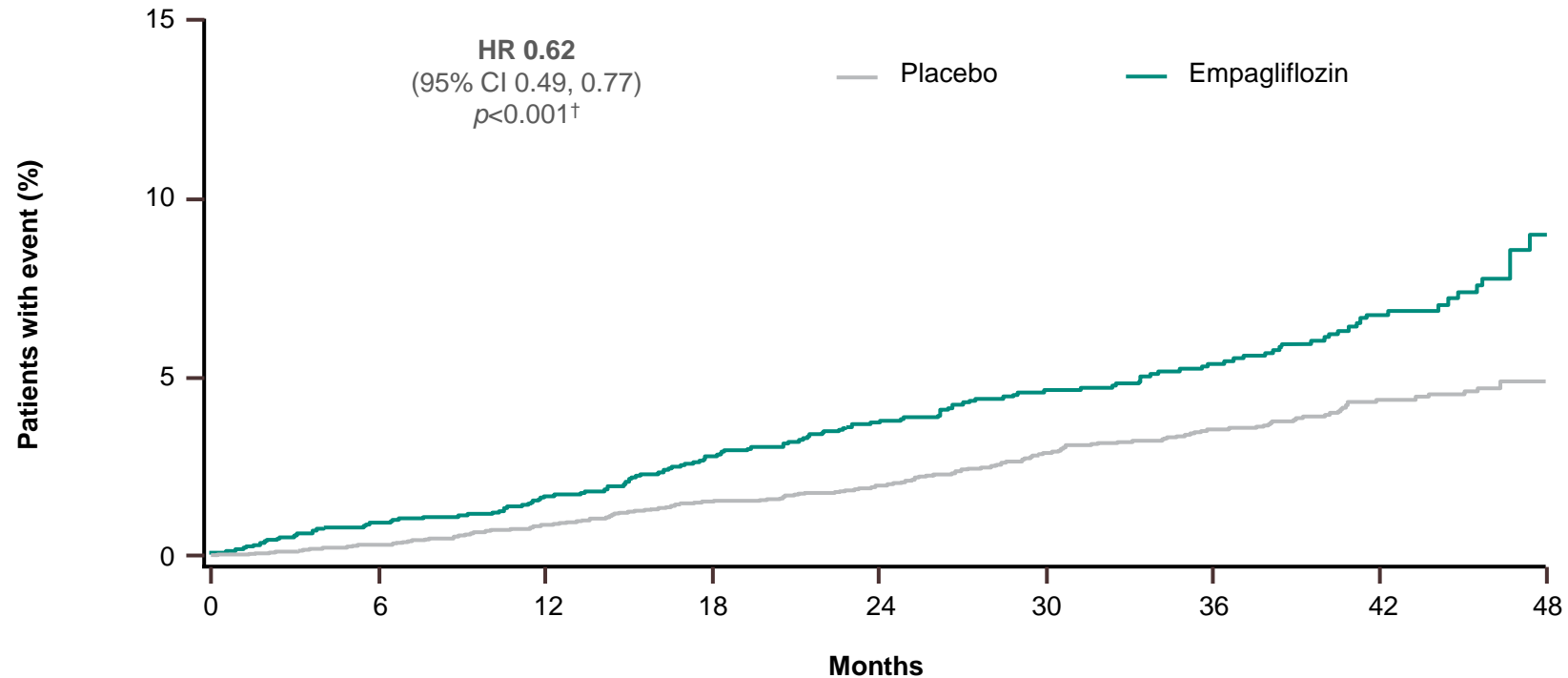
是第一個證實在ASCVD族群中，能夠降低主要心血管事件的 SGLT2i

Empagliflozin demonstrated a 14% relative risk reduction in 3P-MACE on top of standard of care



RRR for 3P-MACE: 14%; ARR for 3P-MACE: 1.6%. Absolute rates 10.5% (empagliflozin) vs 12.1% (placebo). Cumulative incidence function
3P-MACE, 3-point major adverse cardiovascular events; ARR, absolute risk reduction; CV, cardiovascular; MI, myocardial infarction;
RRR, relative risk reduction
Zinman B *et al.* *N Engl J Med* 2015;373:2117; Zinman B. *EASD* 2015; oral presentation

能降低38%心血管死亡風險



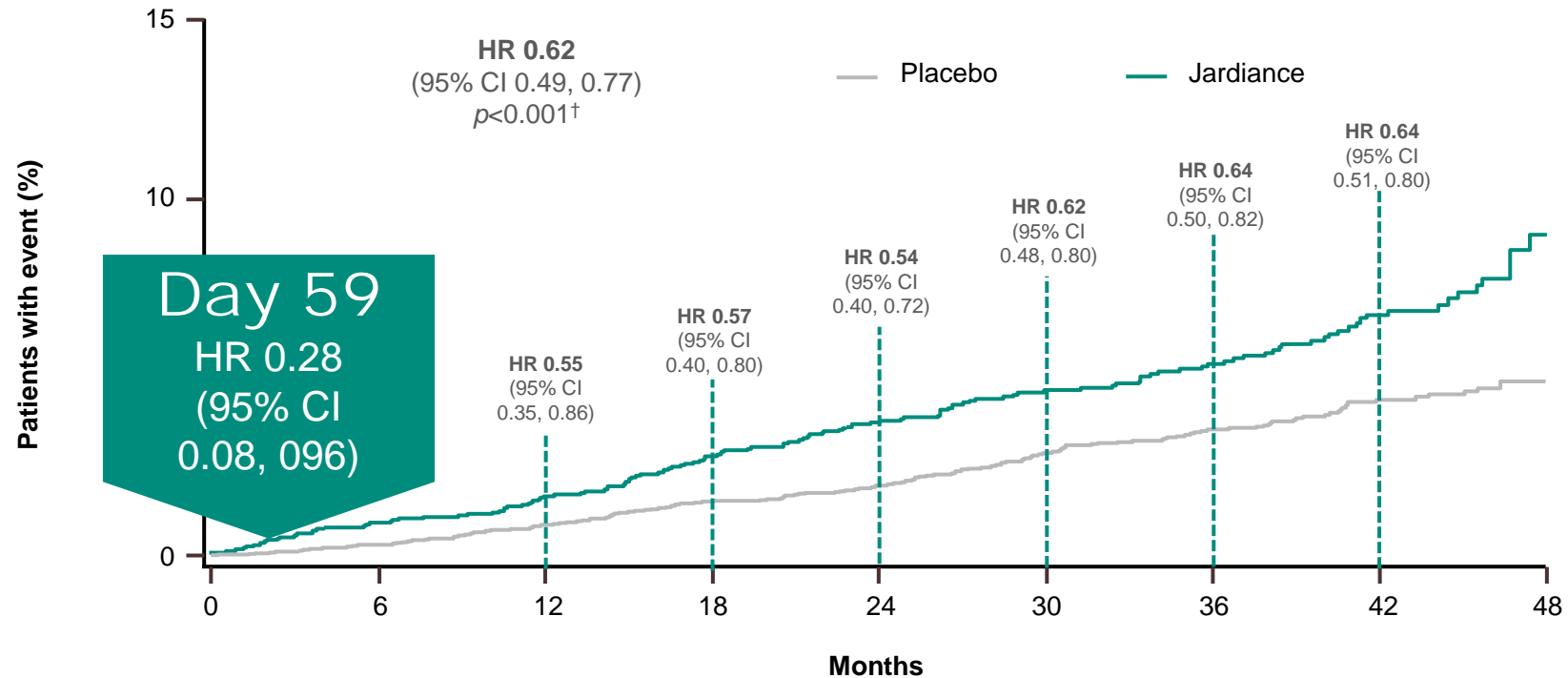
38%
RRR

No. at risk

	0	6	12	18	24	30	36	42	48
Placebo	2333	2303	2280	2243	2012	1503	1281	825	177
Empagliflozin	4687	4651	4608	4556	4128	3079	2617	1722	414

Pooled empagliflozin 10 mg and 25 mg data shown
 *On top of standard of care; †Nominal p -value
 CV, cardiovascular; RRR, relative risk reduction; T2D, type 2 diabetes
 Zinman B *et al.* *N Engl J Med* 2015;373:2117

在試驗第 59 天就可以降低病患心血管死亡的風險



38%
RRR

No. at risk

	0	6	12	18	24	30	36	42	48
Placebo	2333	2303	2280	2243	2012	1503	1281	825	177
Empagliflozin	4687	4651	4608	4556	4128	3079	2617	1722	414

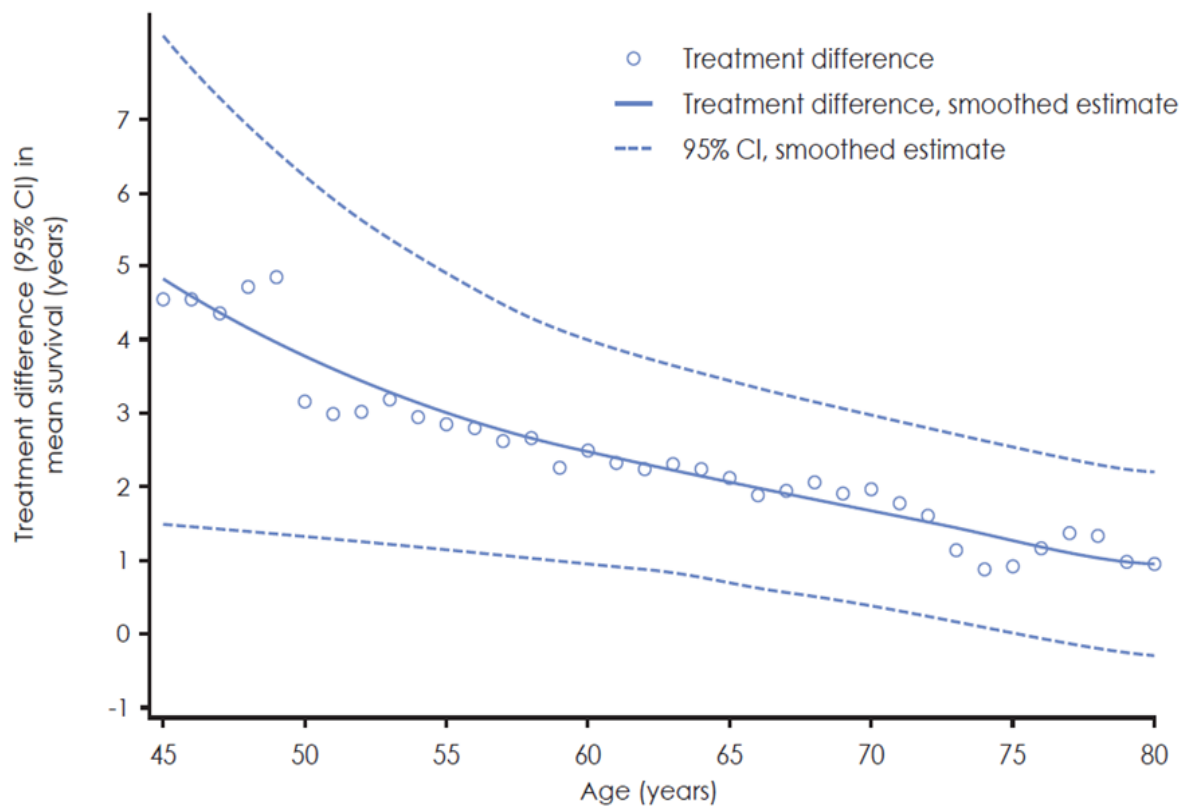
Pooled empagliflozin 10 mg and 25 mg data shown

*On top of standard of care; † Nominal p -value

CV, cardiovascular; RRR, relative risk reduction; T2D, type 2 diabetes

Zinman B *et al.* *N Engl J Med* 2015;373:2117; Fitchett D *et al.* *J Am Coll Cardiol* 2018;71:364; Verma S, *et al.* ADA 2020, OR-28;

降低 38% CV death 的在臨床效益將能增進病患疾病控制與預後 若 45 歲 ASCVD 的病人使用 Jardiance® 將能延長 4.5 年預期壽命



- Differences in estimated mean years of survival with empagliflozin vs placebo ranged from 1 to nearly 5 years.
- Estimated mean survival:

Age, years	Mean survival, years		Difference, years	P value
	Empagliflozin	Placebo		
45	32.1	27.6	4.5	0.007
50	28.5	25.4	3.1	0.005
60	21.8	19.2	2.5	0.001
70	14.8	12.8	2.0	0.003
80	7.7	6.7	1.0	0.13

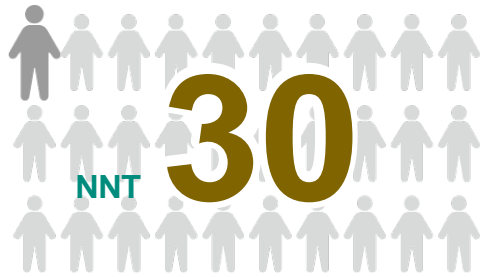
1. Claggett B et al. Circulation, 2018; 138: 1599-1601

† The estimated increased survival of 2.5 years in 60-year-old patient is based on modelling of all-cause mortality results beyond the observation period in EMPA-REG OUTCOME using the time-to-event date for patients of the respective age and assuming that beneficial effects of empagliflozin will remain consistent with long-term use

在有 Statin 和 ACEi 為標準治療的情況下 使用 Jardiance® 治療 39 位ASCVD病患就能預防一個病患死亡 (平均追蹤3.1年)

4S¹

Simvastatin for 5.4 years



In high CV risk
5% diabetes,
26% hypertension

HOPE²

Ramipril for 5 years



In high CV risk
38% diabetes,
46% hypertension



Empagliflozin for 3.1 years



T2D with established
CV disease (CAD, PAD, MI or
stroke)
on top of standard of care

pre-ACEis/ARBs era

> 80% ACEis/ARBs

pre-statis era

< 29% statins

> 75% statins

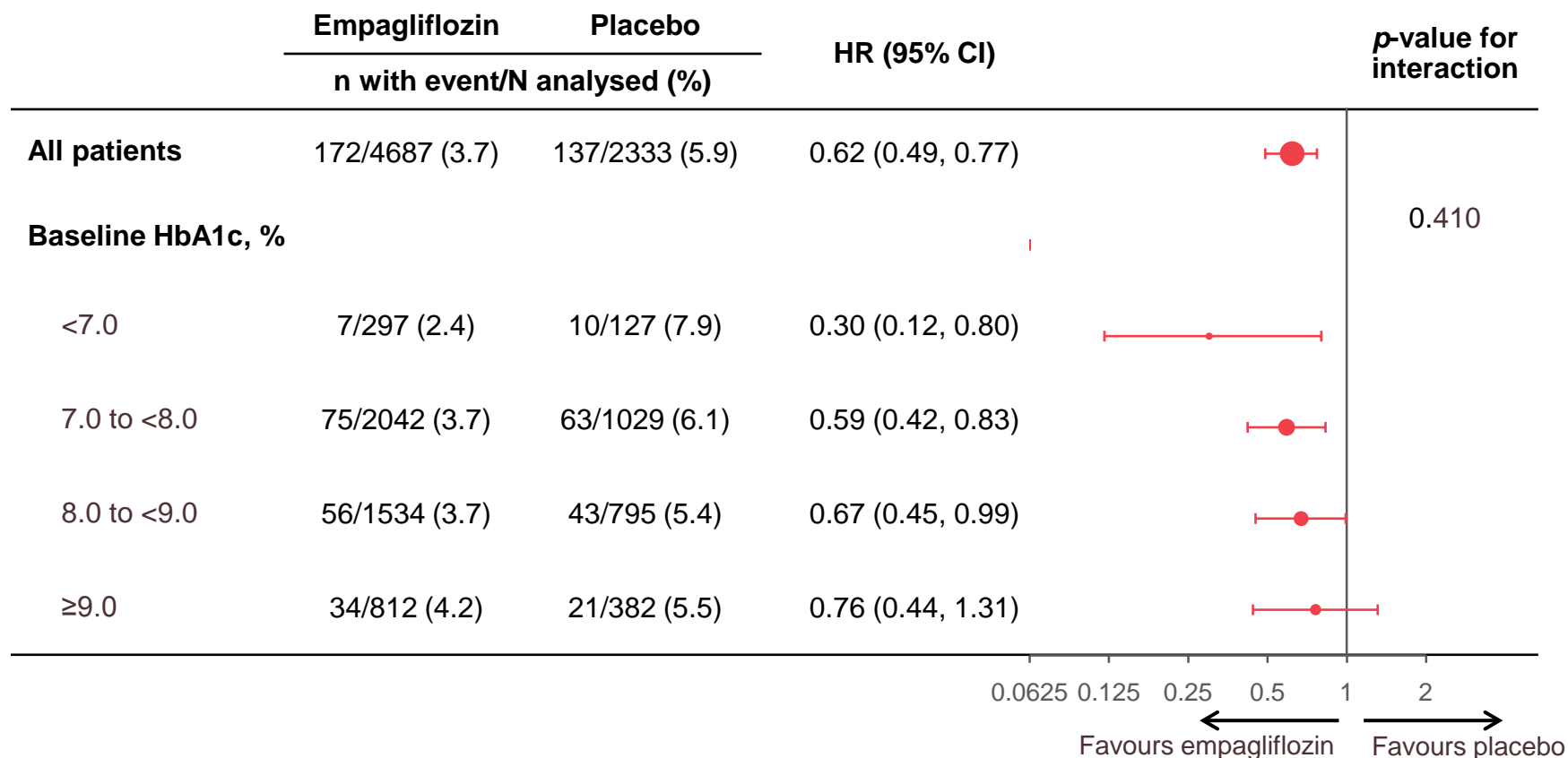
1994

2000

2015

ACEi, angiotensin-converting-enzyme inhibitor; ARB, angiotensin II receptor blocker; CAD, cardiovascular artery disease; MI, myocardial infarction; NNT, number needed to treat; PAD peripheral artery disease.
1. 4S group. Lancet. 1994;344:1383-89. 2. HOPE investigators. N Engl J Med. 2000;342:145-53. 3. Zinman B et al. N Engl J Med. 2015;373:2117-28.

不論病人 baseline HbA1c 高或是低 使用 Jardiance[®] 都能降低心血管死亡風險



Post hoc analysis. Cox regression analysis in patients treated with ≥1 dose of study drug; *p*-values relate to tests of the homogeneity of treatment group differences among subgroups (test for treatment by subgroup interaction), with no adjustment for multiple tests

CV, cardiovascular; HbA1c, glycated haemoglobin

Inzucchi S *et al. Circulation* 2018;138:1904

不論病人 baseline 的心血管疾病 使用 Jardiance® 都能降低心血管死亡風險

	Empagliflozin	Placebo	HR (95% CI)	p-value for interaction
	n with event/N analysed (%)			
All patients	172/4687 (3.7)	137/2333 (5.9)	0.62 (0.49, 0.77)	
Single vessel coronary artery disease				0.65
No	152/4189 (3.6)	124/2094 (5.9)	0.61 (0.48, 0.77)	
Yes	20/498 (4.0)	13/238 (5.5)	0.72 (0.36, 1.45)	
Multi-vessel coronary artery disease				0.33
No	101/2508 (4.0)	71/1233 (5.8)	0.68 (0.50, 0.93)	
Yes	71/2179 (3.3)	66/1100 (6.0)	0.55 (0.39, 0.76)	
History of MI				0.67
No	71/2497 (2.8)	55/1250 (4.4)	0.65 (0.46, 0.93)	
Yes	101/2190 (4.6)	82/1083 (7.6)	0.59 (0.44, 0.79)	
History of CABG				0.40
No	137/3512 (3.9)	105/1770 (5.9)	0.65 (0.51, 0.84)	
Yes	35/1175 (3.0)	32/563 (5.7)	0.52 (0.32, 0.84)	
Peripheral artery disease				0.67
No	128/3704 (3.5)	101/1853 (5.5)	0.64 (0.49, 0.82)	
Yes	44/982 (4.5)	36/479 (7.5)	0.57 (0.37, 0.88)	
History of stroke				0.56
No	125/3603 (3.5)	93/1779 (5.2)	0.65 (0.50, 0.85)	
Yes	47/1084 (4.3)	44/553 (8.0)	0.56 (0.37, 0.85)	
Heart failure*				0.56
No	134/4225 (3.2)	110/2089 (5.3)	0.60 (0.47, 0.77)	
Yes	38/462 (8.2)	27/244 (11.1)	0.71 (0.43, 1.16)	
History of atrial fibrillation†				0.56
No	151/4440 (3.4)	116/2191 (5.3)	0.64 (0.50, 0.81)	
Yes	21/247 (8.5)	21/142 (14.8)	0.52 (0.29, 0.96)	



Cox regression analysis in patients treated with ≥ 1 dose of study drug; p-values for interaction of subgroup by treatment are presented

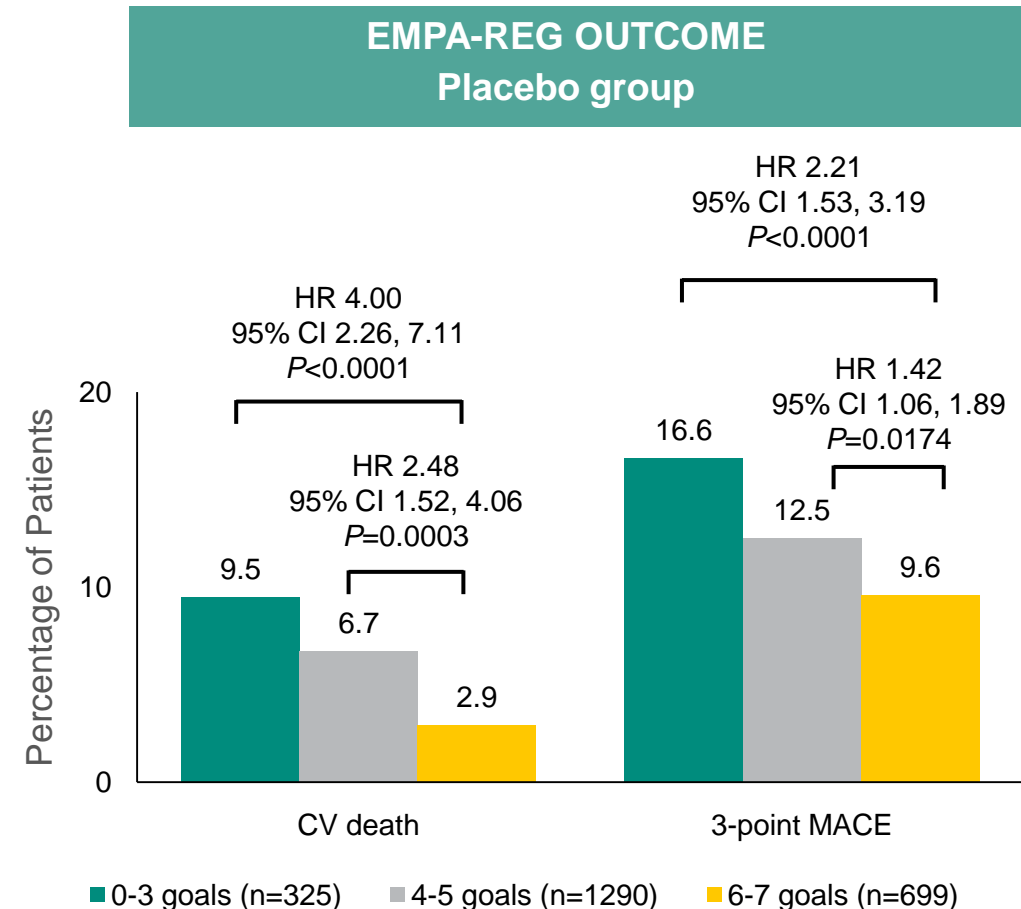
*Based on narrow standardised MedDRA query 'cardiac failure'; †Based on one MedDRA preferred term

CABG, coronary artery bypass graft; CV, cardiovascular; MI, myocardial infarction

Fitchett D *et al.* *J Am Coll Cardiol* 2018;71:364; Zinman B *et al.* *AHA* 2016; poster S2044

心血管危險因子的控制與病患發生主要心血管事件與死亡率息息相關

- Patients were categorised by baseline attainment of the following CV risk factor **goals**:
 1. HbA1c <7.5%
 2. Normoalbuminuria
 3. LDL-C <100 mg/dl or statin use
 4. Aspirin use
 5. SBP <140 mmHg and DBP <90 mmHg
 6. Non-smoking status
 7. ACE inhibitor/ARB use

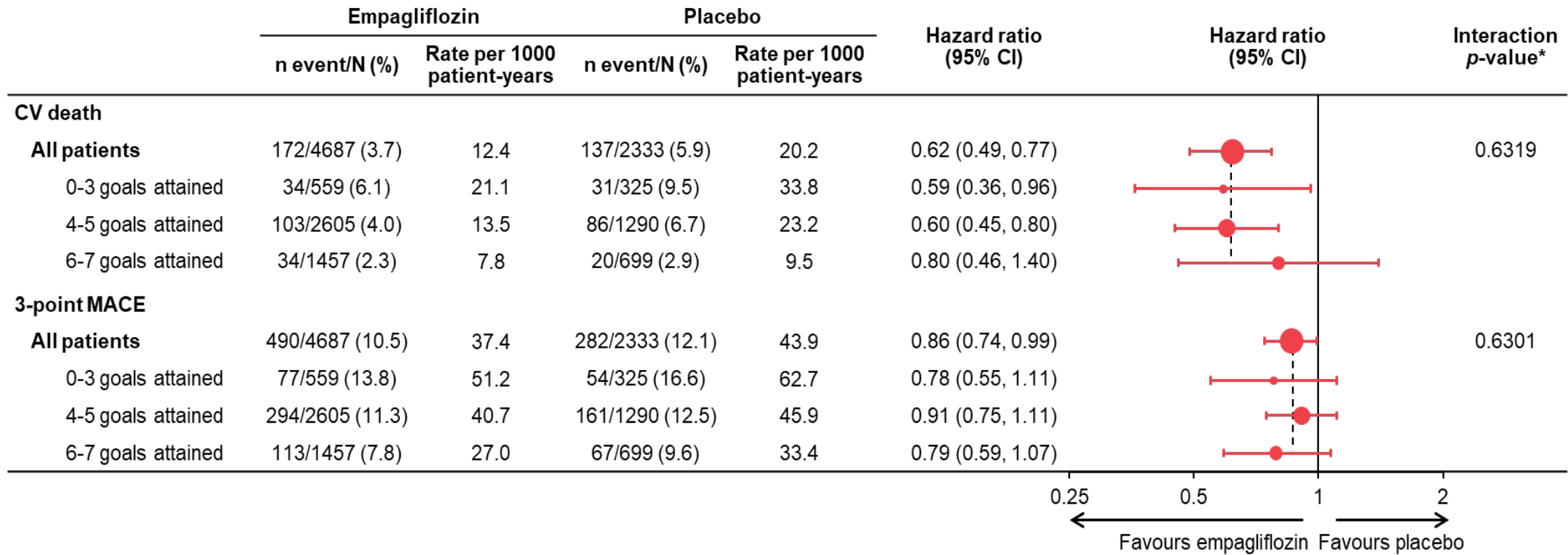


Cox regression analysis in patients treated with ≥ 1 dose of study drug with terms for age, sex, BMI, HbA1c, eGFR, region, CV risk factors goal attainment. *Excludes fatal stroke 3-point MACE, CV death, non-fatal myocardial infarction, or non-fatal stroke; BMI, body mass index; CV, cardiovascular; eGFR, estimated glomerular filtration rate; HbA1c, glycated haemoglobin; HHF, hospitalisation for heart failure; MACE, major adverse CV events

Source: Inzucchi S, *et al.* *J Clin Endocrinol Metab* 2020; Jun 2. doi: 10.1210/clinem/dgaa321. Online ahead of print

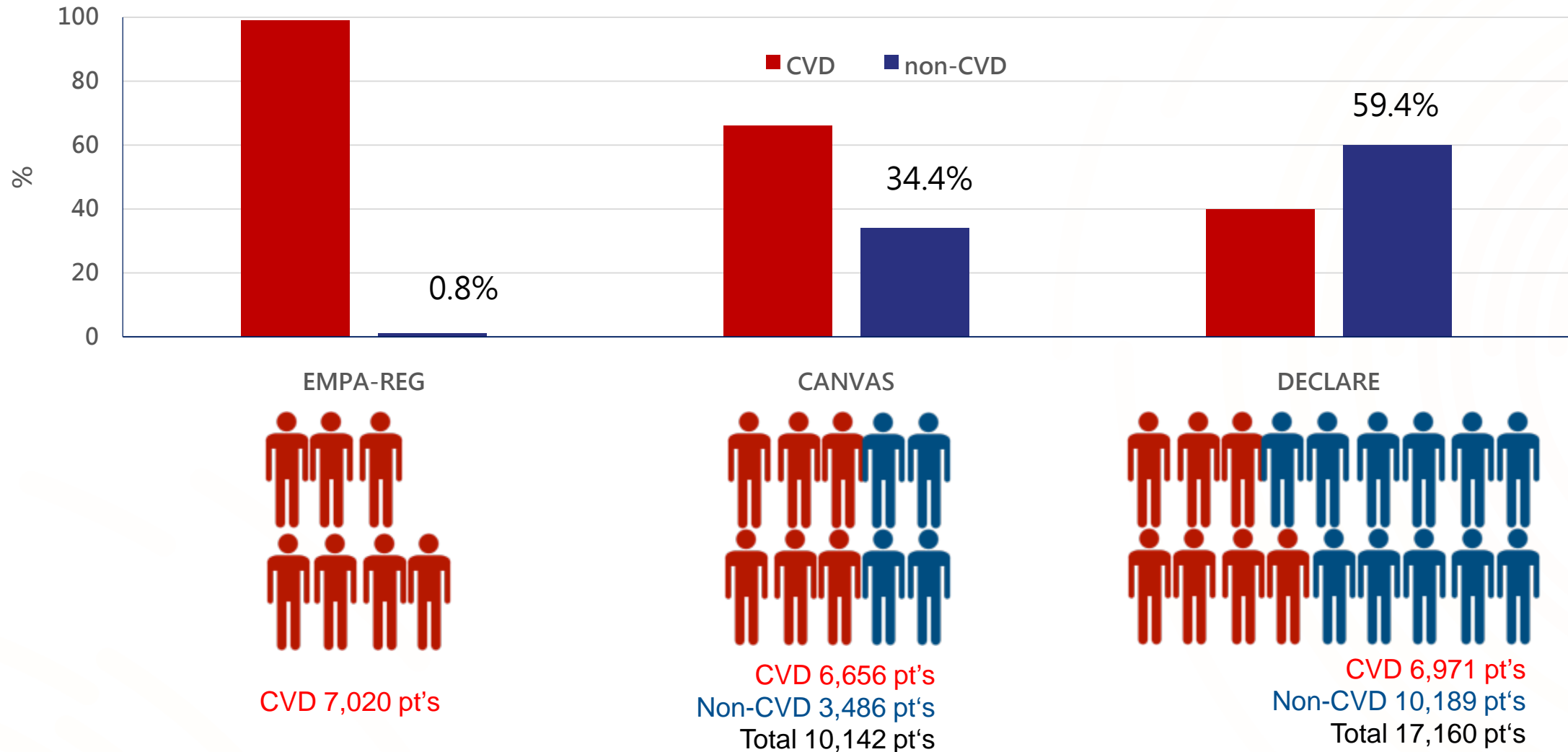


不論病人達成幾項心血管風險控制目標 使用Jardiance® 皆能降低心血管事件



Cox regression analysis in patients treated with ≥ 1 dose of study drug with terms for age, sex, body mass index, HbA1c, eGFR, region, treatment, CV risk factors goal attainment, and treatment by CV risk factors goal attainment interaction; 85 patients (66 empagliflozin, 19 placebo) were missing CV risk factors goal attainment data at baseline; *p*-value relates to test of homogeneity of treatment group differences among subgroups (test for treatment by subgroup interaction) without adjustment for multiple testing. *Excludes fatal stroke. 3-point MACE, CV death, non-fatal myocardial infarction, or non-fatal stroke; CV, cardiovascular; eGFR, estimated glomerular filtration rate; HbA1c, glycated haemoglobin; HHF, hospitalisation for heart failure
 Source: Inzucchi S, *et al. J Clin Endocrinol Metab* 2020; Jun 2. doi: 10.1210/clinem/dgaa321. Online ahead of print

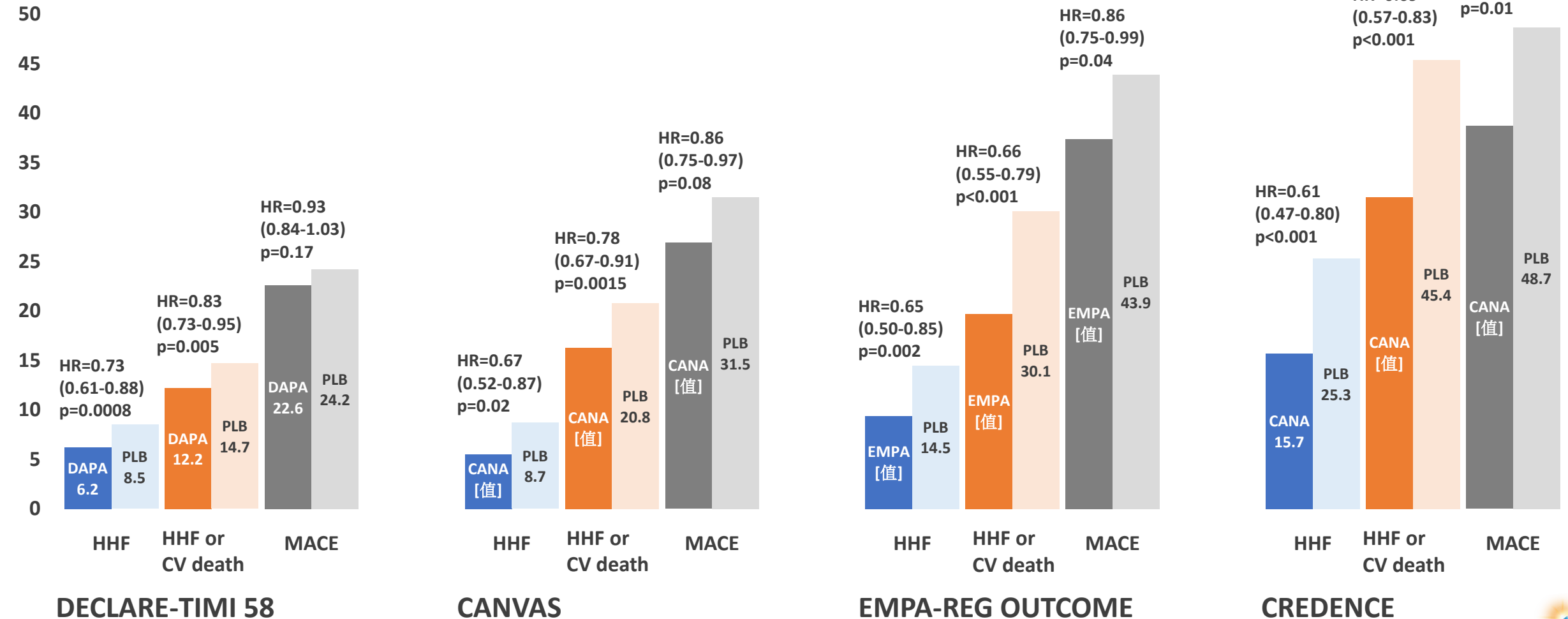
CVD and Non-CVD proportion in 3 CVOTs of SGLT2i



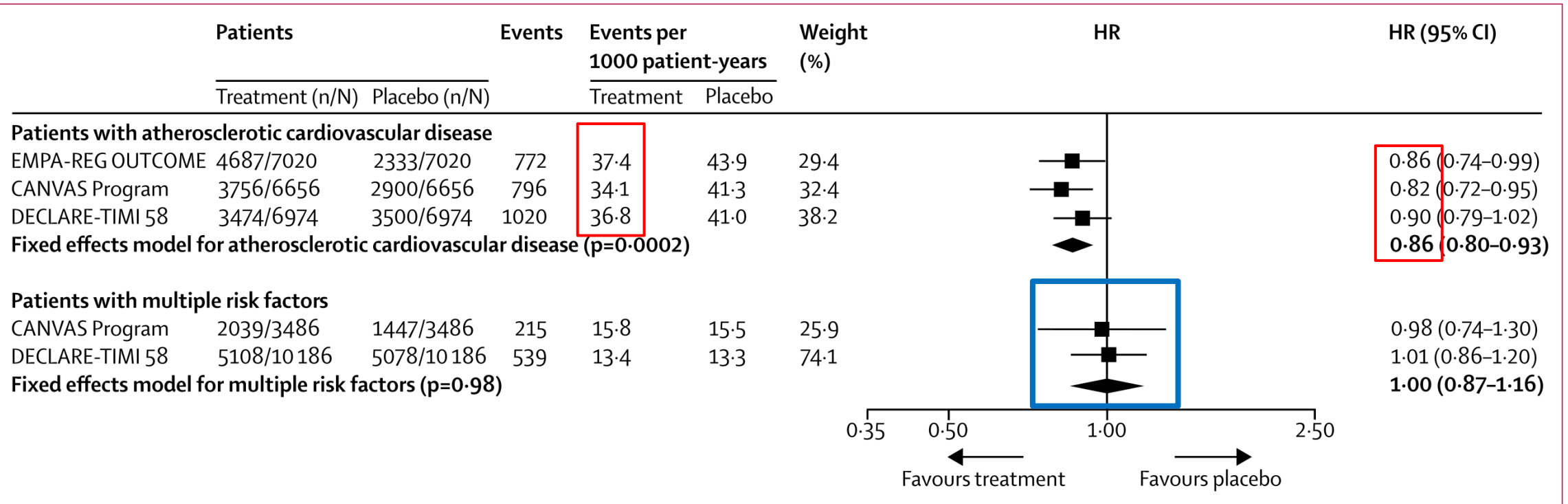
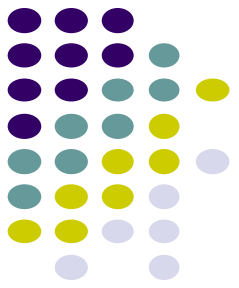
CVD, cardiovascular disease; CVOT, cardiovascular outcome trials; SGLT2i, sodium-glucose co-transporter 2 inhibitor; T2D, type 2 diabetes
 1. Zinman B, et al. Cardiovasc Diabetol. 2014 Jun 19;13:102.; 2. Neal B, et al. N Engl J Med. 2017 Aug 17;377(7):644-657;
 3. Raz I, et al. Diabetes Obes Metab. 2018 Jan 11. doi: 10.1111/dom.13217.

Heart failure hospitalization (HHF), HHF and cardiovascular (CV) death, and major adverse cardiovascular event (MACE) event rates per 1000 patients in SGLT2i trials

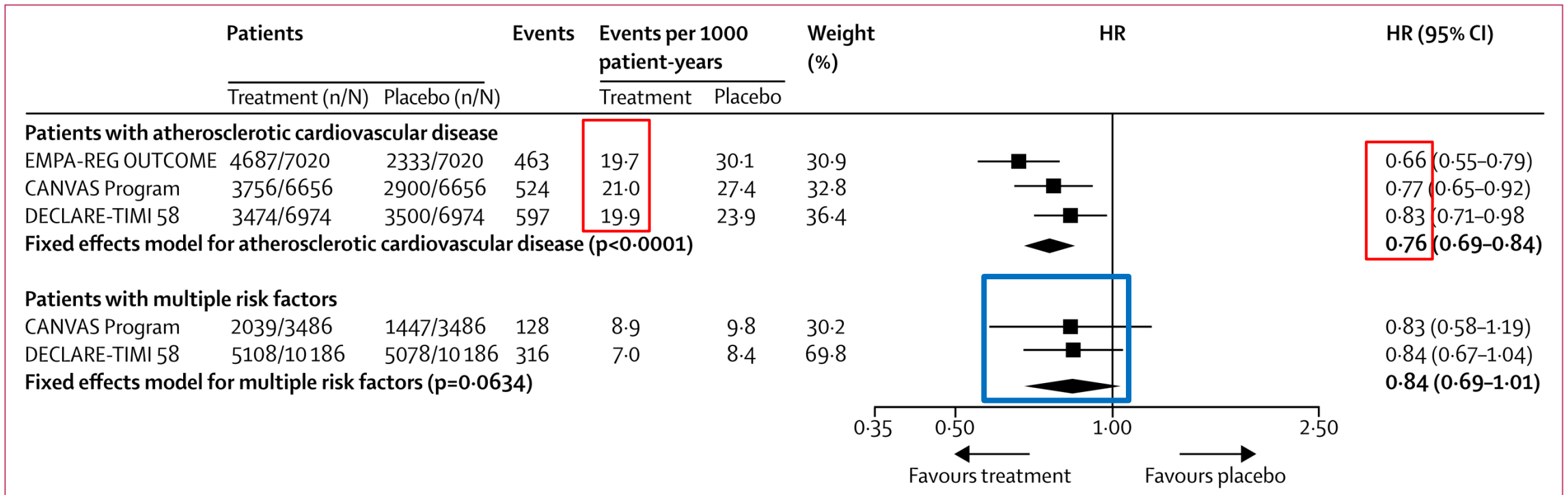
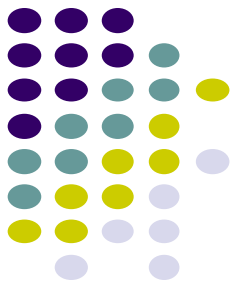
Event Rate Per 1000 Patient-Years



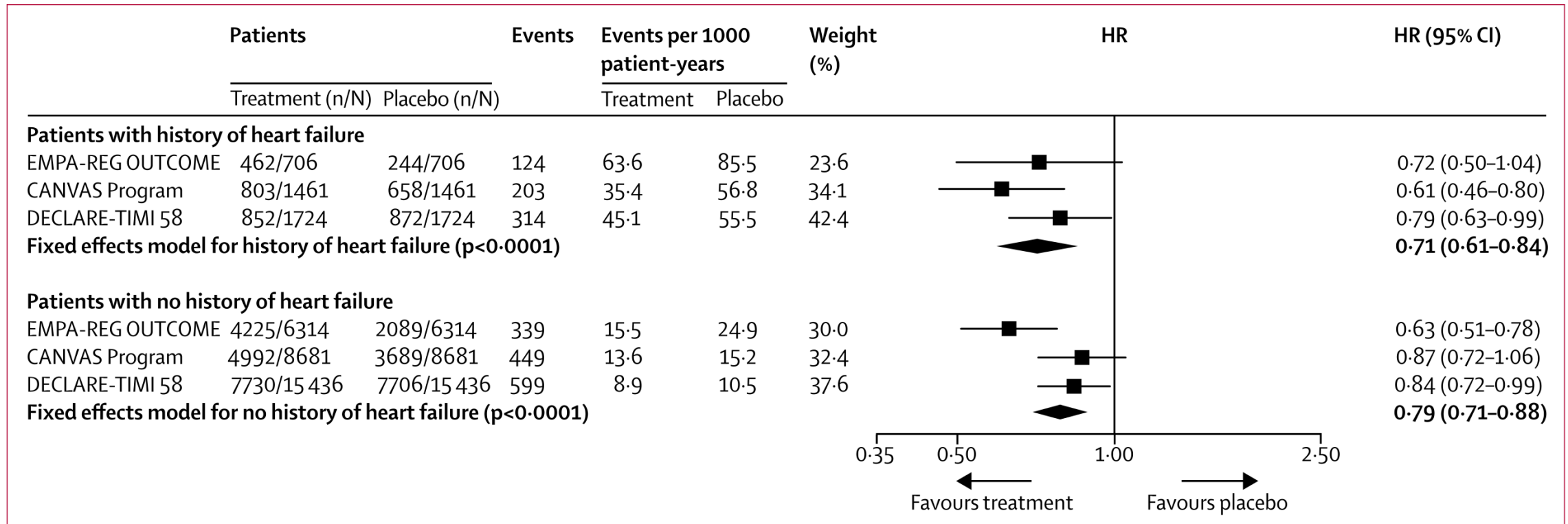
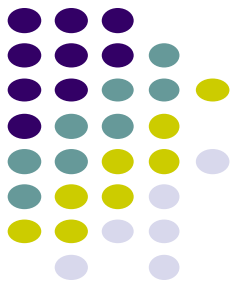
3P MACE: CV death, non fatal MI, non fatal stroke

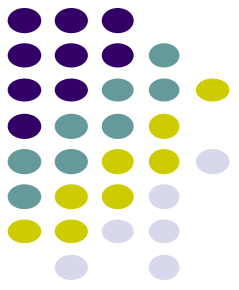


Hospitalization for heart failure and cardiovascular death



Hospitalization for heart failure and cardiovascular death





Hospitalization for heart failure

B

eGFR <60 mL/min per m²

EMPA-REG OUTCOME	1212/1819	607/1819	94	14.9	25.8	36.5
CANVAS Program	NA/2039	NA/2039	98	11.6	21.3	36.1
DECLARE-TIMI 58	606/1265	659/1265	77	12.3	19.3	27.4

Fixed effects model for eGFR <60 (p<0.0001)

eGFR 60 to <90 mL/min per m²

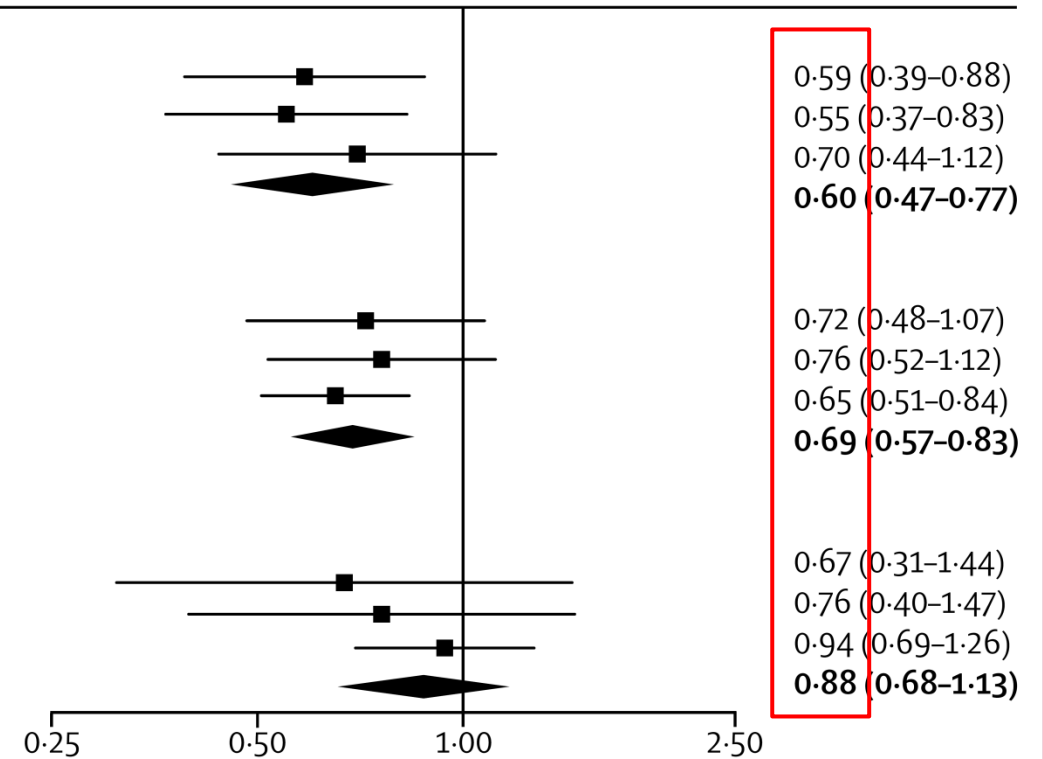
EMPA-REG OUTCOME	2423/3661	1238/3661	100	8.4	11.7	21.3
CANVAS Program	NA/5625	NA/5625	108	4.6	6.1	23.4
DECLARE-TIMI 58	3838/7732	3894/7732	251	6.5	9.9	55.2

Fixed effects model for eGFR 60 to <90 (p<0.0001)

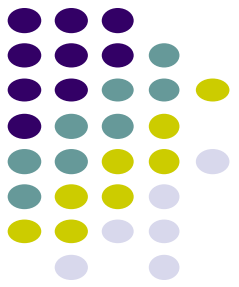
eGFR ≥90 mL/min per m²

EMPA-REG OUTCOME	1050/1538	488/1538	27	5.4	7.9	11.3
CANVAS Program	NA/2476	NA/2476	37	3.7	5.1	15.7
DECLARE-TIMI 58	4137/8162	4025/8162	170	5.1	5.4	73.0

Fixed effects model for eGFR ≥90 (p=0.31)



Major adverse cardiovascular events



C

eGFR <60 mL/min per m²

EMPA-REG OUTCOME	1212/1819	607/1819	275	52.7	60.5	36.2
CANVAS Program	NA/2039	NA/2039	261	36.3	49.5	36.6
DECLARE-TIMI 58	606/1265	659/1265	189	37.3	43.1	27.2

Fixed effects model for eGFR <60 (p=0.0077)

eGFR 60 to <90 mL/min per m²

EMPA-REG OUTCOME	2423/3661	1238/3661	351	30.8	40.6	22.5
CANVAS Program	NA/5625	NA/5625	563	26.8	29.0	32.8
DECLARE-TIMI 58	3838/7732	3894/7732	757	24.5	25.8	44.7

Fixed effects model for eGFR 60 to <90 (p=0.0520)

eGFR ≥90 mL/min per m²

EMPA-REG OUTCOME	1050/1538	488/1538	146	35.4	32.2	15.1
CANVAS Program	NA/2476	NA/2476	187	20.8	23.6	21.1
DECLARE-TIMI 58	4137/8162	4025/8162	613	18.8	19.7	63.7

Fixed effects model for eGFR ≥90 (p=0.35)

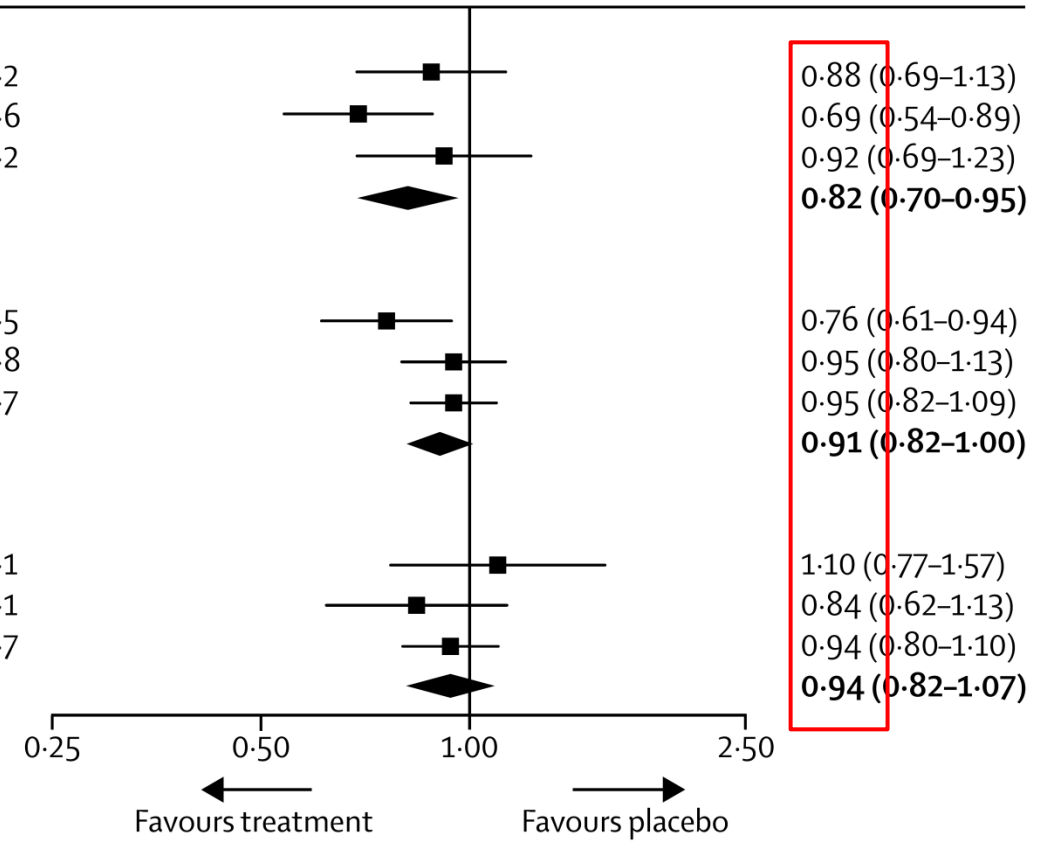


Figure S7: Treatment effect on cardiovascular death stratified by presence or absence of established atherosclerotic cardiovascular disease

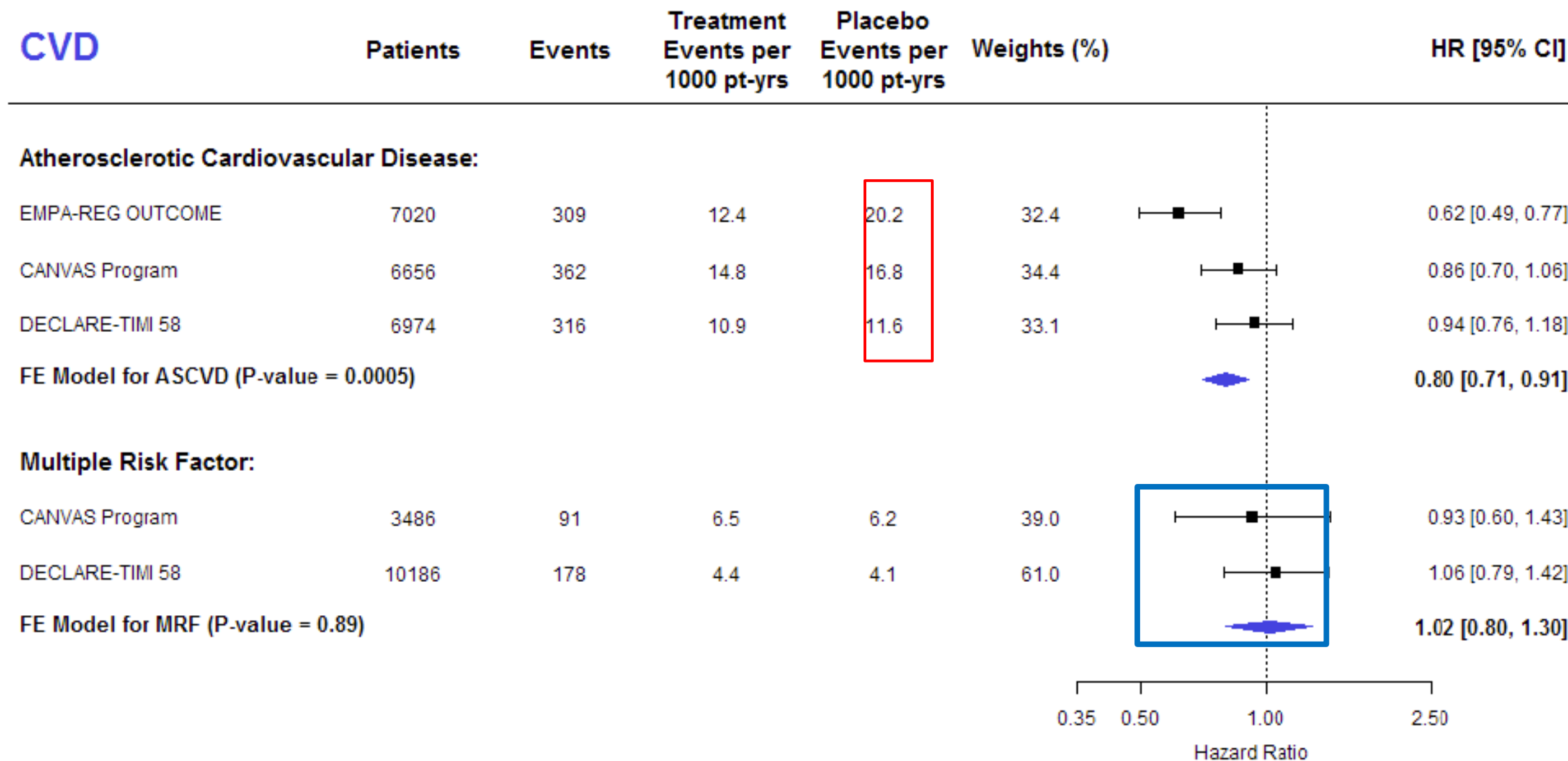
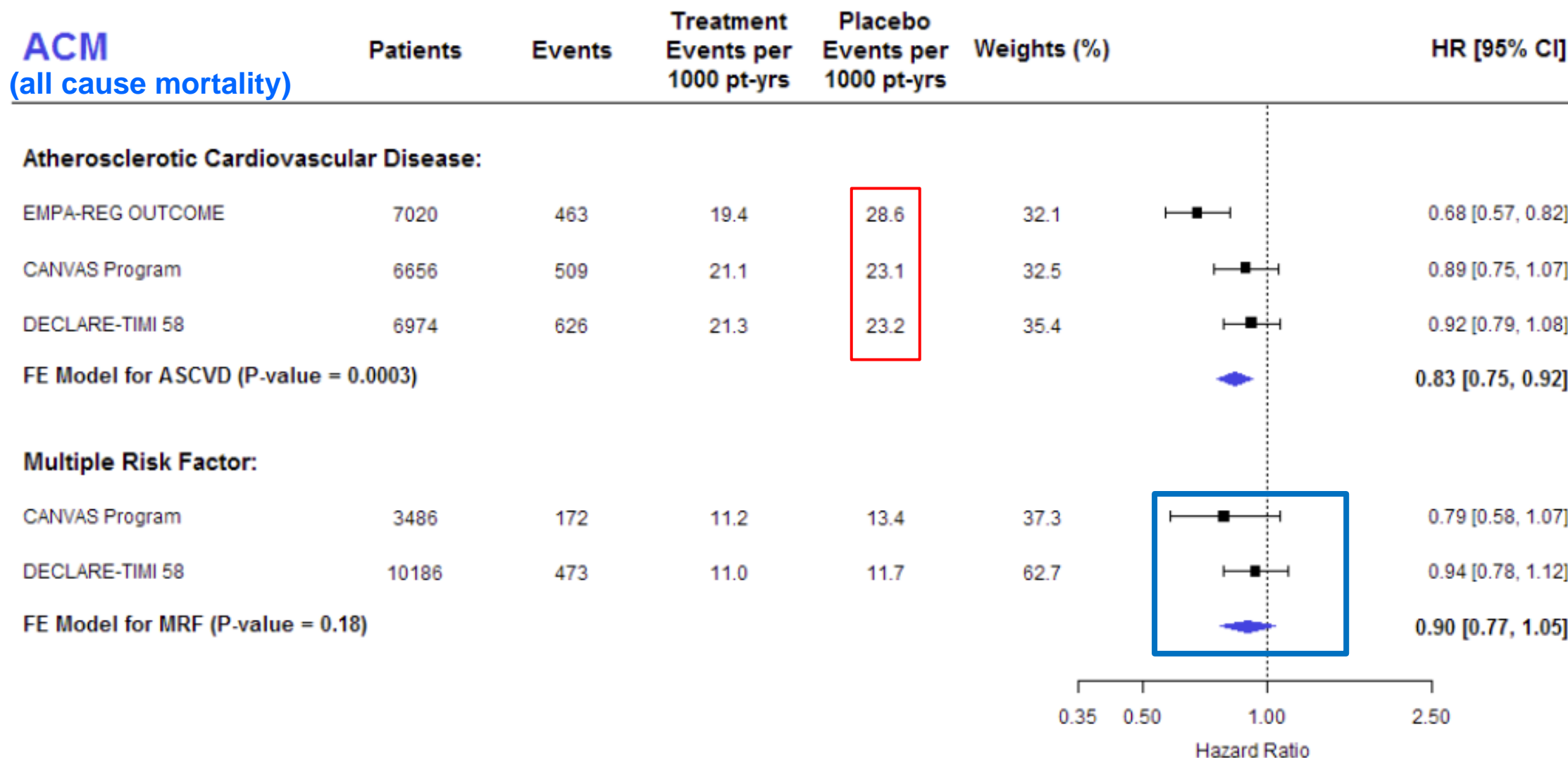
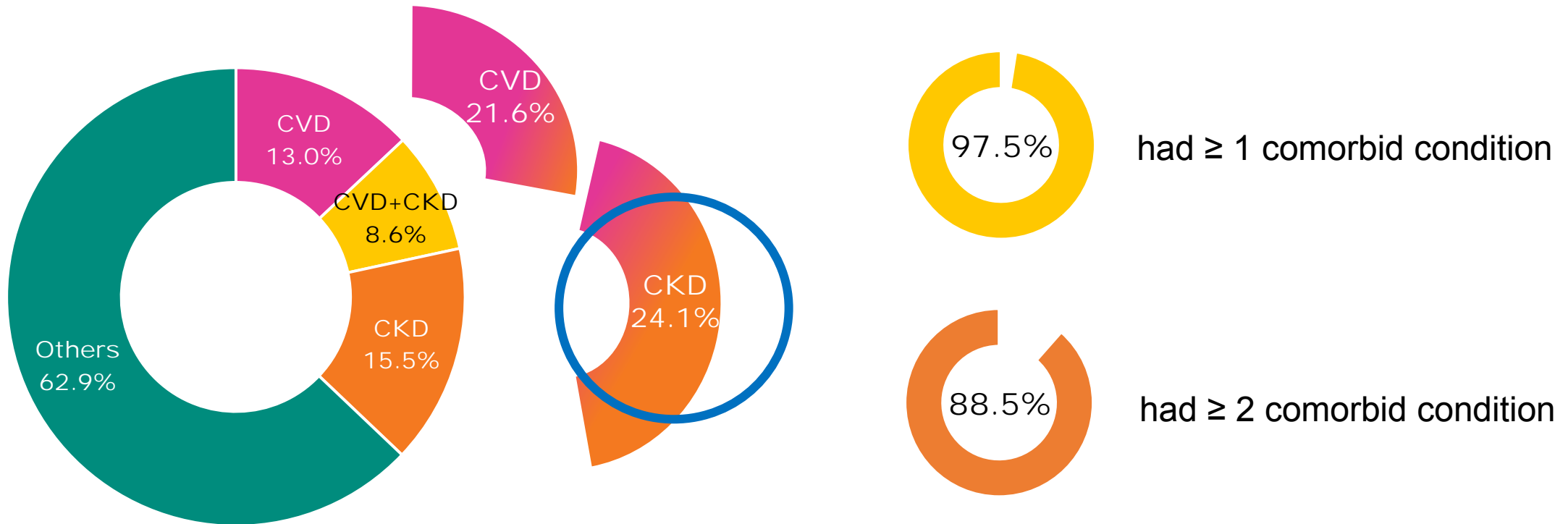


Figure S15: Treatment effect on all-cause mortality stratified by presence or absence of atherosclerotic cardiovascular disease

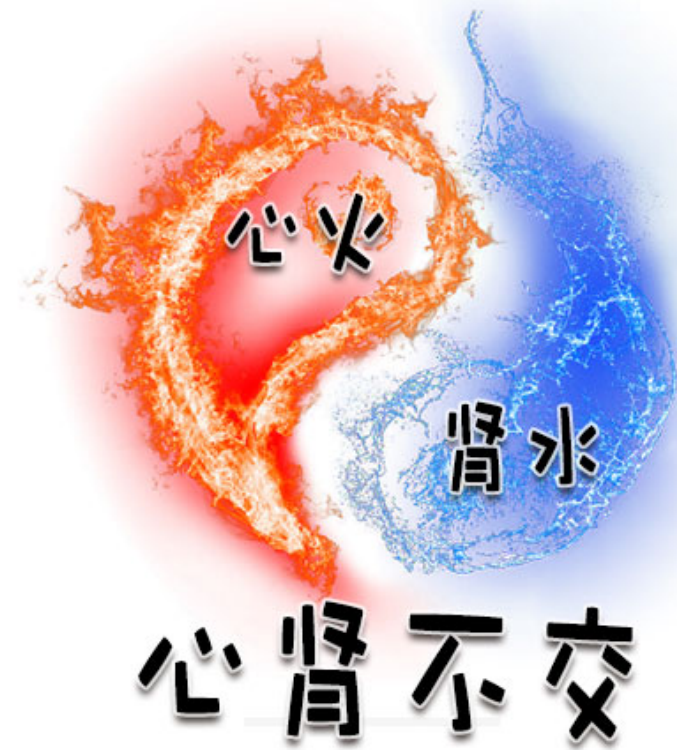
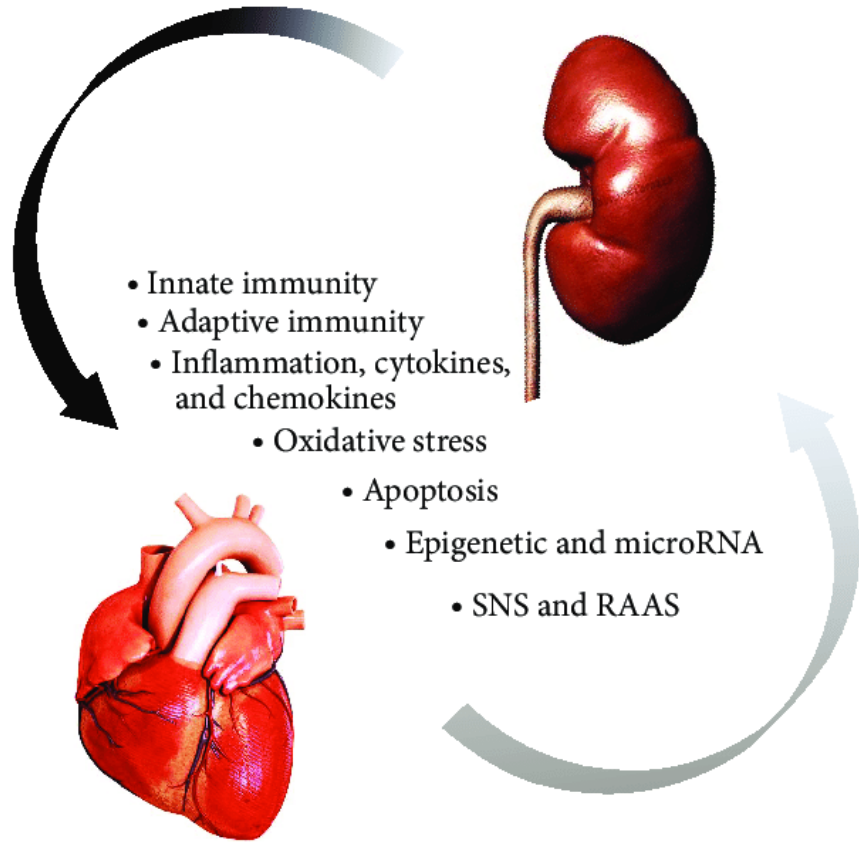
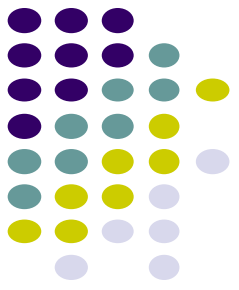


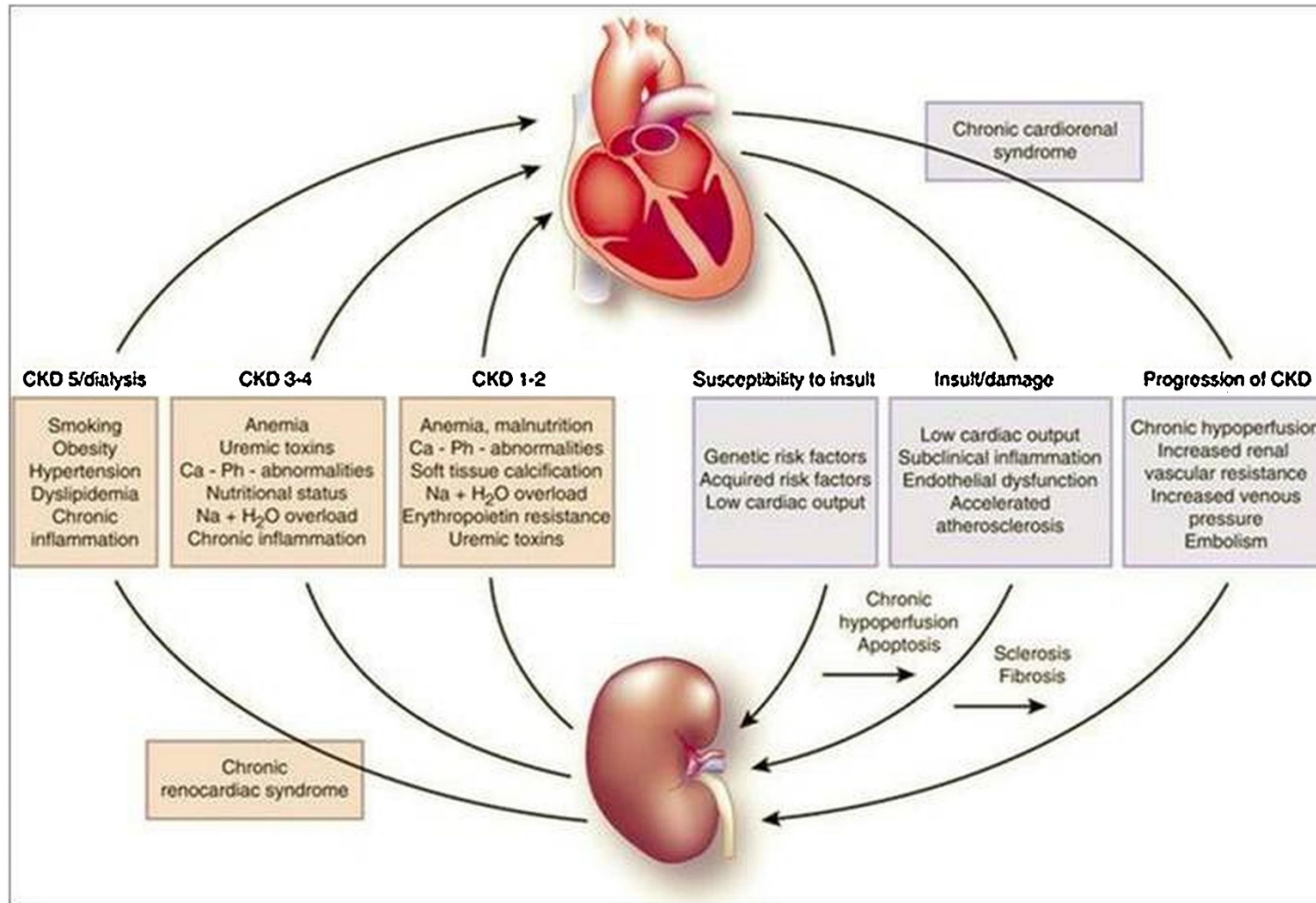
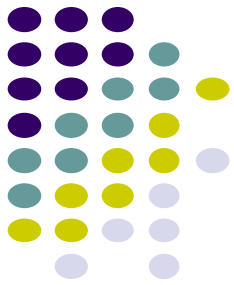
Cross-sectional—有心腎共病

A retrospective study of T2DM patients via Q-EMR from 2014 to 2015



Q-EMR, Quintiles Electronic Medical Record (EMR) research database
Iglay K, et al. *Curr Med Res Opin* 2016 Jul;32(7):1243-52.





eGFR and albuminuria categories indicate CKD prognosis

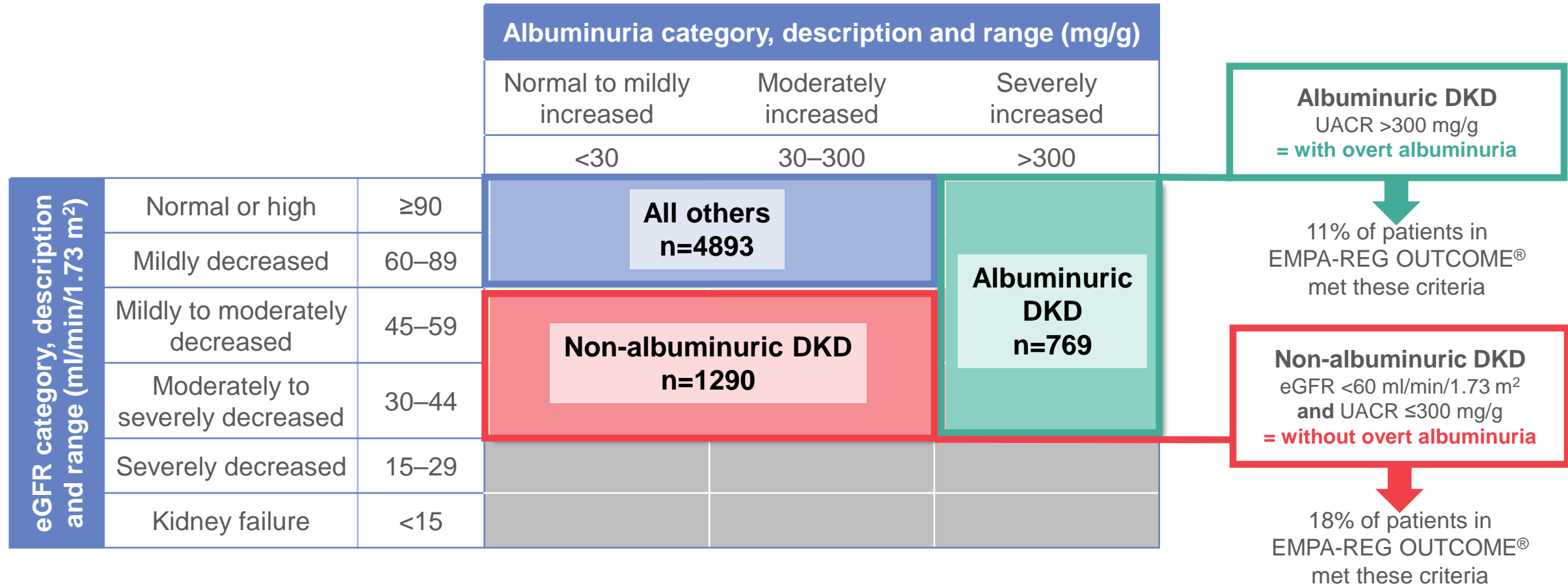


				Albuminuria stages, description and range (mg/g)		
				A1	A2	A3
				Normal to mildly increased	Moderately increased	Severely increased
				<30	30–300	>300
GFR categories, description and range (ml/min/1.73 m ²)	G1	Normal or high	≥90			
	G2	Mild decrease	60–89			
	G3a	Mild–moderate decrease	45–59			
	G3b	Moderate–severe decrease	30–44			
	G4	Severe decrease	15–29			
	G5	Kidney failure	<15			

Green: low CKD risk (if no other markers of kidney disease, no CKD); yellow: moderately increased risk; orange: high risk; red, very high risk.

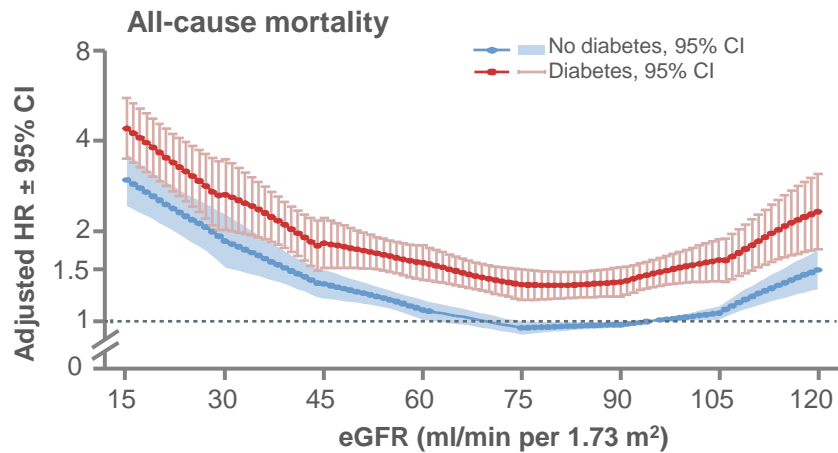
EMPA-REG OUTCOME[®]: Exploratory analysis

Different clinical phenotypes of DKD vs all others

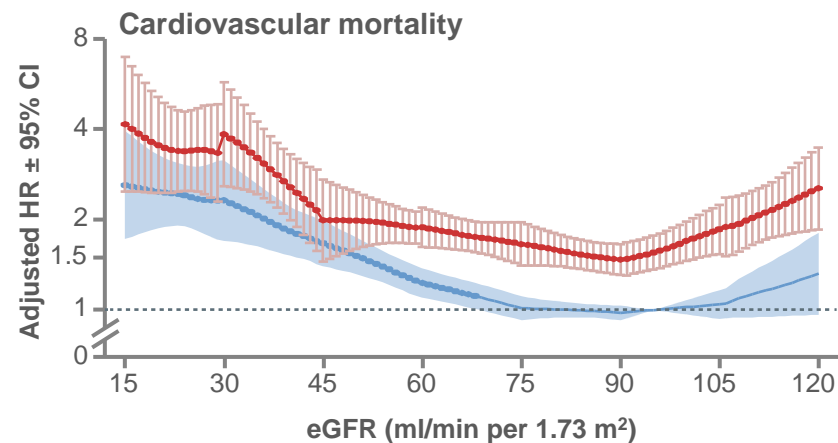
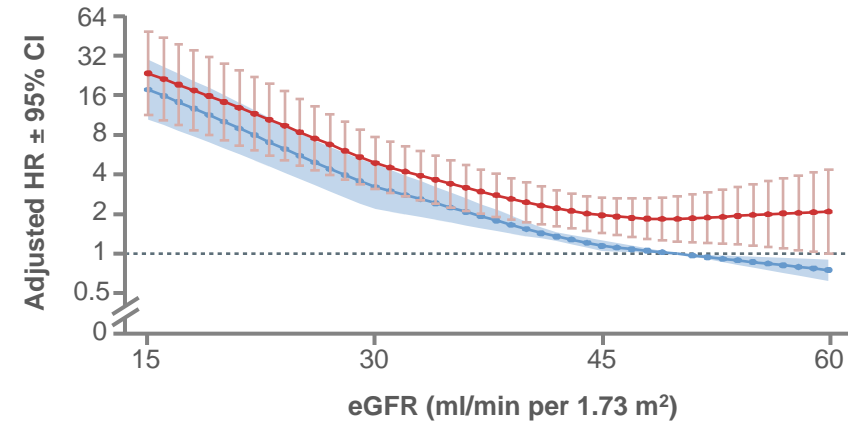


Declining eGFR is associated with mortality and ESRD in diabetes

Mortality and eGFR



ESRD and eGFR

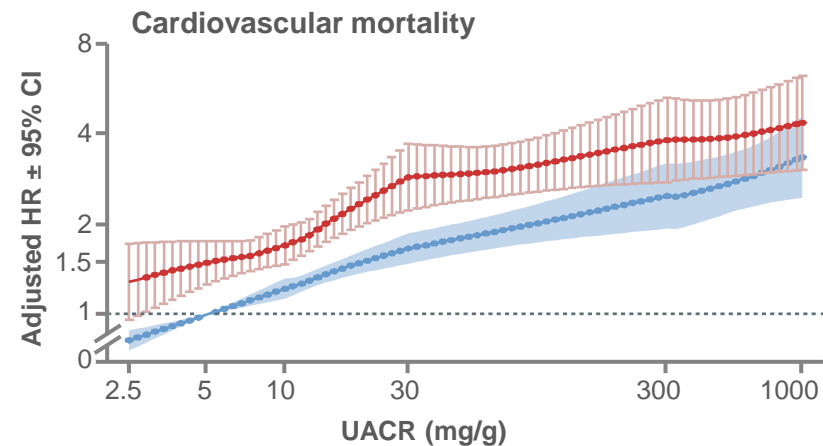
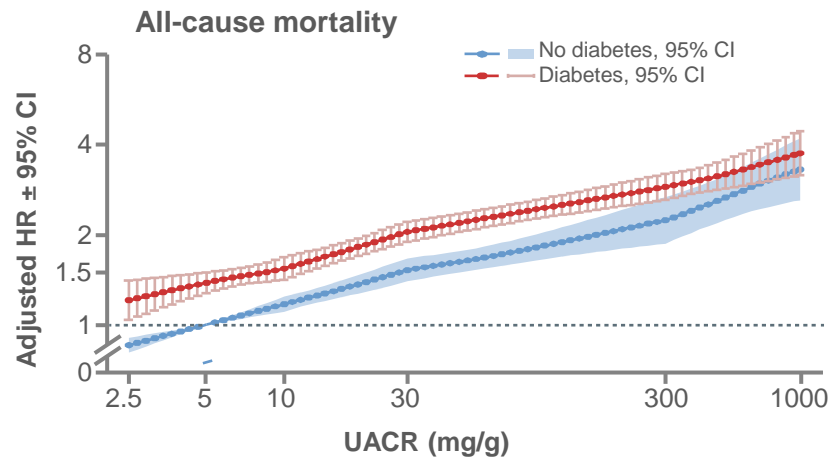


HRs adjusted for age, sex, race, smoking, history of cardiovascular disease, serum total cholesterol concentration, body-mass index and albuminuria

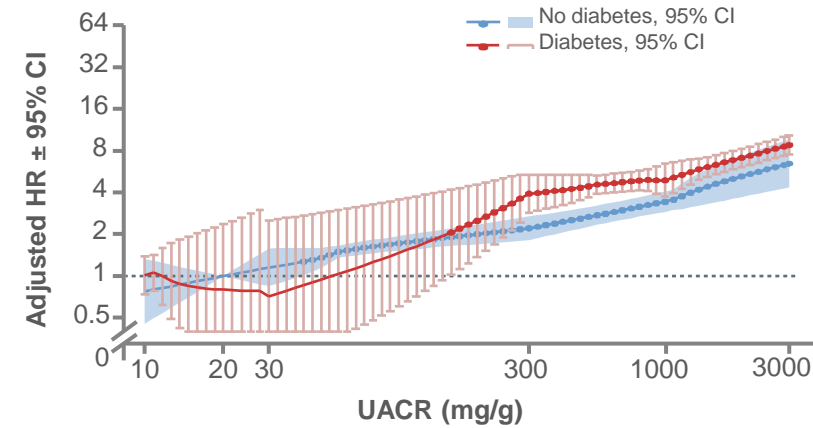
Includes data from participants with type 1 and type 2 diabetes

Increasing UACR is associated with mortality and ESRD in diabetes

Mortality and UACR



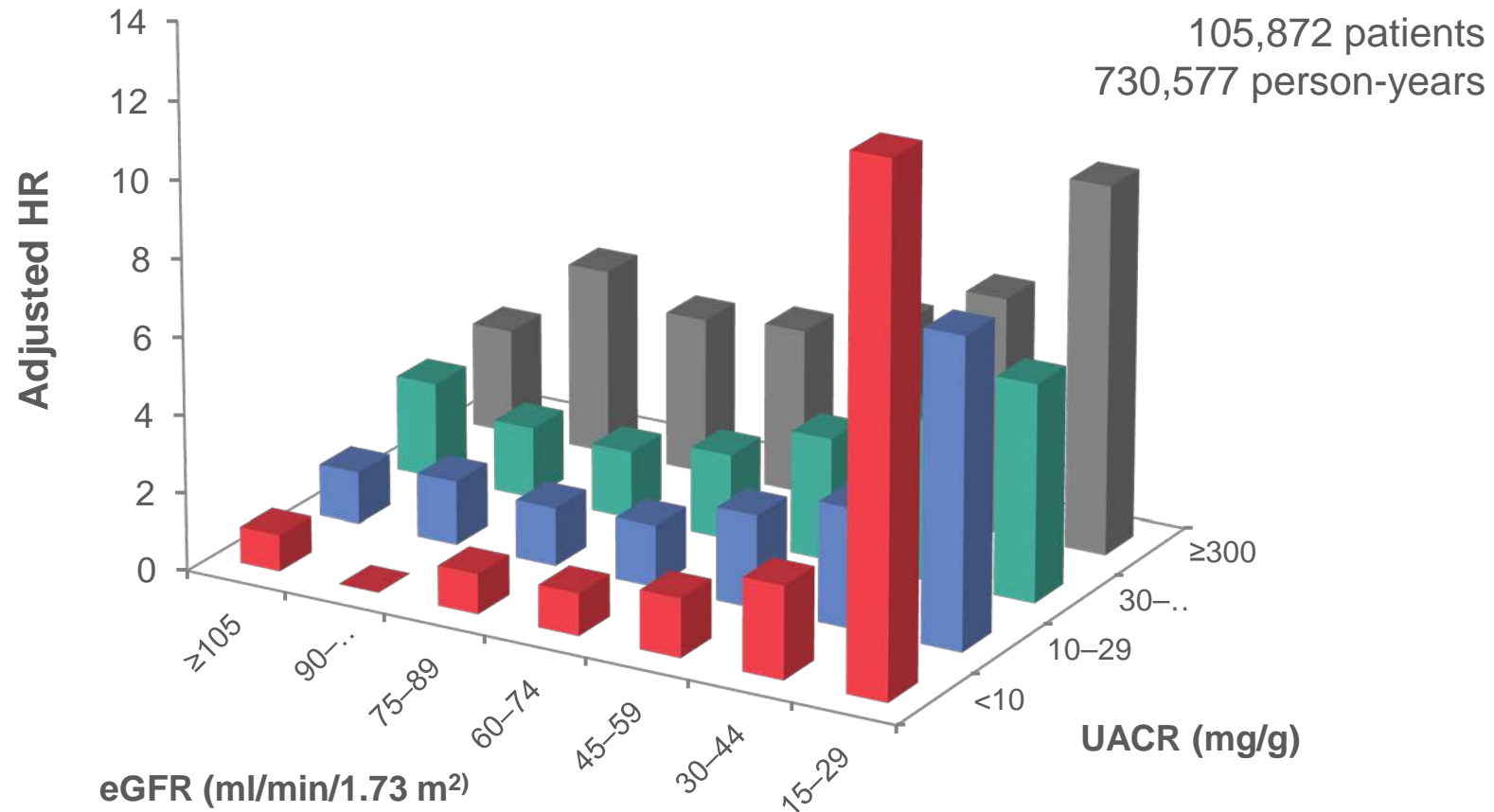
ESRD and UACR



HRs adjusted for age, sex, race, smoking, history of cardiovascular disease, serum total cholesterol concentration, body-mass index and albuminuria

Includes data from participants with type 1 and type 2 diabetes

Risk of CV death increases as renal function declines



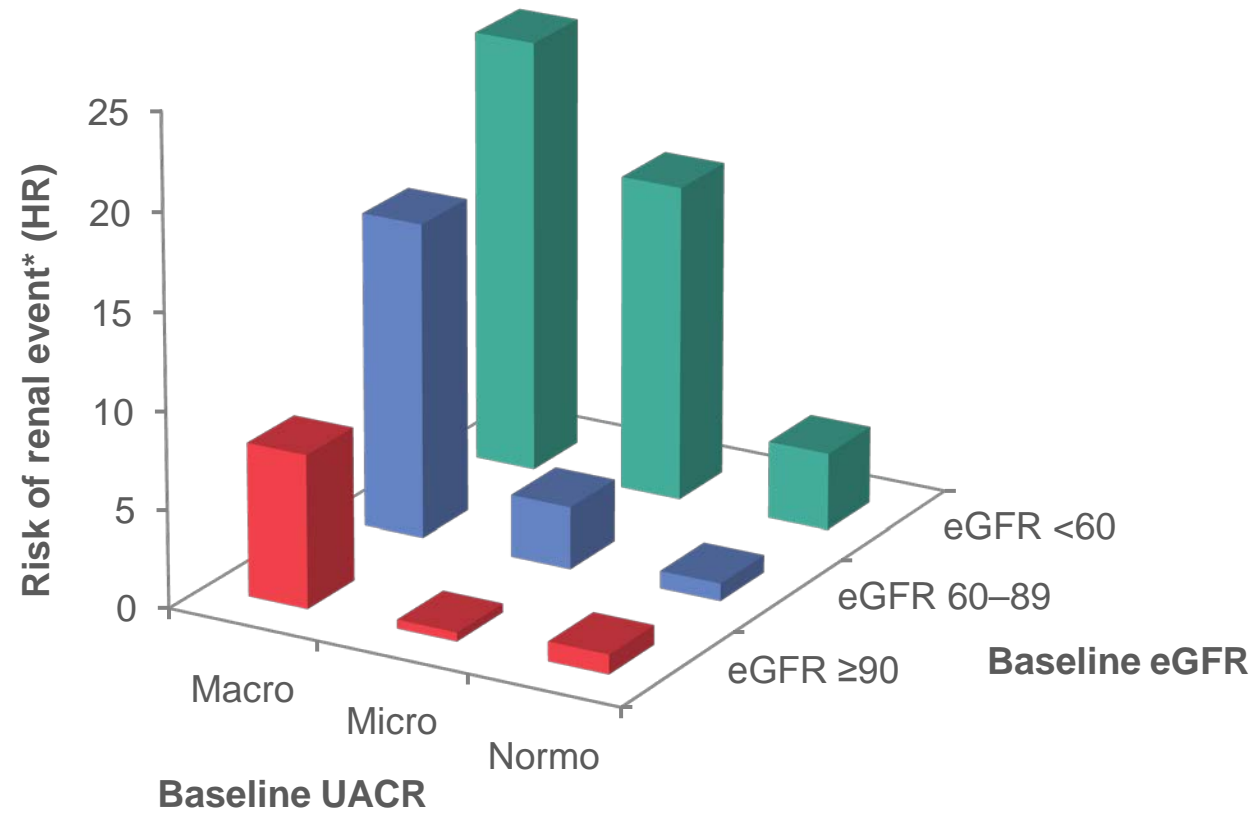
Low eGFR and high UACR are independent predictors of CV mortality

Risk of renal events* increases as renal function declines



10,640 patients
with available data

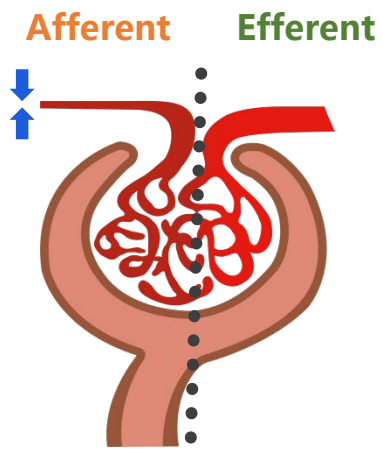
Average follow-up
4.3 years



*Renal events defined as: death as a result of kidney disease, requirement for dialysis or transplantation, or doubling of serum creatinine to >200 $\mu\text{mol/l}$ eGFR in ml/min/1.73 m^2
eGFR, estimated glomerular filtration rate; HR, hazard ratio; UACR, urine albumin-to-creatinine ratio
Ninomiya T *et al. J Am Soc Nephrol* 2009;20:1813

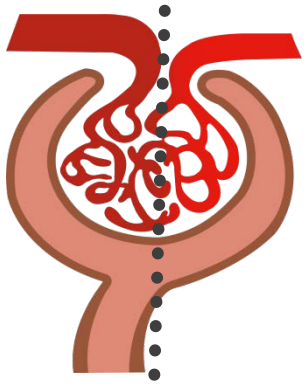
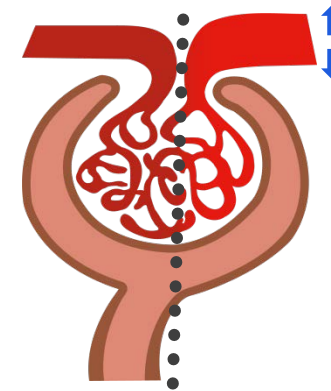
A

Pharmacological actions:

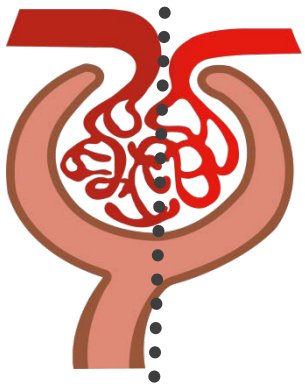
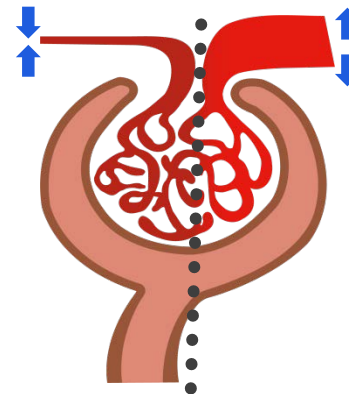
SGLT2 inhibition**Afferent** constriction

Haemodynamic effects & clinical Implications

1. Decreased intraglomerular pressure due to increased afferent resistance in T1D-H patients
2. Decreased hyperfiltration

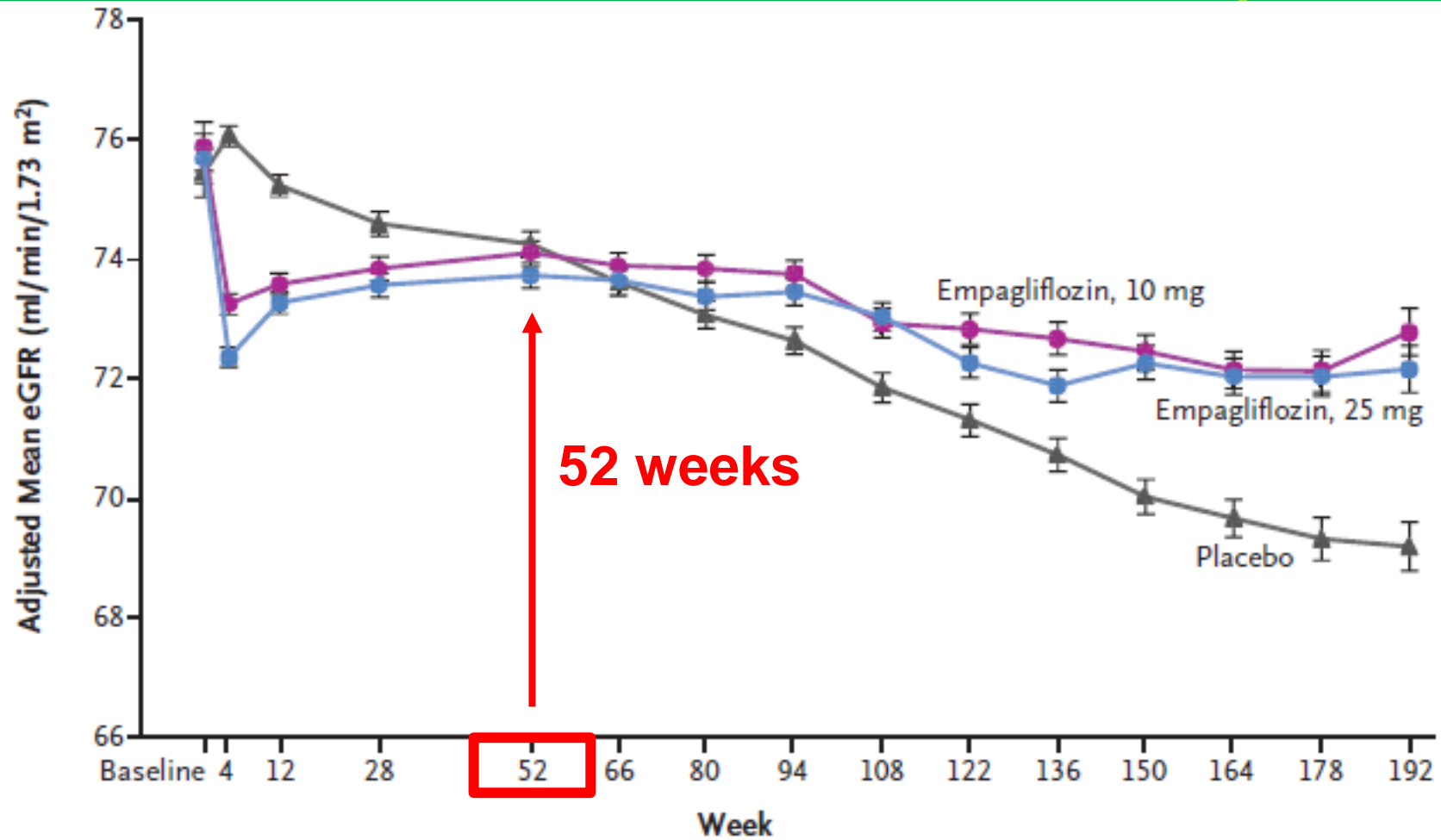
B**RAAS** blockade**Efferent** dilation

1. Decreased intraglomerular pressure due to decreased efferent
2. Decreased hyperfiltration
3. Proven renal protection in clinical trials

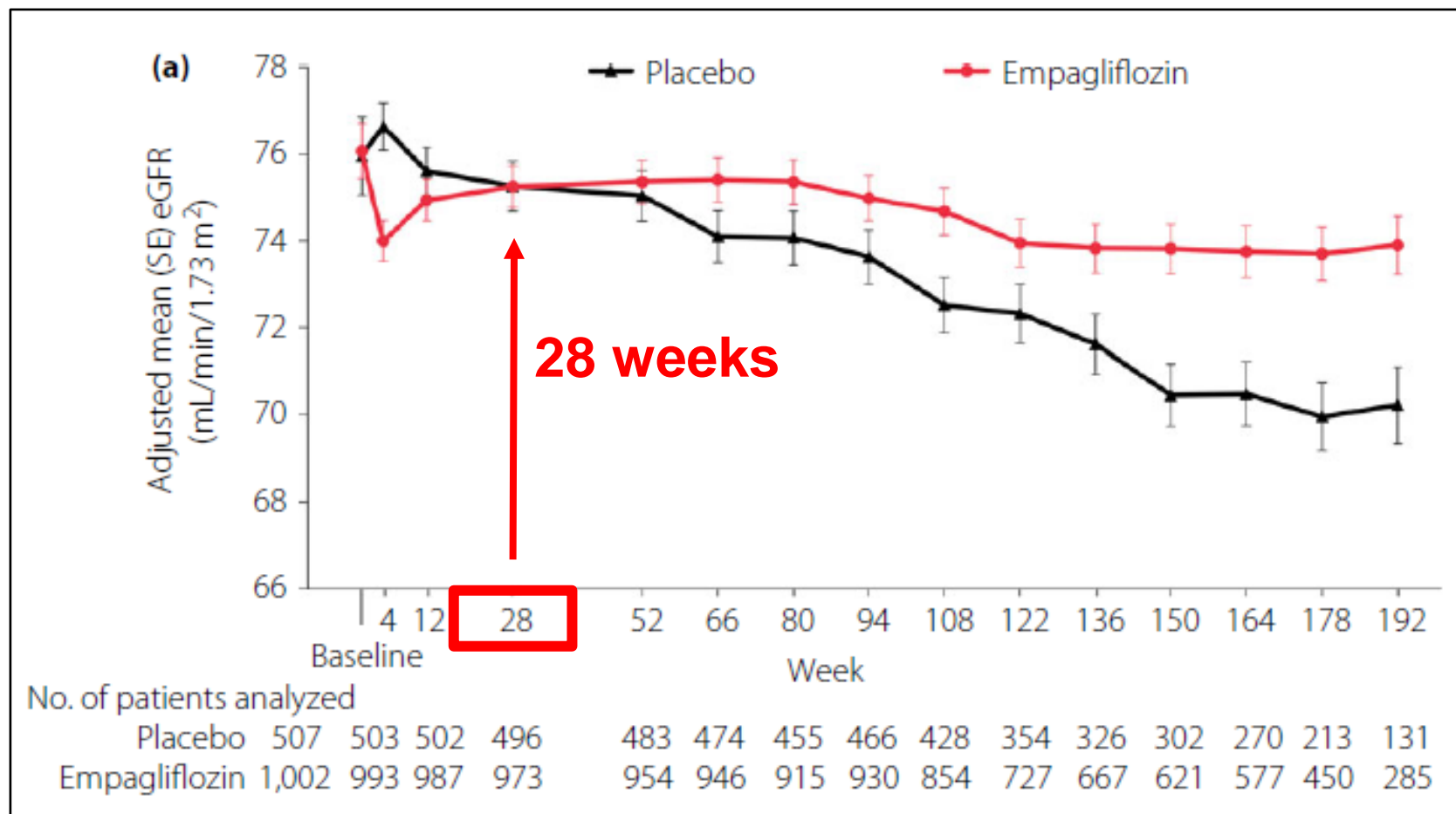
C**SGLT2** inhibition**RAAS** blockade**Afferent** constriction**Efferent** dilation

1. Normalisation of intraglomerular pressure due to increased afferent and decreased efferent resistance?
2. Potential for additive intraglomerular pressure reduction?
3. Potential for long-term renal protection?

EMPA-REG OUTCOME: eGFR slope



EMPA-REG OUTCOME Asian group: eGFR slope

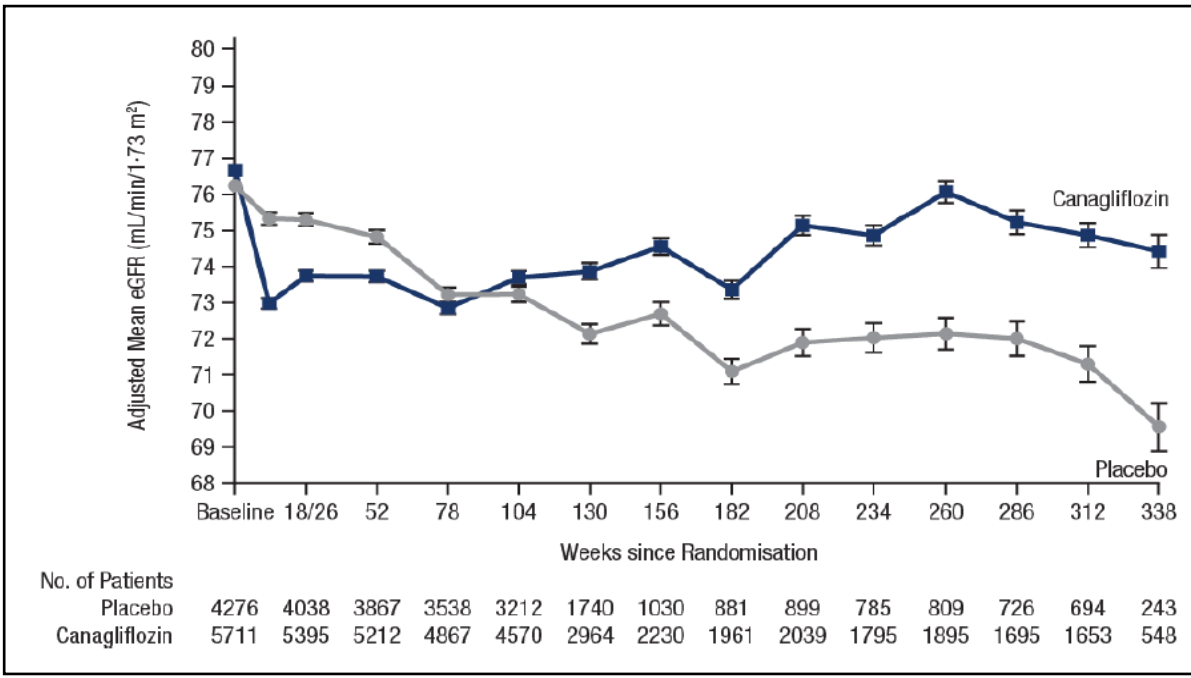


The decline in the estimated GFR was **slower** in the **canagliflozin group** than in the placebo group



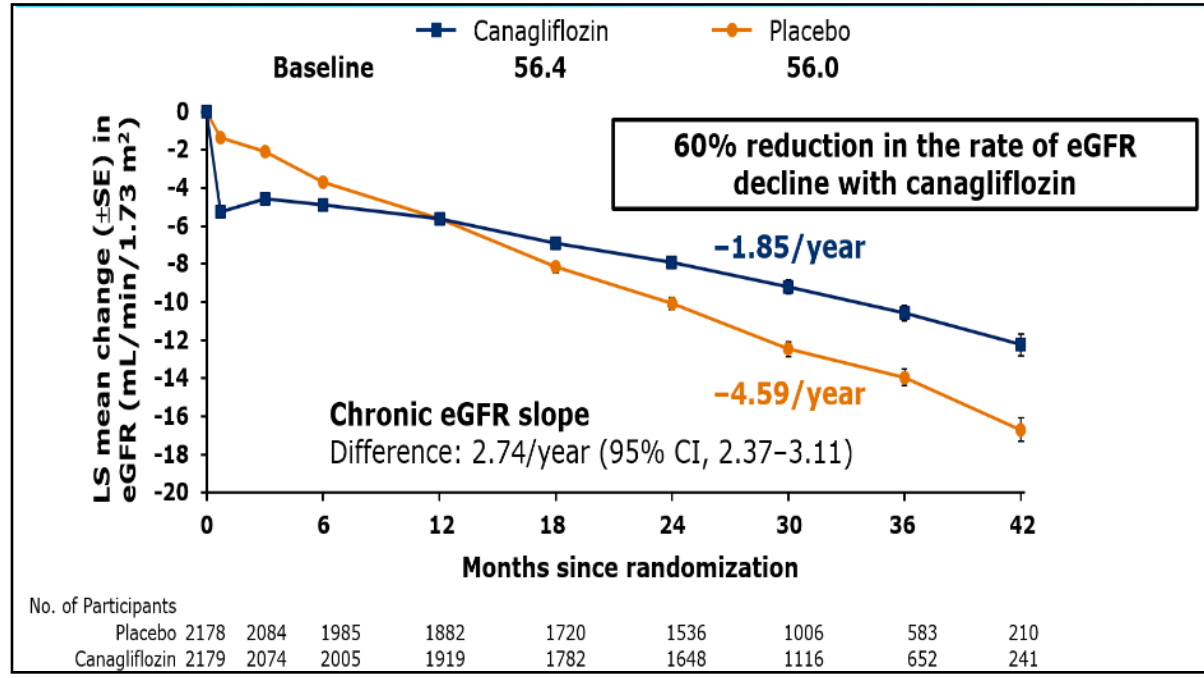
N Engl J Med 2017; 377:644-657 ; Lancet Diabetes Endocrinol . 2018 Sep;6(9):691-704. ; N Engl J Med 2019; 380:2295-2306

Secondary renal outcomes of the CANVAS/CANVAS R study



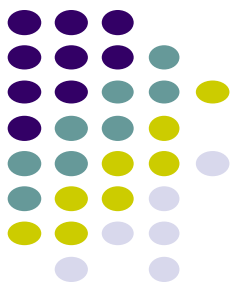
Mean eGFR 76 ml/min
Mean ACR 12mg/gCr

CREDESCENCE study



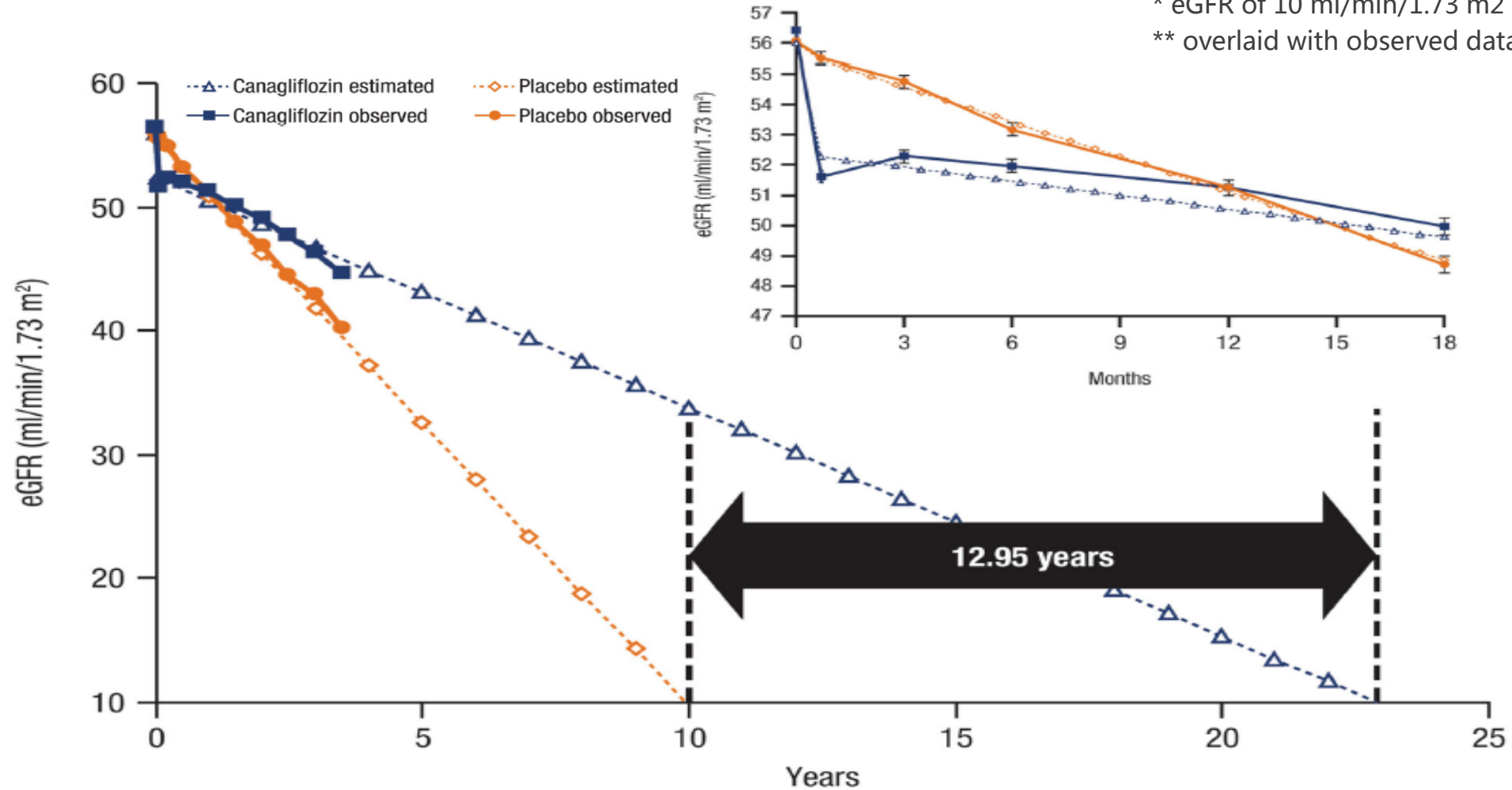
Mean eGFR 56 ml/min
Mean ACR 923 mg/gCr

Estimated eGFR values used to project the delay in time to dialysis* by treatment in the CREDENCE trial**

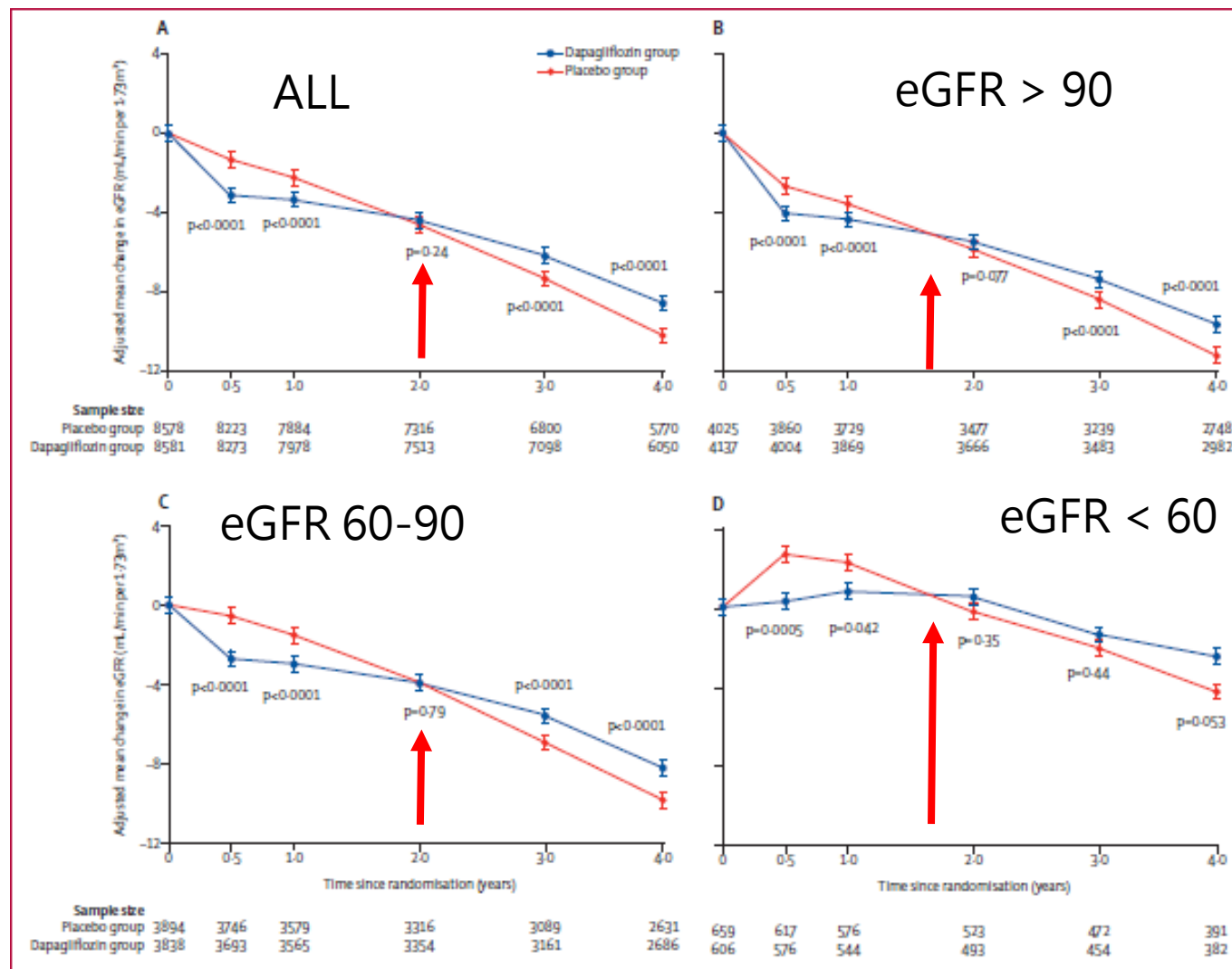


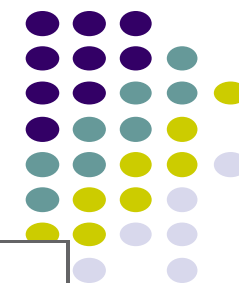
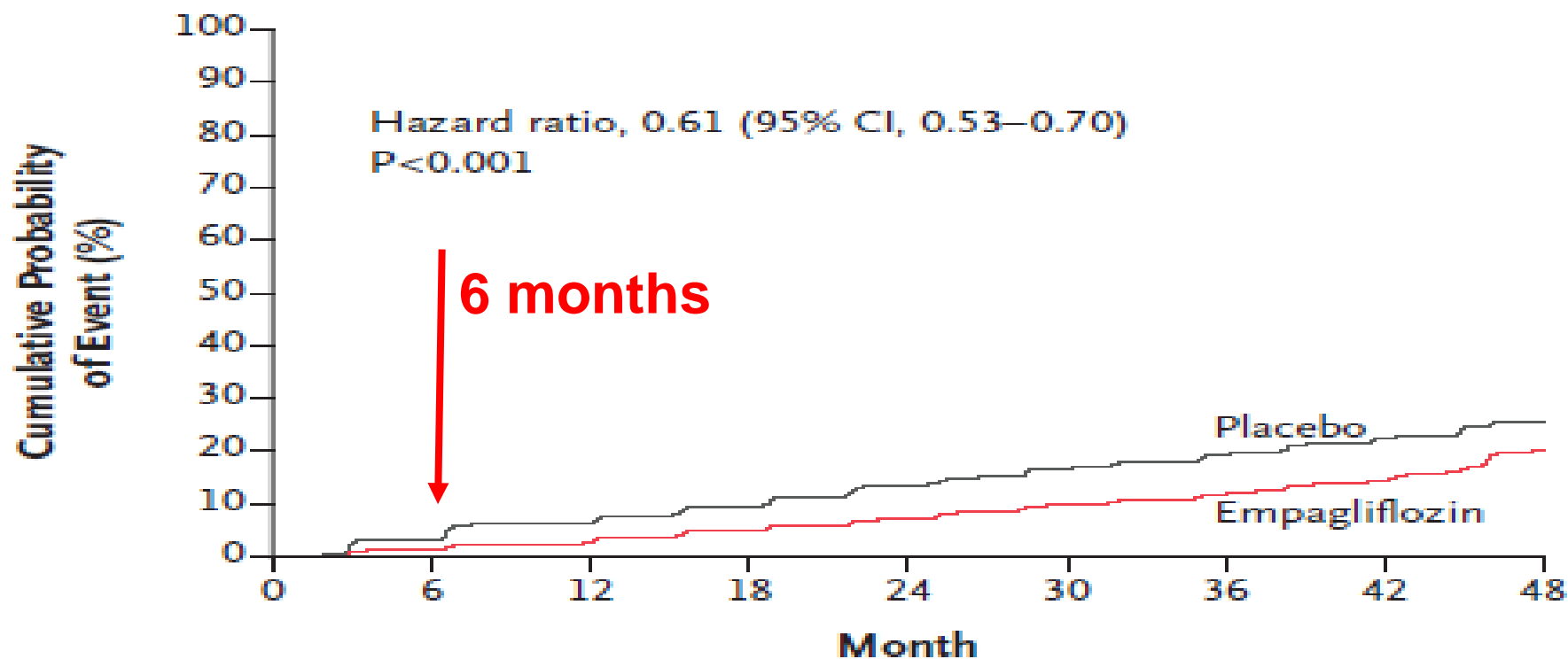
Diabetes Ther. 2020 Dec 18. doi: 10.1007/s13300-020-00953-4. Online ahead of print

* eGFR of 10 ml/min/1.73 m²
** overlaid with observed data



DECLARE: 病患 eGFR 兩年黃金交叉



^a
EMPA-REG OUTCOME**A Incident or Worsening Nephropathy****No. at Risk**

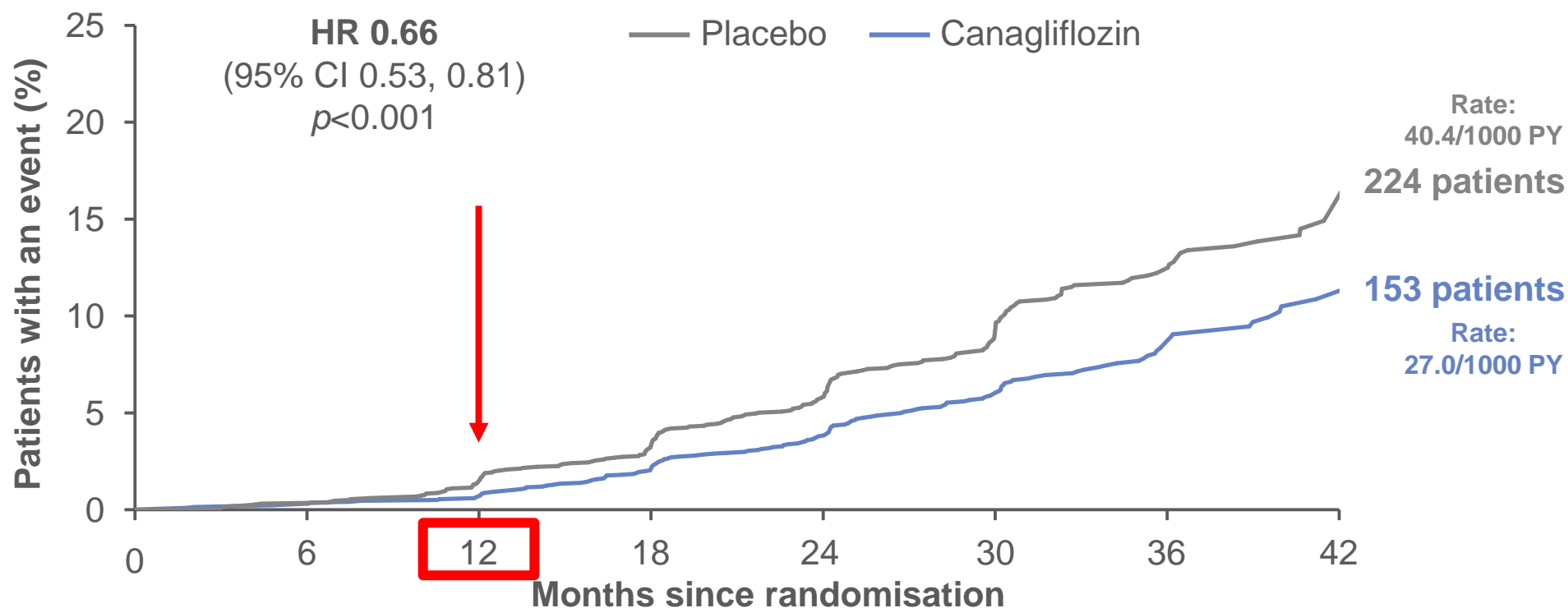
Empagliflozin	4124	3994	3848	3669	3171	2279	1887	1219	290
Placebo	2061	1946	1836	1703	1433	1016	833	521	106



CREDESCENCE 一年觀察到差異

CREDESCENCE:

composite of ESKD, doubling of serum creatinine or death from kidney causes

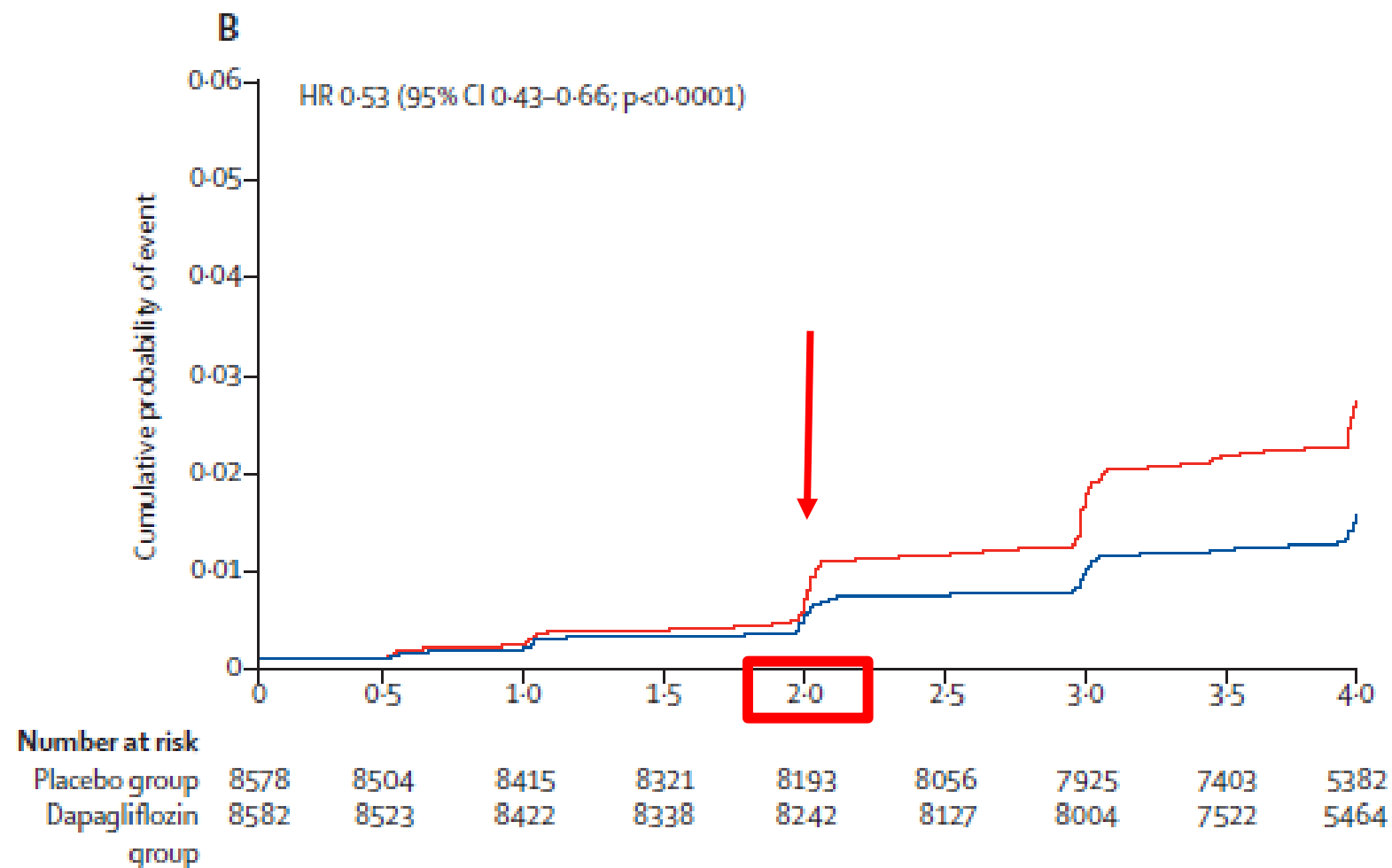


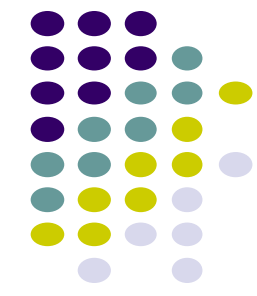
No. at risk

	0	6	12	18	24	30	36	42
Placebo	2199	2178	2131	2046	1724	1129	621	170
Canagliflozin	2202	2181	2144	2080	1786	1211	646	196

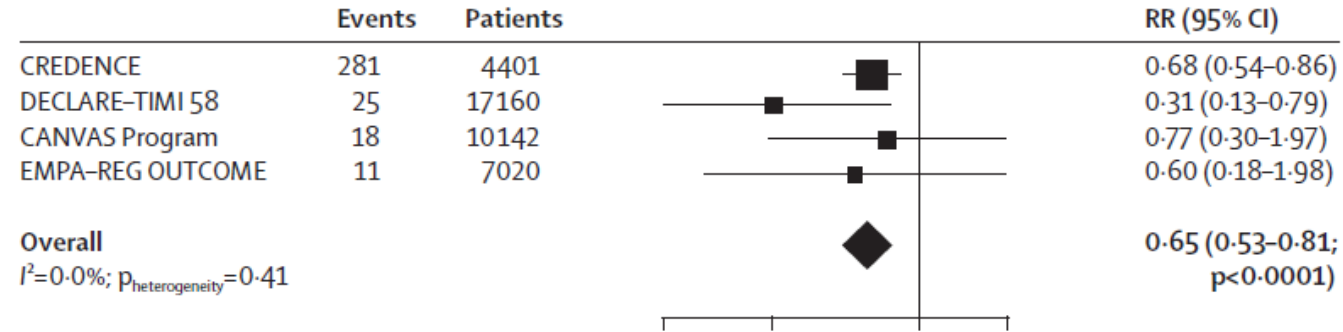
*Composite of ESKD (RRT or sustained eGFR < 15 ml/min/1.73 m²), doubling of serum creatinine or death from kidney causes
eGFR, estimated glomerular filtration rate; ESKD, end-stage kidney disease; PY, patient-years; RRR, relative risk reduction; RRT, renal replacement therapy
Perkovic V *et al.* *N Engl J Med* 2019; doi: 10.1056/NEJMoa1811744

DECLARE CKD Renal outcome: 兩年看出差異

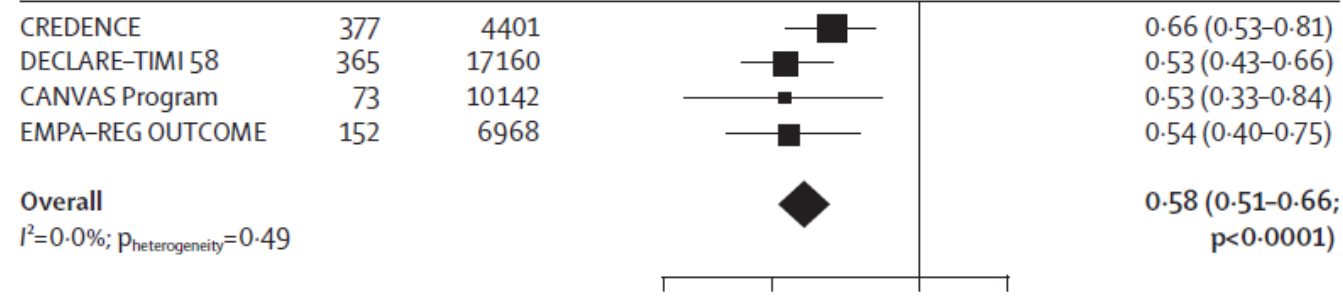




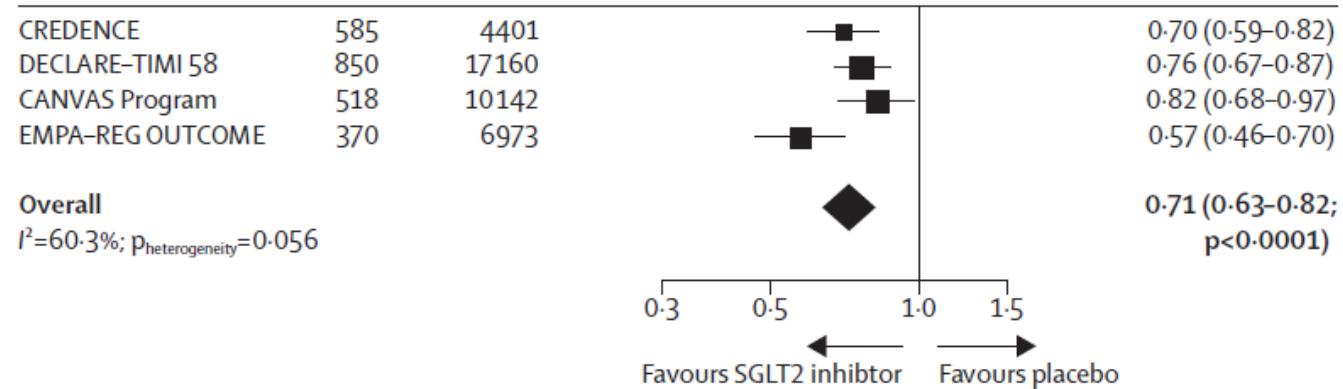
A ESKD



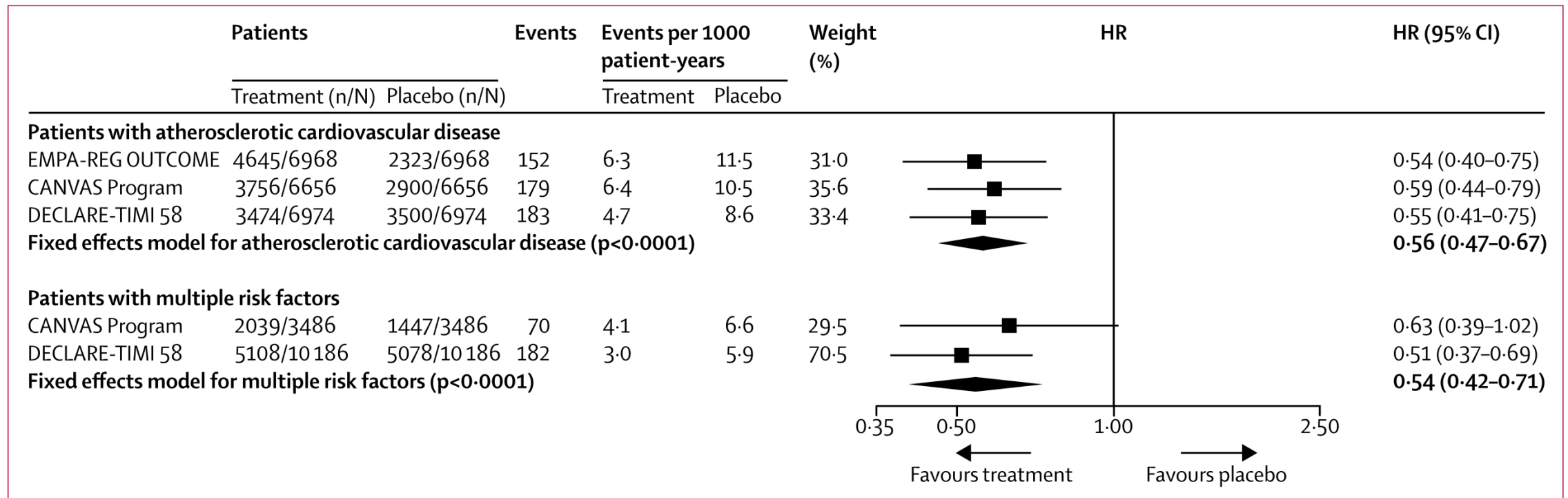
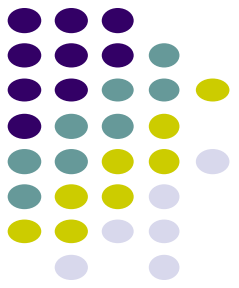
B Substantial loss of kidney function, ESKD, or death due to kidney disease



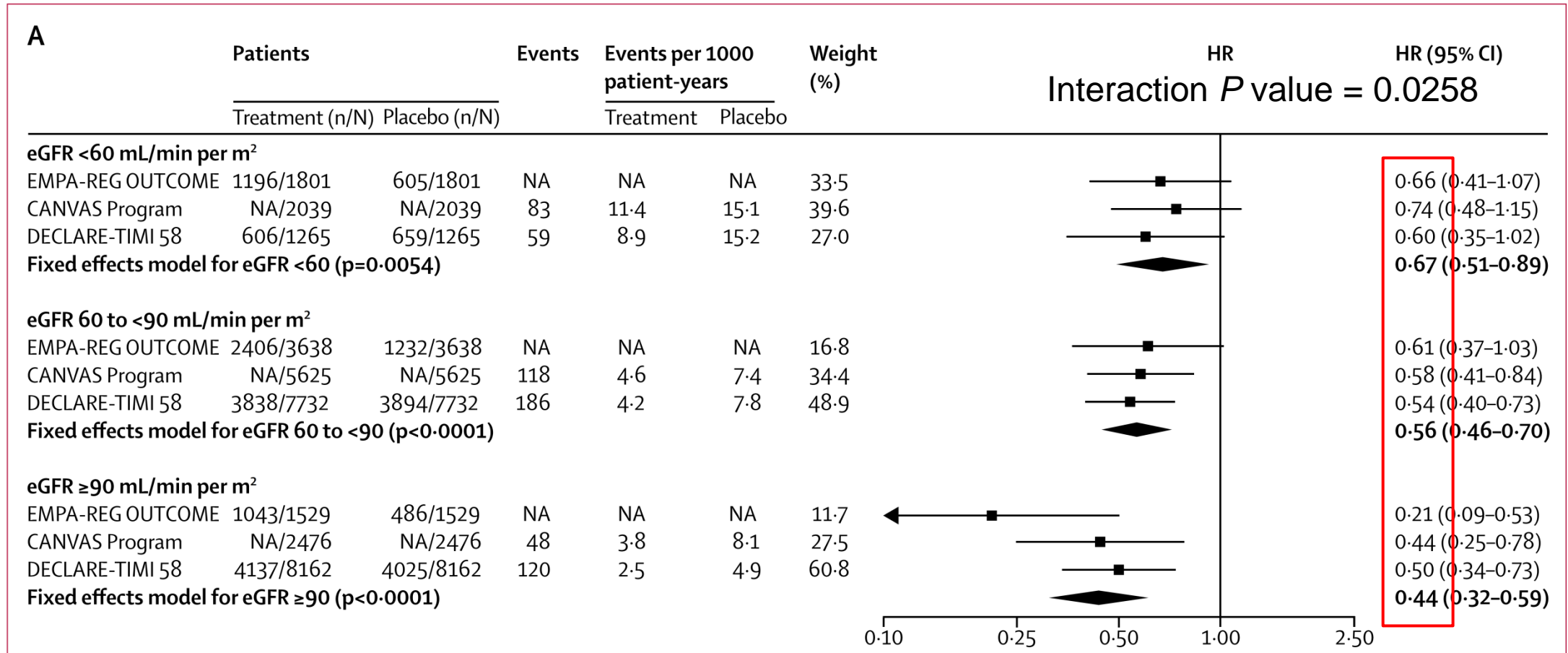
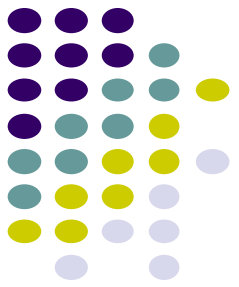
C Substantial loss of kidney function, ESKD, or death due to cardiovascular or kidney disease



Composite of renal worsening, end-stage renal disease, or renal death



Composite of worsening of renal function, end-stage renal disease, or renal death

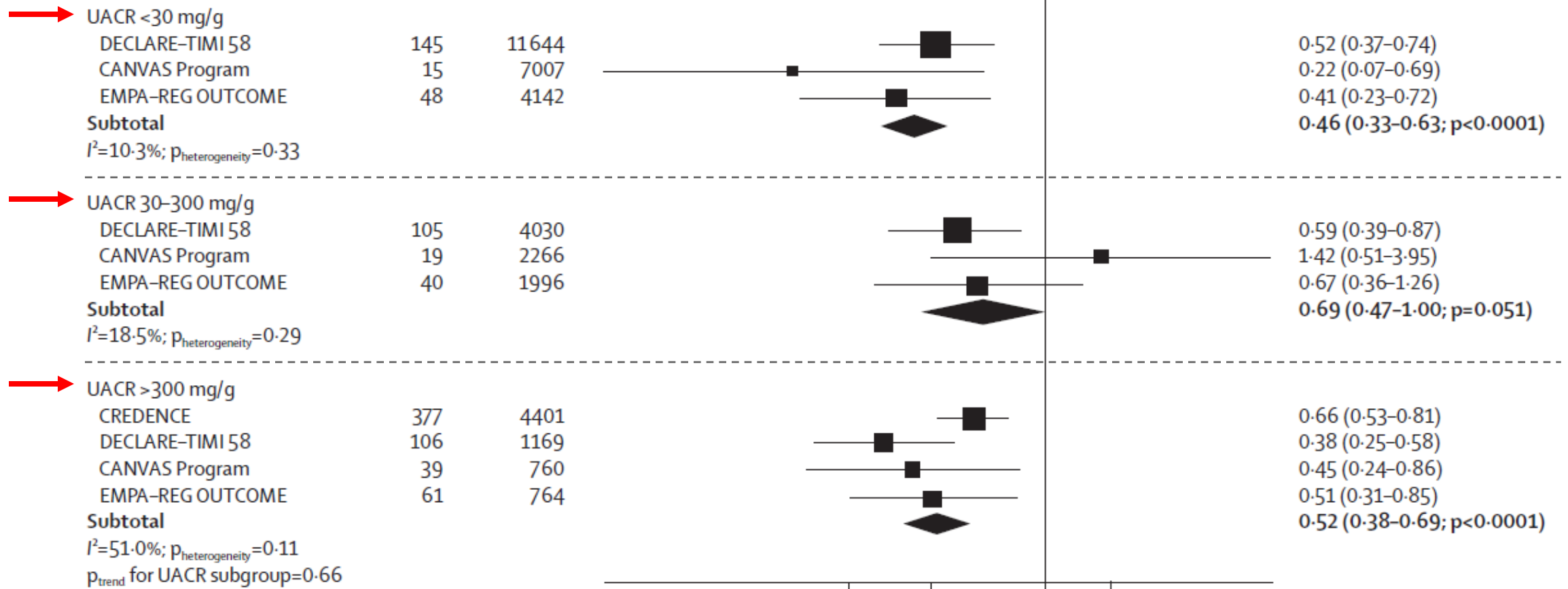


Interaction
P value = 0.0258

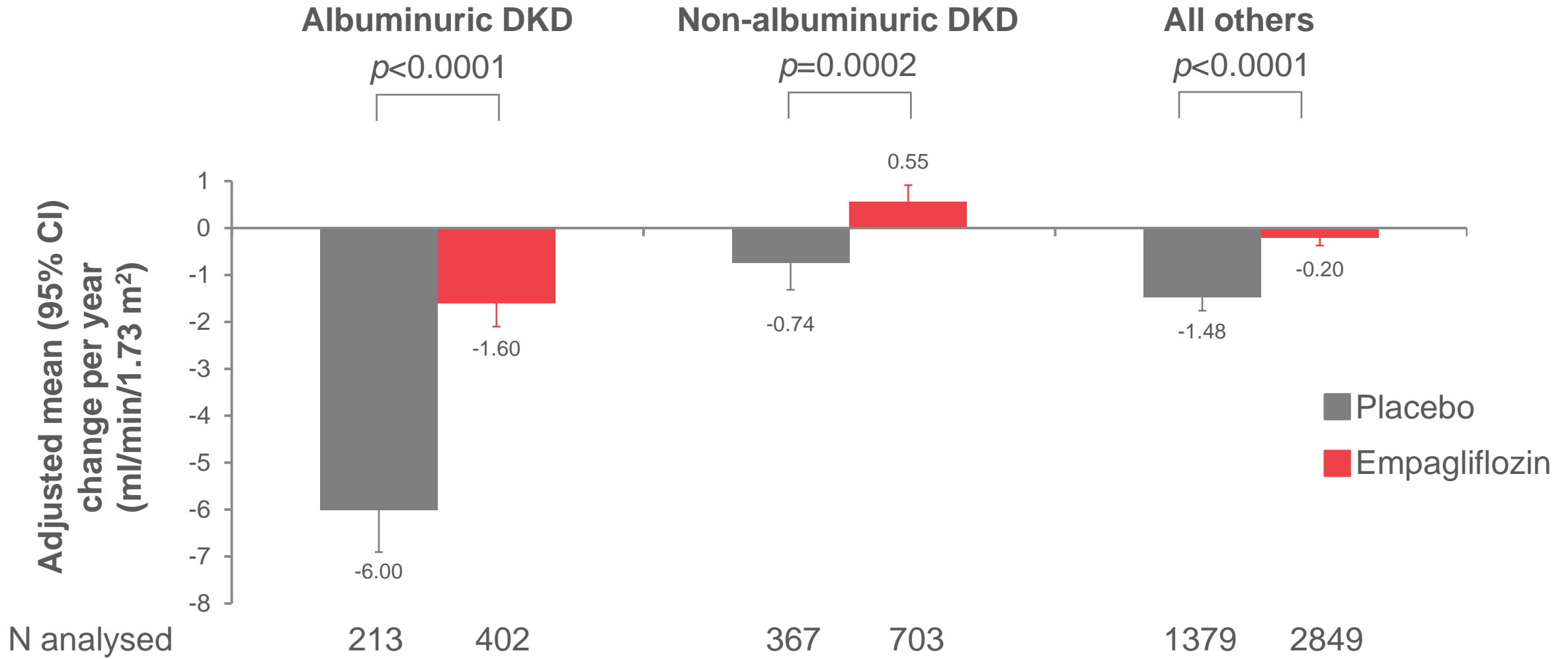


Effect of SGLT2 inhibitors on substantial loss of kidney function, ESKD, or death due to kidney disease, stratified by UACR

B

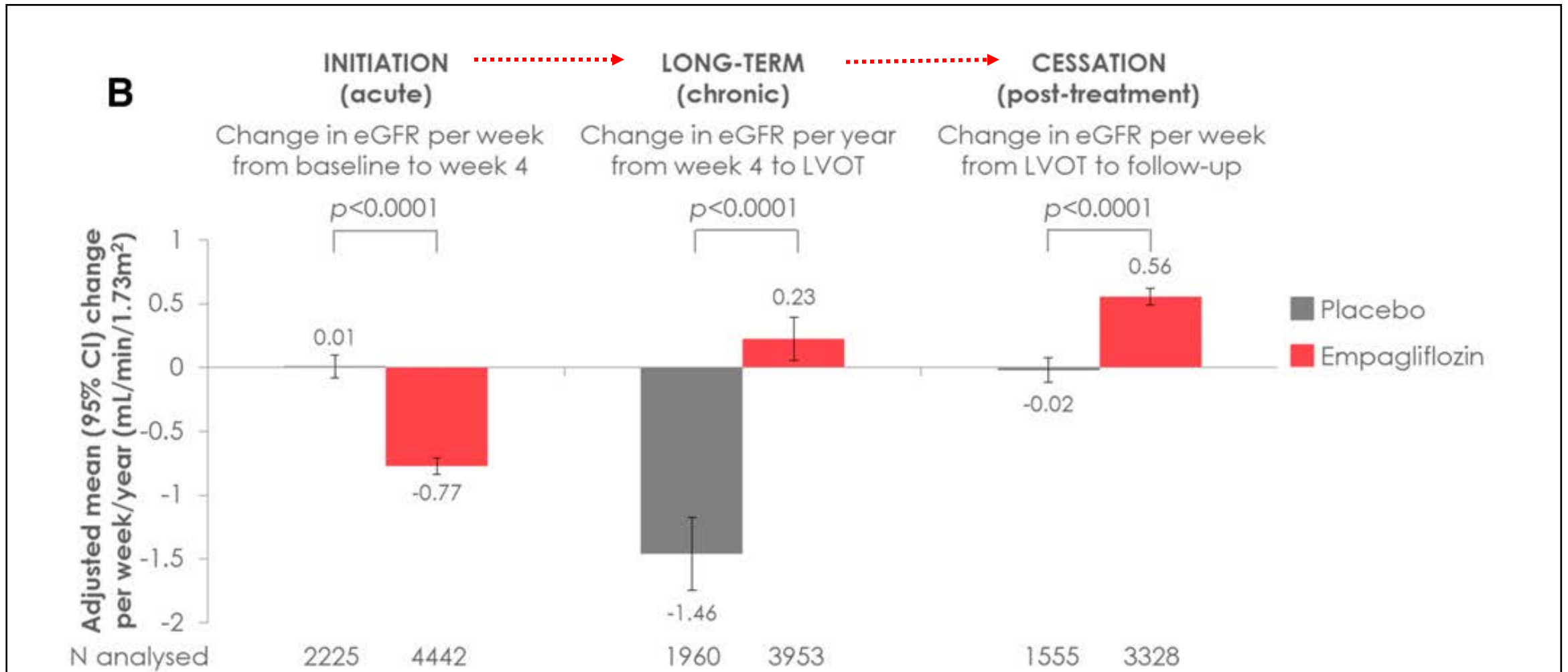


Change in eGFR per year during a pre-specified study period of chronic maintenance treatment (week 4 until last week on-treatment)

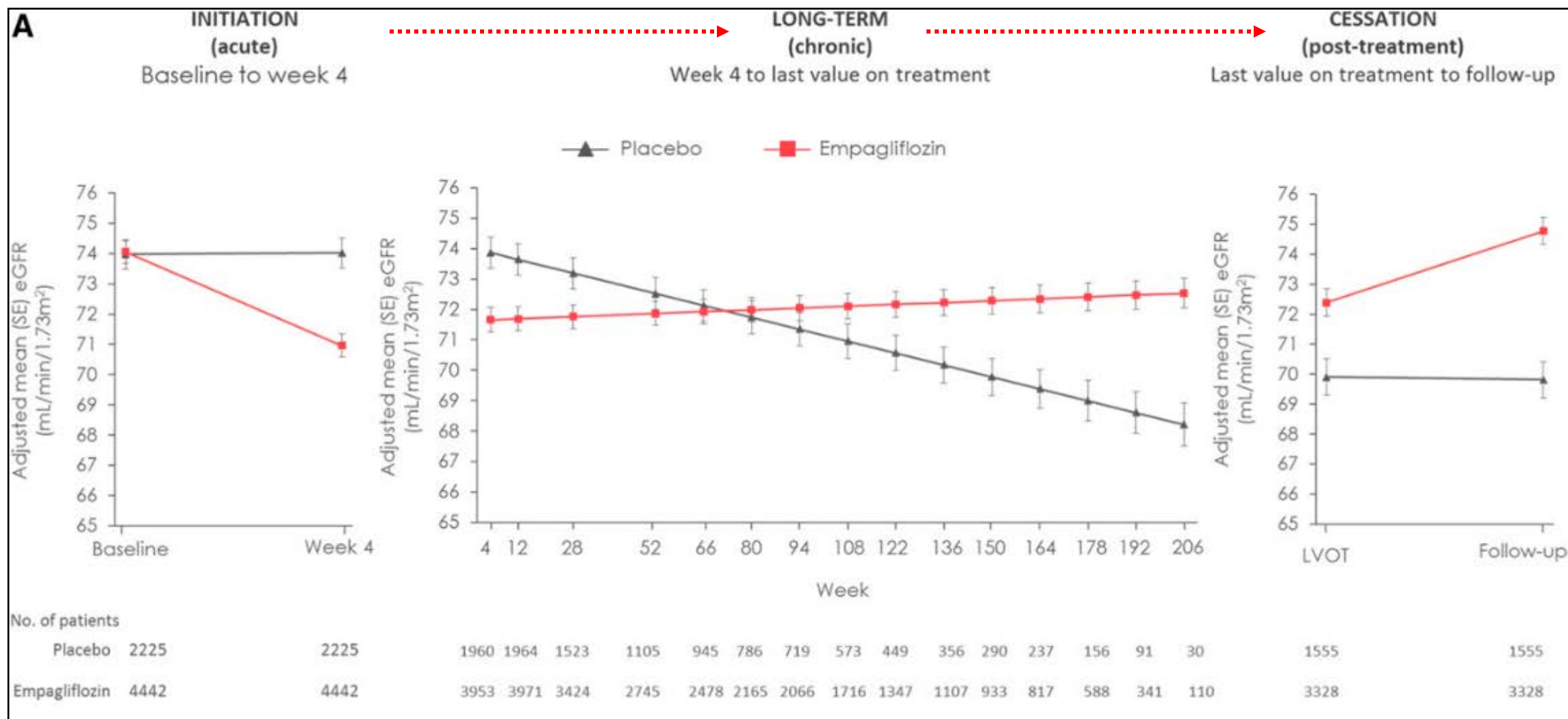


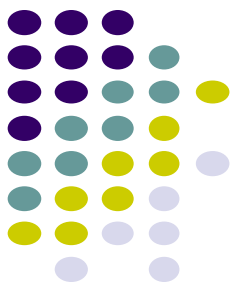
Adjusted mean eGFR slopes across selected subgroups are shown based on baseline characteristics (albuminuric DKD, non-albuminuric DKD, 'all others'). All patients treated with ≥ 1 dose of study drug. Adjusted mean slopes represent the average change in eGFR per year assessed using a random intercept, random coefficient model as reported previously. DKD, diabetic kidney disease; eGFR, estimated glomerular filtration rate; SE, standard error.

Change in eGFR per week or year during prespecified study periods



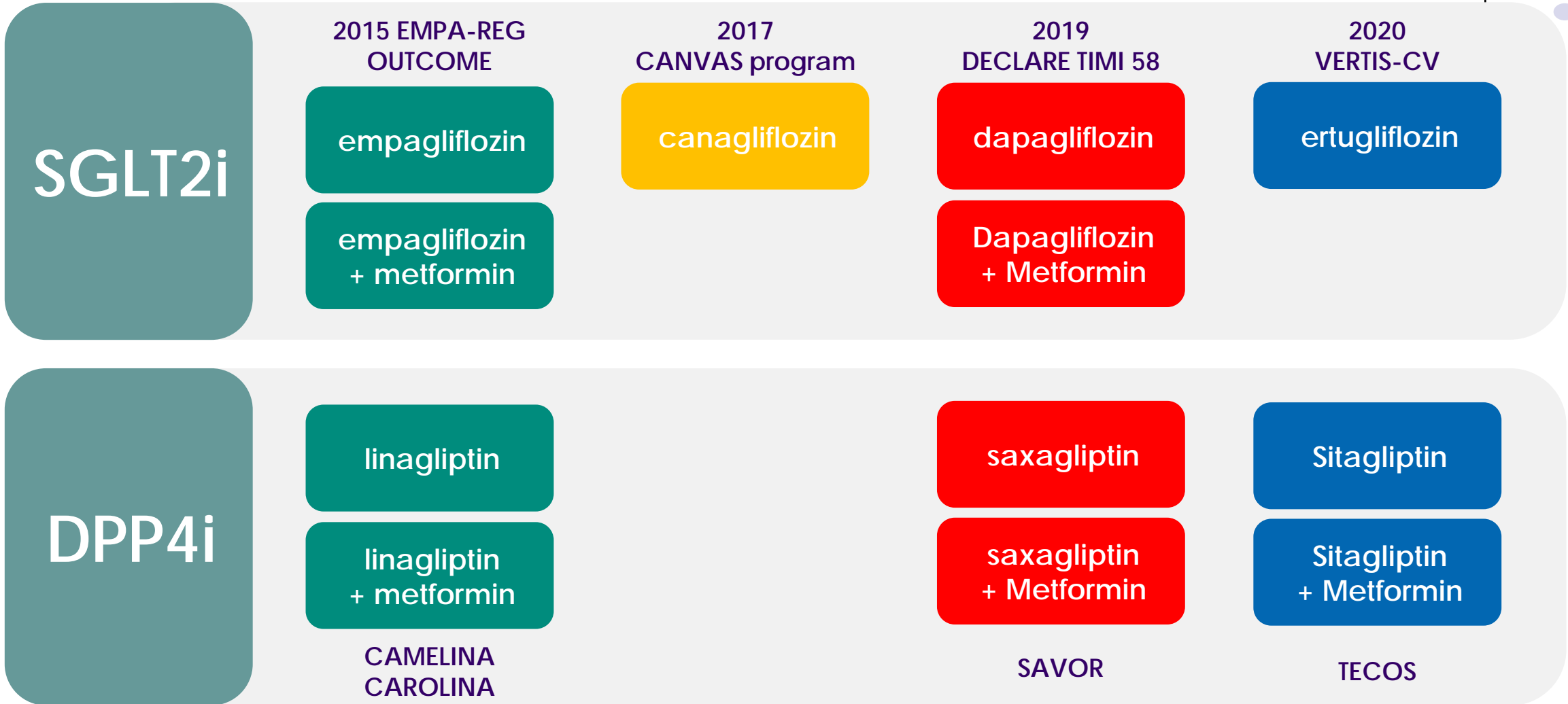
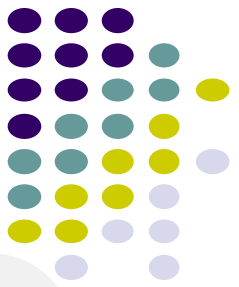
Adjusted mean eGFR over prespecified study periods





Combination therapy

目前台灣上市的 SGLT2i and DPP4i



根據健保給付規範

目前只給付 **SGLT2i** 與 **DPP4i** 之複方用藥



Metformin

EMPA-REG OUTCOME

empagliflozin

CAMELINA
CAROLINA

linagliptin

Glyxambi®

CANVAS program

canagliflozin

DECLARE TIMI 58

dapagliflozin

SAVOR

saxagliptin

SPC

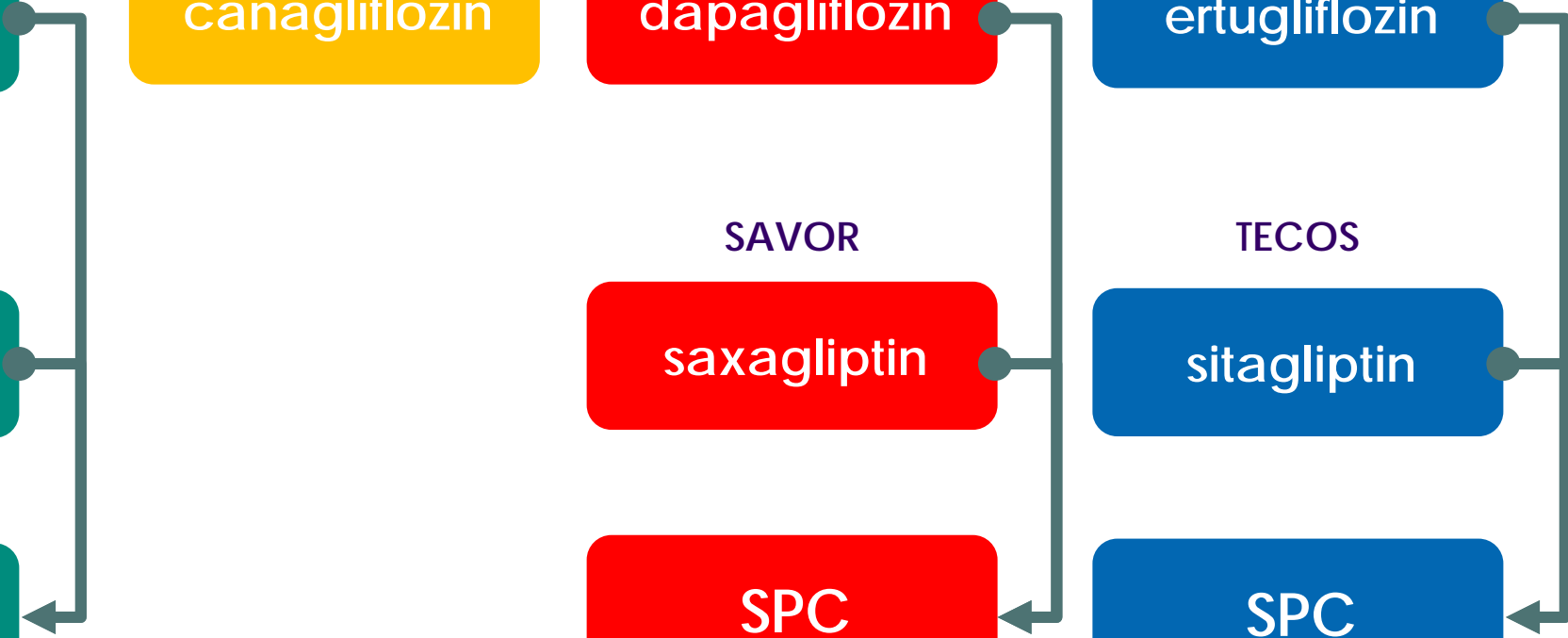
VERTIS-CV

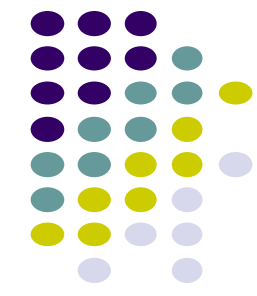
ertugliflozin

TECOS

sitagliptin

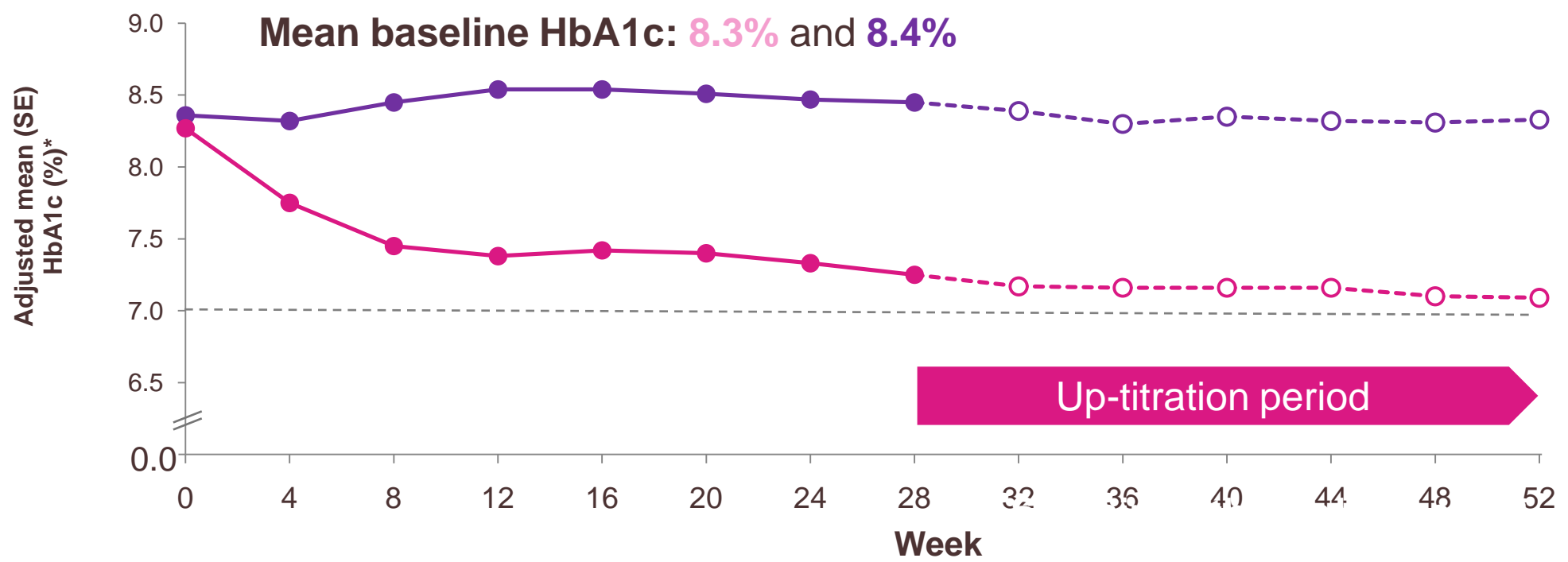
SPC





Combination 在 DPP4-i 後提供額外 1.2% A1C 降幅

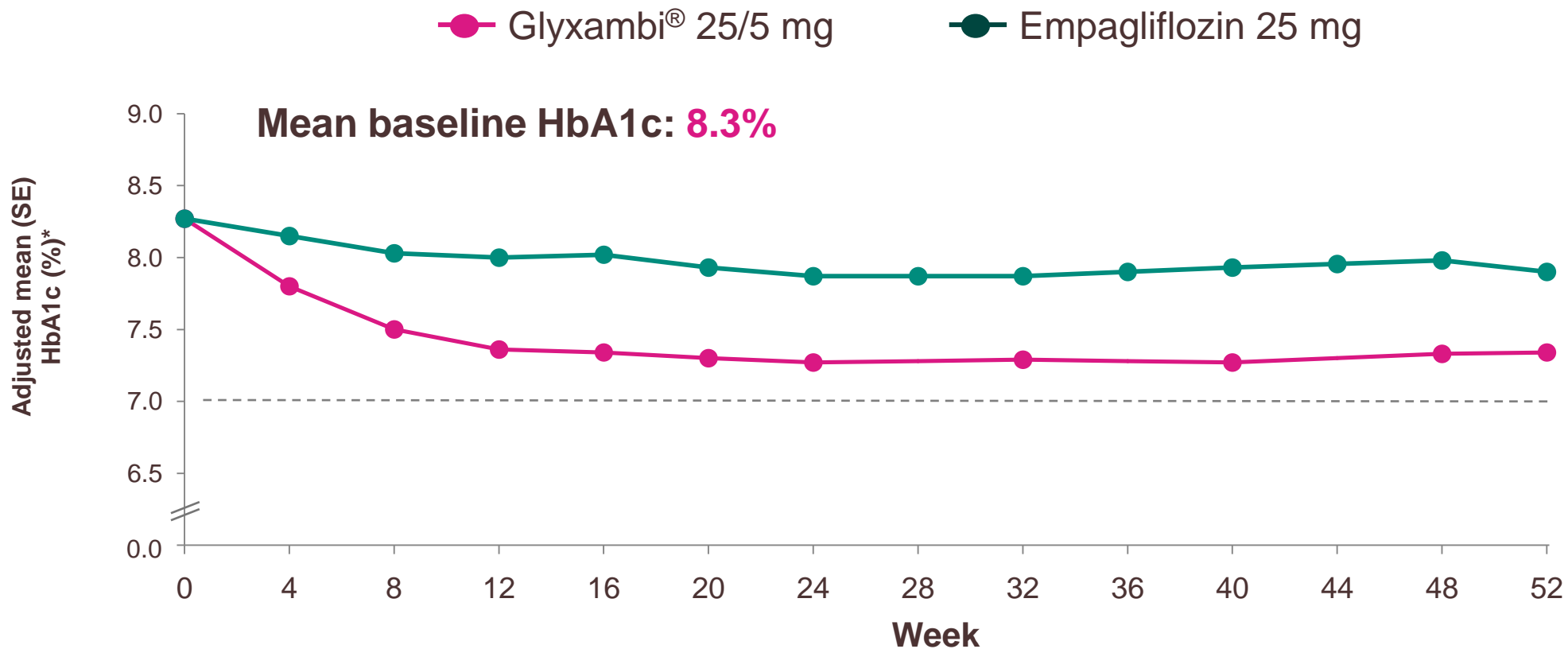
- Glyxambi® 10/5 mg
- Placebo 10 mg + Linagliptin 5 mg
- Glyxambi® 10/5 and 25/5 mg
- Matched placebo + Linagliptin 5 mg



FDC, fixed-dose combination
Kawamori R et al. Diabetes Obes Metab 2018;20:2200



Combination 在SGLT2-i後提供額外 0.6% A1C 降幅

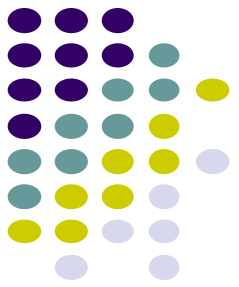


0.6%

*The combination with empagliflozin 10 mg was only tested up to Week 24 (primary endpoint)

FDC, fixed-dose combination

Kaku K *et al. Diabetes Obes Metab* 2018;doi:10.1111/dom.13496



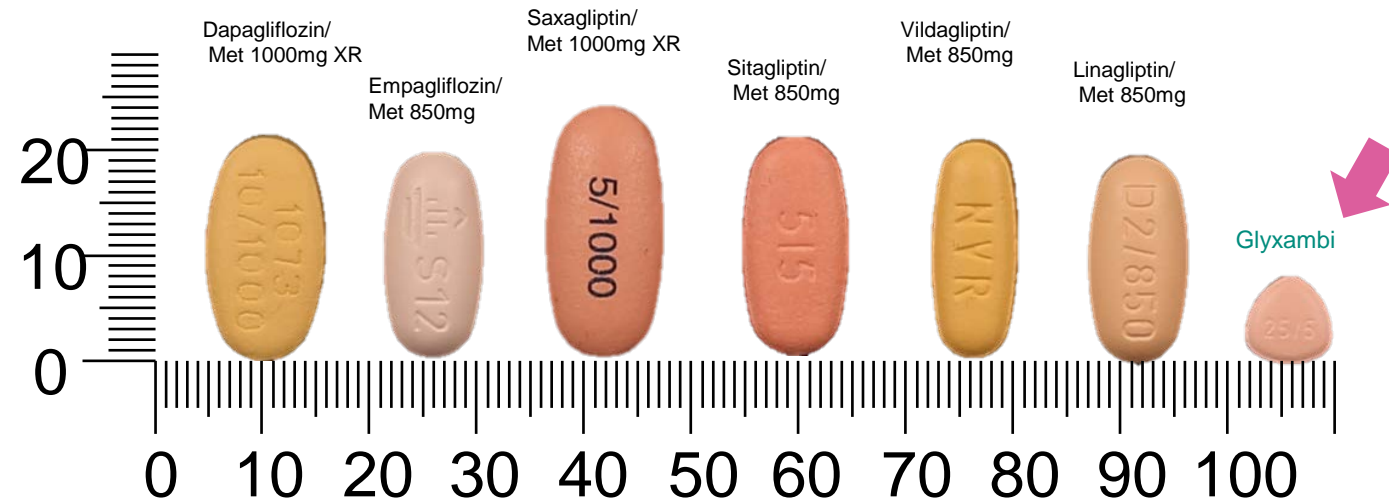
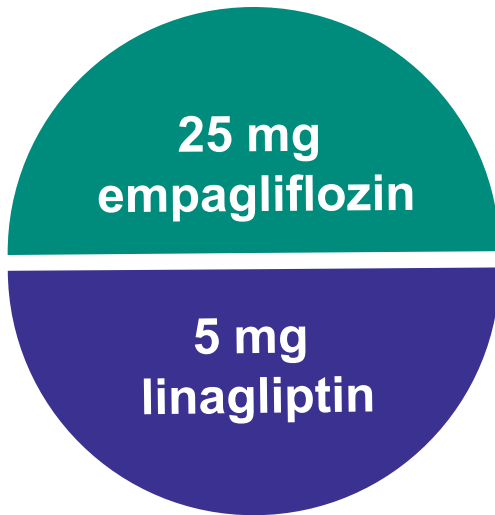
Combination在病患腎功能 **eGFR 30 ml/min/1.73 m²** 以上即可使用



...any time of day, with or without food



...by patients with **eGFR ≥30 ml/min/1.73 m²**
with **no dose adjustment** required



Glyxambi[®] is **not recommended** for use in patients with **persistent eGFR <30 ml/min/1.73 m²**

Press release

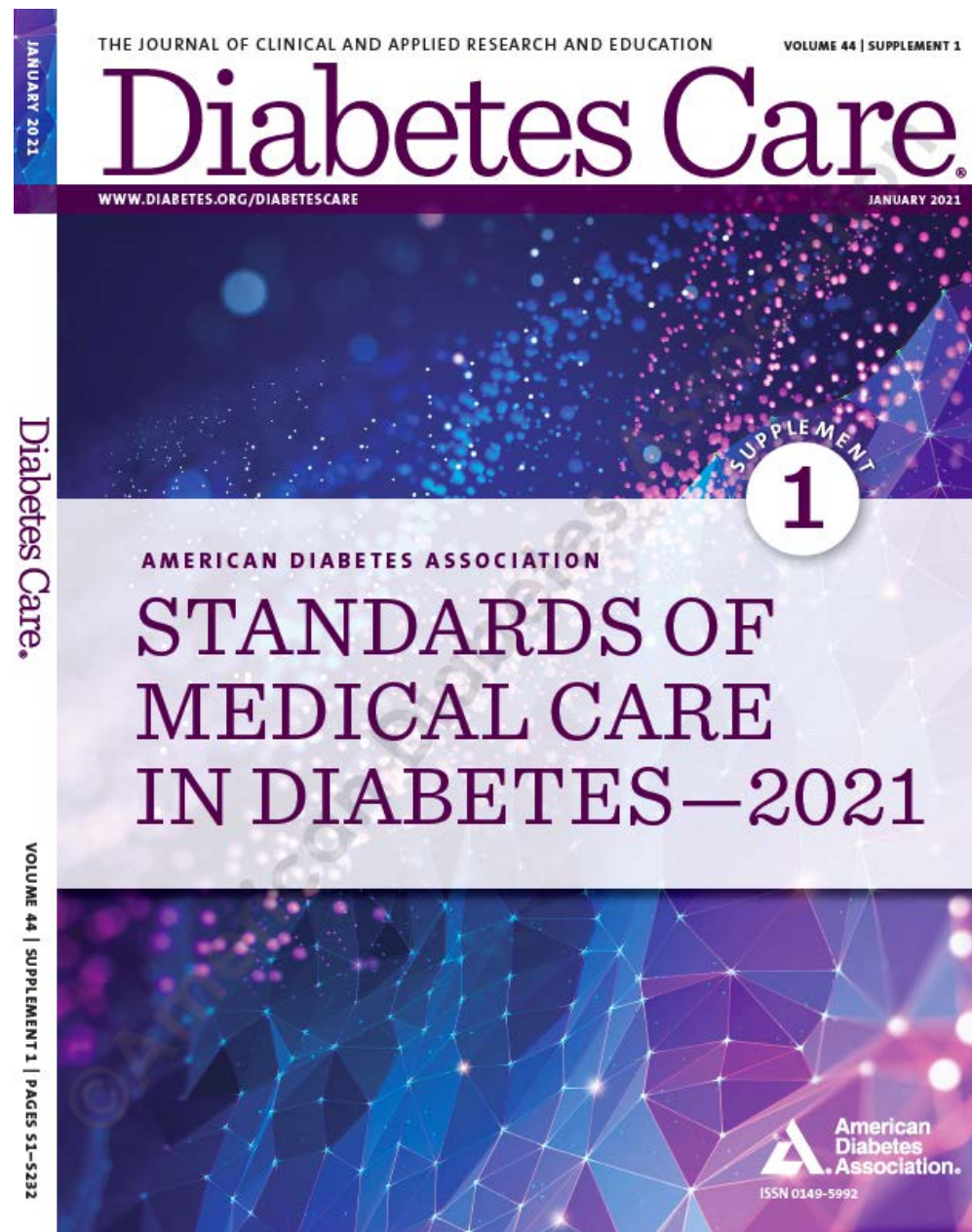
ADA Releases 2021 Standards of Medical Care in Diabetes Centered on Evolving Evidence, Technology, and Individualized Care

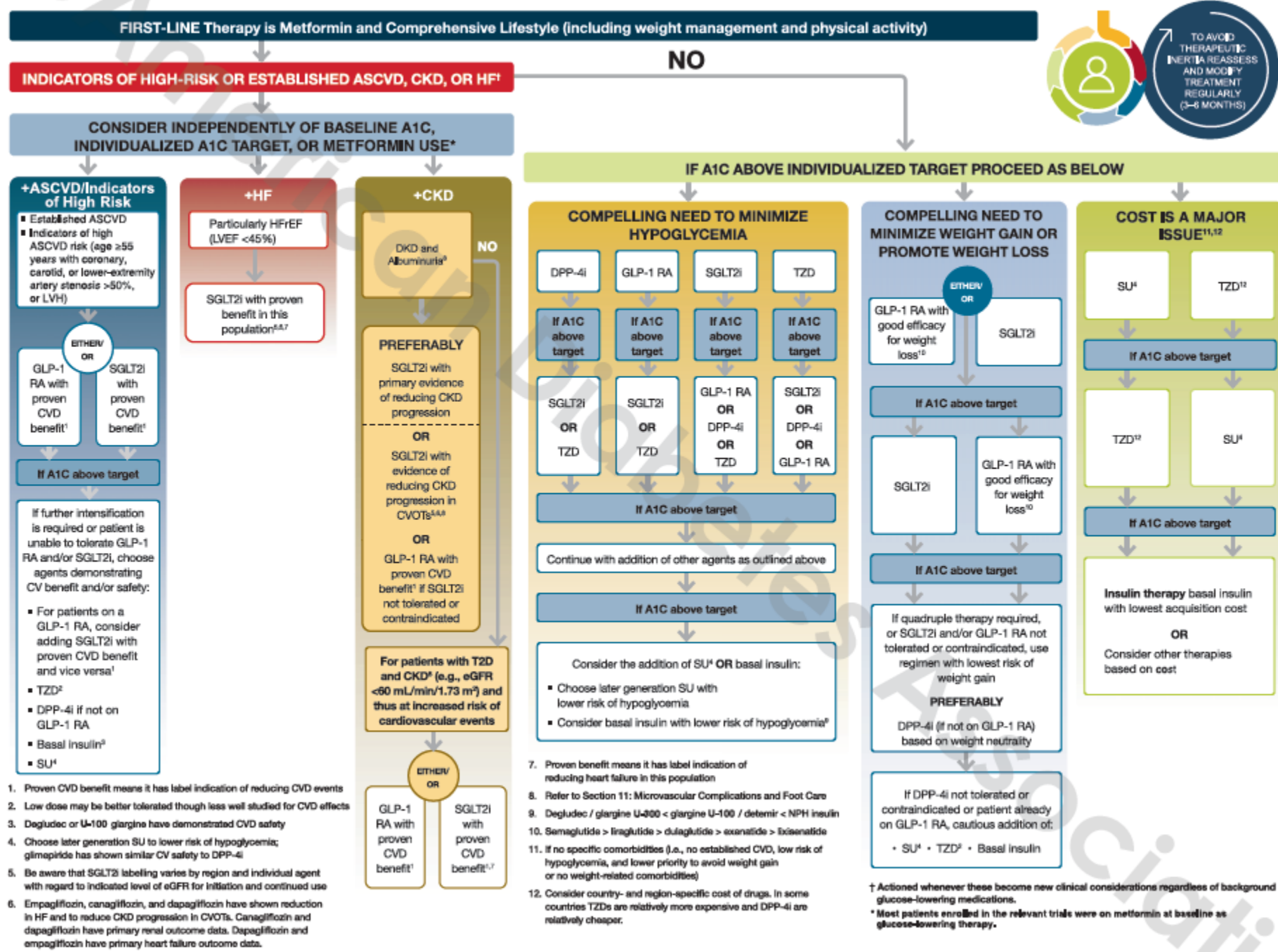
December 09, 2020

Arlington, Virginia

Today, the American Diabetes Association® released the 2021 Standards of Medical Care in Diabetes. The 2021 ***Standards of Care*** is now live online in ***Diabetes Care***. Based upon the latest scientific diabetes research and clinical trials, the *Standards of Care* includes new and updated recommendations and guidelines to care for people with diabetes.

The *Standards of Medical Care in Diabetes—2021* provides the latest in comprehensive, evidence-based recommendations for the diagnosis and treatment of children and adults with type 1, type 2, or gestational diabetes; strategies for the prevention or delay of type 2 diabetes; and therapeutic approaches that can reduce complications, mitigate cardiovascular and renal risk, and improve health outcomes.





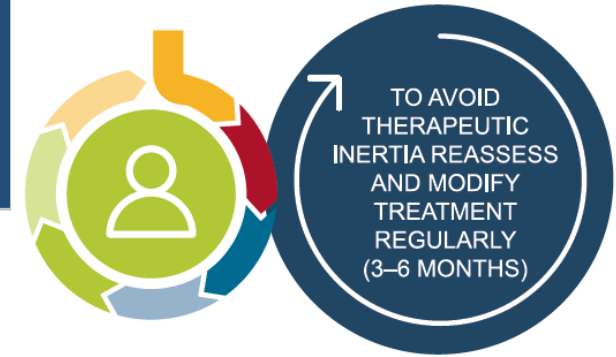
1. Proven CVD benefit means it has label indication of reducing CVD events
2. Low dose may be better tolerated though less well studied for CVD effects
3. Degludec or U-100 glargine have demonstrated CVD safety
4. Choose later generation SU to lower risk of hypoglycemia; glimepiride has shown similar CV safety to DPP-4i
5. Be aware that SGLT2i labeling varies by region and individual agent with regard to indicated level of eGFR for initiation and continued use
6. Empagliflozin, canagliflozin, and dapagliflozin have shown reduction in HF and to reduce CKD progression in CVOTs. Canagliflozin and dapagliflozin have primary renal outcome data. Dapagliflozin and empagliflozin have primary heart failure outcome data.

7. Proven benefit means it has label indication of reducing heart failure in this population
8. Refer to Section 11: Microvascular Complications and Foot Care
9. Degludec / glargine U-300 < glargine U-100 / detemir < NPH insulin
10. Semaglutide > liraglutide > dulaglutide > exenatide > lixisenatide
11. If no specific comorbidities (i.e., no established CVD, low risk of hypoglycemia, and lower priority to avoid weight gain or no weight-related comorbidities)
12. Consider country- and region-specific cost of drugs. In some countries TZDs are relatively more expensive and DPP-4i are relatively cheaper.

† Actioned whenever these become new clinical considerations regardless of background glucose-lowering medications.

* Most patients enrolled in the relevant trials were on metformin at baseline as glucose-lowering therapy.

First-Line therapy is metformin and comprehensive lifestyle



Indicators of high-risk or established ASCVD, CKD, HF

No

Consider independently of baseline A1C, Individualized A1C target, or metformin use

If A1C above individualized target proceed as below

+ASCVD/
Indicators of
high risk

+HF

+CKD

Compelling need
to minimize
hypoglycemia

Compelling need
to minimize weight
gain or promote
weight loss

Cost is a
major
issue

+ASCVD/Indicators of High Risk

- Established ASCVD
- Indicators of high ASCVD risk (age ≥ 55 years with coronary, carotid, or lower-extremity artery stenosis $>50\%$, or LVH)

EITHER/
OR

GLP-1
RA with
proven
CVD
benefit¹

SGLT2i
with
proven
CVD
benefit¹

+HF

Particularly HFrEF
(LVEF <45%)



SGLT2i with proven
benefit in this
population^{5,6,7}

+CKD

**DKD and
Albuminuria⁸**

		Albuminuria		
		<30 mg/g <3 mg/mmol	30-299 mg/g 3-29 mg/mmol	≥300 mg/g ≥30 mg/mmol
eGFR	≥90	1 if CKD	Treat 1	Refer* 2
	60-89	1 if CKD	Treat 1	Refer* 2
	45-59	Treat 1	Treat 2	Refer 3
	30-44	Treat 2	Treat 3	Refer 3
	15-29	Refer* 3	Refer* 3	Refer 4+
	<15	Refer 4+	Refer 4+	Refer 4+

+CKD

DKD and
Albuminuria⁸

Yes

PREFERABLY

SGLT2i with
primary evidence
of reducing CKD
progression

OR

SGLT2i with
evidence of
reducing CKD
progression in
CVOTs^{5,6,8}

OR

GLP-1 RA with
proven CVD
benefit¹ if SGLT2i
not tolerated or
contraindicated

No

For patients with T2D
and CKD⁸ (e.g., eGFR
<60 mL/min/1.73 m²) and
thus at increased risk of
cardiovascular events

**EITHER/
OR**

GLP-1
RA with
proven
CVD
benefit¹

SGLT2i
with
proven
CVD
benefit^{1,7}

Indicators of high-risk or established ASCVD, CKD, HF

Consider independently of baseline A1C,
Individualized A1C target, or metformin use

**+ASCVD/
Indicators of
high risk**

Either/or
SGLT2i
GLP-1RA

+HF

SGLT2i

+CKD

SGLT2i

GLP-1RA

Without established ASCVD, CKD, HF

If A1C above individualized target proceed as below

Compelling need to minimize hypoglycemia

Compelling need to minimize weight gain or promote weight loss

Cost is a major issue

SGLT2i

GLP1-RA

or

DPP4i

TZD

SGLT2i
or
GLP1-RA

SU
or
TZD

Specific and patient factors to consider when selecting SGLT2i

CV effects	
ASCVD	HF
Benefit: empagliflozin†, canagliflozin	Benefit: empagliflozin†, canagliflozin, dapagliflozin‡

Renal effects	
Progression of DKD	Dosing/use considerations*
Benefit: canagliflozin§, empagliflozin, dapagliflozin	<ul style="list-style-type: none"> Renal dose adjustment required (canagliflozin, dapagliflozin, empagliflozin, ertugliflozin)

Additional considerations
<ul style="list-style-type: none"> Should be discontinued before any scheduled surgery to avoid potential risk for DKA DKA risk (all agents, rare in T2D) Risk of bone fractures (canagliflozin) Genitourinary infections Risk of volume depletion, hypotension ↑LDL cholesterol Risk of Fournier's gangrene

Thanks for your attention

